



Good health and wellbeing (SDG3)

Annual report (2023)

DATE: 28/11/2023

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Revised by: International Ranking Office

Details via web link: <https://www.aun.edu.eg/AUIRO/en/sdg3> .

Assiut University is one of the oldest and largest Egyptian universities; it was constructed in 1957; it is present in Assiut city with more than 3 million people, about 450 kilometers south of Cairo. Furthermore, their medical sector is one of the oldest and most prominent in Upper Egypt, with over 3000 healthcare providers serving over 20 million people each year.

Our university's medical sector significantly contributes to improving health outcomes and making meaningful changes in people's lives. Medical educational programmes and outstanding research meet the needs of modern healthcare and society. Undergraduate degrees were the Bachelor's as well as postgraduate master's and Ph. D. degrees in Faculty of Medicine, Faculty of Pharmacy, Faculty of Veterinary Medicine, Faculty of Nursing, South Egypt Cancer Institute (SECI) and Faculty of Dentistry.

In the academic year 2022/2023, Assiut University had 3700 graduates in (health professions (2235 undergraduate and 1465 postgraduate

The Assiut university hospital shows a significant role in community development and improving health outcomes toward achieving the SDGs and Egyptian Vision 2030; the role of our University could be summarized in:

In the

Assiut University hospital complex had 86 contracts for medical treatment - for about 23172 patients and South Egypt Cancer Institute had 23 contracts .for about 30725 patients



Collaboration with Operation Smile Assiut University had done 10 - international and 16 in country mission, 4239 surges, 10 courses for 1931 service provides and 12 workshop for 233 workshop provides and 50 .families

Assiut University had done about 42 international workshops and - .conferences

The faculties and institutes of Assiut University participated in many - activities during the academic year 2023, included 77 medical convoys, 46 seminars and symposia, 15 training courses and 19 of curriculum improving . health and wellbeing

Assiut University sharing sports facilities with local community through - season activity at Olympic village for 3717876 beneficiaries and youth care .administration Faculty of Agriculture for 364 beneficiaries

Assiut University provided Mental Health Support for students provided by - the Psychiatric department and student hospital and the number of students .who benefited from the services was 598

Assiut University has had a smoking-free policy since 2014 and due for - revision in 2024, in 2023 Assiut University hosted two seminars on the .hazards of smoking

- Assiut University provided Mental Health Support for Staff Services provided by the Psychiatric Department at Assiut University to staff. And yearly Faculty Staff Satisfaction Surveys in which about 73% of staff in South Egypt Cancer Institute participated in the survey

Number of student graduates in health professions:

Total	Undergraduate	Postgraduate
3700	2235	1465

Undergraduate: -

1. Faculty of Medicine (540).
2. Faculty of Pharmacy and Clinical Pharmacy (465).
3. Faculty of Dentistry (183).
4. Faculty of Nursing (820).



5. Faculty of Education, Department of Mental Health (94).
6. Faculty of Arts Department of Mental Health (133).

Postgraduate: -

1. Faculty of Medicine (721).
2. Faculty of Pharmacy (422) and Clinical Pharmacy (134).
3. Faculty of Nursing (93).
4. South Egypt Cancer Institute (14).
5. Faculty of Education, Department of Mental Health (13).
6. Faculty of Arts, Department of Mental Health (5).
7. Faculty of Social Work, Department of Social Work (19) and Department of Personal Services (17).
8. Faculty of Physical Education, Department of Sports Psychology (2) and Department of Physical Education and Sports (25).

3.3.1 Collaborations with health institutions to improve health & wellbeing:

1-National Collaboration:

Item	Assiut University Hospital complex	South Egypt Cancer Institute
Number of contracts for medical treatment with the University (active 2023)	86	23
Number of patients benefited from the above contracts in 2023	23172 Patients	30725 Patients

2-International Collaboration:

A-Collaboration with Operation Smile:

Missions	surges	courses	Service provides	workshops	Workshop provides



10 international 16 in country	4239 new patients 1500 follow up	10	1931	12	233 +50 families
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B- International workshop and conferences in Assiut University in 2023: (42)

Assiut University is organizing each year multiple conferences and workshops in different fields of medicine and health promotion.

