SMOKING HABITS AMONG ASSIUT UNIVERSITY STUDENTS: PREVALENCE AND ASSOCIATED RISK FACTORS

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Abstract:

Objectives: To study the prevalence and socio-demographic associated factors of smoking among Assiut university students. Methods: A cross-sectional study design was carried out. Data were collected by using anonymous self-administered questionnaire. The questionnaire covered the socio-demographic characteristics of the students in addition to questions about smoking history of students and their family members and friends. Bivariate and multivariate logistic regression analyses were performed to assess correlates of tobacco use. Results: Among 1095 students participated in the study 18.9% have ever used cigarette in their life time and 17.1% are using tobacco currently. Smoking was significantly related to male gender (OR =13.2), students with drug abuse (OR =12.1), smoker friend (OR =11.5), smoker father and/or brother (OR =10.8), pocket money > 150 pounds per month (OR =4.5) and students who live away from their families (OR =3.7). Conclusion and recommendations: Smoking is prevalent among Assiut university students. An integrated smoking prevention program in the university students was recommended.

Keywords:

Smoking prevalence, correlates, Assiut university students.

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