Minimal invasive approaches for intrathoracic benign disease

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Abstract:

Benign lesions should preferably be approached through minimal invasive approach, although many surgeons still believe that minimal invasive surgery is not suitable in some benign intrathoracic pathologies due to size wise or adhesions from inflammatory process. We believe that every patient with a benign intrathoracic disease should be offered a minimal invasive approach as most of these patients are young, healthy with minimal or no symptoms so it is important to minimize chest trauma and its consequences. We would like to thank the authors of the letter to the editor “An incidental unique mediastinal mass in an asymptomatic young patient: thymolipoma” for their wonderful results but we just represent our case with nearly similar pathology, mediastinal lipoma, which was successfully managed by VATS approach.

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