Faculty	No of International workshop	No of International conferences
1- Faculty of Medicine	7	30
2- South Egypt Cancer Institute	-	2
3- Faculty of Nursing	-	1
4- Faculty of Pharmacy	-	1
5-Molocular Biology Researches &Studies Institute	-	1

3.3.2 The University Outreach programs to improve local health awareness :

No of medical conveys	No of seminars and Symposia	No of training courses	No of curriculum
77	46	15	19

I- Medical Conveys by Faculty.

Faculty	Number
1- Faculty of Medicine	7



2- South Egypt Cancer Institute	20
3- Faculty of Pharmacy	1
4- Faculty of Dentistry	6
5- Faculty of Nursing	16
6- Faculty of Arts	2
7- Faculty of Veterinary Medicine	24
8- Faculty of Social Work	1

II- Seminars and symposia:

Faculty	Number
1- South Egypt Cancer Institute	3
2- Faculty of Pharmacy	2
3- Faculty of Veterinary Medicine	5
4-Faculty of Social Work	25
5- Faculty of Arts	11

II- Number of Training Courses:

Faculty	Number
1-Faculty of Veterinary Medicine	12
2-Faculty of Social work	3

IV- Numbers of curriculum improving health and wellbeing:



Faculty	Number
1-Faculty of Veterinary Medicine	2
2- South Egypt Cancer Institute	3
3- Faculty of Medicine	14

3.3.3 Sharing the university sports facilities with the local community:

Place	Number of beneficiaries
1- Season activity at the Olympic village	3717876
2- Youth care administration Faculty of Agriculture	364

3.3.4 Sexual and Reproductive Health care Services:

Awareness classes.	umber of attendees
1- 100 million Health Campaign for early detection of breast cancer.	32
2- Awareness classes for mothers entitled cervical cancer.	70
3- Awareness classes for mothers entitled prevention of premature birth.	40
4-Awareness classes for women entitled freezing eggs.	45



5- Awareness classes for deaf students entitled menstruation and personal hygiene.	25
6- Awareness classes for mothers entitled breast feeding and weaning.	20
7- Awareness classes for students entitled reproductive health and nutrition.	30

3.3.5 Mental Health Support for Student:



For community and students Services provide by Psychiatric Department in Assiut University

