

3.3.5 Mental health support for student in 2023

**Assiut University provide students with
access to mental health support**

Number of item	Title
1	Services provide by psychiatric department in Assiut University for community and students
2	Report on the activates and services of the psychological measurements and statistics laboratory
3	Services provide by Student hospital in Assiut University for students in mental health

1- Services provide by psychiatric department in Assiut University for community and students:-

A statistical statement showing the number of patients in the emergency and psychiatric inpatient departments for a fiscal year 2022/2023 for the free department and the private department.

The Free Department		
M	The department	Number
1	Attending patient in outpatient clinic	1828
2	Psychiatric emergency department	1097
3	Internal psychological department	1068
4	One day admission patients	299
The private Department		
1	Attending patients in state expense	10074
2	Internal psychological department	441
3	Addiction department	242

M	session	Number
1	Behavior medication session for hyperactive children	190
2	Behavior medication session for children and adolescents abnormal behavior (conduct disorder)	93
3	CBT session for inpatients	67
4	CBT session for outpatients	17

***CBT: Cognitive Behavioural therapy**

2-Report on the activates and services of the psychological measurements and statistics laboratory in Assiut University

	Services and Activities
1	Providing scientific consultations in the field of psychological measurement and

	statistics in the sports field.
2	Providing the service of applying psychological measurement to conduct research, studies and research projects.
3	Assisting researchers in constructing and codifying psychological measures and tests for the purposes of scientific research.
4	Holding courses and workshops in the field of psychological measurement and statistics in the sports field.
5	Providing psychological measurement and tests in the sports, educational and social fields for researchers in various specialties.
6	Providing solutions to applied and methodological and problems in psychological and statistical measurement and evaluation in the sports field.
7	Providing lectures for undergraduate students to train on the use of devices, psychological measurement, and statistics to serve the educational process at the college.

3- Services provide by Student hospital in Assiut University for students in mental health

Psychiatric disorders

1-Anxiety disorders like social anxiety, obsisive compulsive disorder, panic attacks and post traumatic stress disorder

2-Mood disorders as depression and bipolar disorder with its types

3-Addiction like substance abuse or phone addiction

4-Eating disorders like anorexia nervosa personality disorders as borderline personality and antisocial personality

5-Psychosis like schizophrenia

- 6-Learning difficulties
- 7-Adult ADHD
- 8-Conversion disorder
- 9-Psychosomatic disorders

More than that our clinic help in :

- 1-Problem solving between students
- 2-Anxiety relive
- 3-Help patients to adapt and accommodate the great changes in their life like a death of a family member or failure
- 4-Psychological orientation about how to cap with stressors like bulling
- 5-Help in adaption with a great health problem like renal failure and diabetes mellitus
- 6-How to deal with violence
- 7-Sleeping better
- 8-Learning better
- 9--All that usualy within sessions weekly and for 30-45 min.

NB: in 2023 the number of the beneficial from the services was 598 students.