3.3.6 Smoke free police in 2023

2- Reports of seminars on hazards of smoking in 2023.

1-Report on the Anti-Smoking and Addiction Seminar by the Medical Students' Union in Collaboration with the Assiut Chest Society

Awareness Campaign Against the Dangers of Smoking and Lung Cancer on the Sidelines of the Thoracoscopic Surgery Workshop at the Department of Cardiothoracic Surgery, Faculty of Medicine, Assiut University, February 2023*

During the event, doctors delivered intensive lectures to students on how to assist smokers in quitting. Following the lectures, the students created promotional brochures containing simplified information and then distributed them while engaging with visitors at the university hospital's outpatient clinics.









2- Report on the Anti-Smoking and Addiction Seminar by the Medical Students' Union in Collaboration with the Assiut Chest Society – 20-6-2023

*Seminar Philosophy:

Who are the most capable of playing an active role in combating smoking and addiction?

Certainly, civil society organizations deeply embedded in the community may have come to your mind. Also, you may have thought of youth groups in universities, as peer education is crucial, and who influences young people more than their friends? Thirdly, who knows more about the harms of smoking and addiction, as well as ways to avoid and quit, than specialized doctors?

Now imagine combining all three groups in a joint effort! The result will surely be fruitful, and we will have strong, well-trained, and motivated supporters working against smoking and addiction.

This is where the initiative of the Education and Student Affairs Sector and the Medical Students' Union came into play, led by Dr. Amany Omar, Vice Dean of the Faculty of Medicine, in collaboration with the Assiut Chest Society, a long-6 standing organization registered with the Ministry of Social Solidarity under No. 212 since 1976, chaired by Professor Atef El-Qarn, a chest professor at the Faculty of Medicine. The association is well-known for its conferences and activities within and around the university.

The seminar organizers brought in two of the best speakers on the topic, given their specialties. The first was Prof. Atef El-Qarn, who gave a talk titled "The Role of Medical Students in Smoking Cessation Efforts," addressing smoking as a natural gateway to drug addiction. The second speaker was Prof. Khaled El-Bayeh, a professor and head of the Psychiatry Unit, who spoke on the topic of "Addiction."

The seminar was held under the patronage of Assiut University's comprehensive vision, represented by University President Prof. Ahmed El-Menshawy, Vice President for Student Affairs Prof. Mahmoud Abdel-Mawla, Faculty of Medicine Dean Prof. Alaa Attia, and Vice Dean for Education and Student Affairs Prof. Amani Omar, along with the Director of Student Services, Mr. Mohsen Mahmoud.

The seminar was organized by the energetic and popular Student Union President, Mustafa Shaker, and hosted by Faculty of Medicine student Sara Hamdi, who was recognized as the ideal student at the university level. Around fifty students interested in community work attended, including Sudanese students. The event included an introduction, two lectures, and discussions.

The seminar was held in Hall A on the fifth floor of the Faculty of Medicine's administrative building on Tuesday, June 20, 2023, from 12:00 PM to 2:00 PM, followed by a break provided by the Assiut Chest Society.







