Perinatal health awareness among adolescent pregnant women in El zawya Village, Assiut City, Egypt.

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Abstract:

The aim of the study was to assess the prevalence of pregnancy among adolescent women at El Zawya Village, Assiut City, Egypt and to assess the perinatal knowledge of these adolescent pregnant women at the same village. A Cross Sectional study was used in carrying out this study. A Structured Interviewing questionnaire is designed by the investigator to be filled from each adolescent pregnant woman who visited Family Health Hospital, El Zawya Village, Assiut City. The results indicated that nearly two thirds of women (64%) were in the second trimester of pregnancy with the mean gestational age was 20.6±4.6 weeks. The vast majority of women didn't know any information about nutritional needs and warning signs during pregnancy and they had no information about postpartum family planning methods and postpartum complications (94% & 96.5%) respectively. more than half of adolescent pregnant women (58.5%) didn't know the cause of their early marriage. It is concluded that there is a lack of perinatal knowledge about adolescent pregnant women in rural village, Egypt

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