Free of charge

Attending patients
at outpatient
clinics

beneficiaries

1828

1097

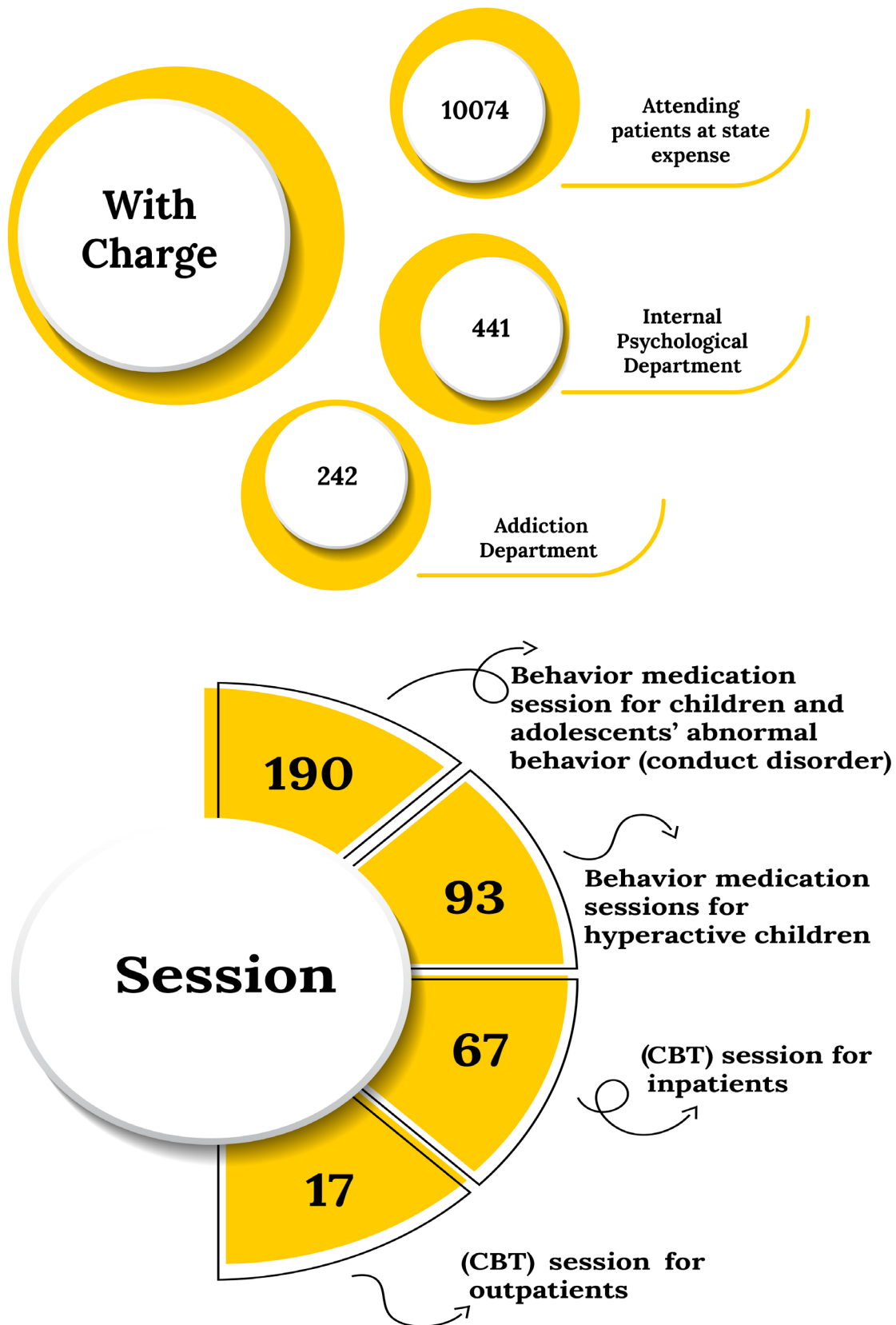
Psychiatric
Emergency Department

1068

Internal Psychological
Department

299

One day admission
patients





2: Services provider to students regarding in mental health.

Psychiatric disorders

1. Anxiety disorders like social anxiety, obsessive-compulsive disorder, panic attacks, and post-traumatic stress disorder.

2: mood disorders such as depression and bipolar disorder with their types.

3-Addiction like substance abuse or phone addiction.

4: eating disorders like anorexia nervosa personality disorders as borderline personality and antisocial personality.

5- Psychosis like schizophrenia.

6- Learning difficulties.

7- Adult ADHD.

8-Conversion disorder.

9-Psychosomatic disorders.

More than that, our clinic helps in:

1. Problem solving between students.

2-Anxiety relives.

3. Help patients to adapt and accommodate the great changes in their lives, like the death of a family member or failure.

4- Psychological orientation about how to cope with stressors like Help in adaption with a great health problem like renal failure and diabetes mellitus

How to Deal with Bullying.

- With violence.
- Sleeping better.
- Learning better.
- All that usually within sessions weekly and for 30-45 min.

NB: The number of students who benefited from the services was 598.



3.3.6 Smoke-free police:

1. Assiut University has had a smoking-free policy since 2014 and due for revision in 2024
2. In 2023, Assiut University hosted two seminars on the hazards of smoking.

3.3.7 Mental Health Support for Staff:

1. Services provided by the Psychiatric Department at Assiut University to staff.
2. Yearly Faculty Staff Satisfaction Surveys: about 73% of staff in South Egypt Cancer Institute participated in the surveys.