Factors affecting the occurrence of postpartum depression among puerperal women in Sohag city, Egypt

Mohammed N. Salem, MD,1 Mohamed N. Thabet, MD,2 Howieda Fouly, PhD,3 Ahmed M. Abbas, MD4

Abstract:

Aim: Postpartum Depression (PPD) is one of the most common complications of the postpartum period. In Egypt, previous studies have reported that the prevalence of PPD ranged from 20-50% depending on location in Lower and Upper Egypt. This study aimed to evaluate the co-factors affecting the occurrence of PPD amongst puerperal women in Sohag city, Egypt.

Methods: The study was carried out at Sohag University Hospital from June 2015 to May 2016. All women within 6 weeks after birth who gave their consent were included. A pretested questionnaire including demographic, psychosocial, maternal and infant variables as well as the Edinburgh Postnatal Depression Scale (EPDS) was completed. A woman with an EPDS score ≥13 was considered to have PPD, while a score ≤13 was considered to have PPD, while a score

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