



Quality of Life among the Elderly patient with Urinary Incontinence: a Hospital Based Study at Assiut Governorate ,Egypt

Hoda Hanafy Shaker, Safaa Ahmed Mohamed, Ahmed S. Elazab & Saieda Abd-El Hameed Abd-ELaziz

Abstract:

Abstract Background: Urinary incontinence had adverse effects on quality of life among elderly subjects through both physical and psychosocial consequences and a significant impact on physical health and daily functioning. **Study Aim:** assess the quality of life among elderly patient with urinary incontinence. **Subject & methods:** A descriptive research design was used. the study was conducted in urology outpatient at Assiut university and El Eman general hospital. The total sample size was 395 elderly. Two tools were used. The 1st tool: Interview questionnaire include personal characteristics, the 2nd tool: Urogenital Distress Inventory and Adapted Incontinence Impact Questionnaires to assess quality of life among elderly patients with urinary incontinence. **Results:** 79.6% of elderly patients had unsatisfactory knowledge regarding UI. There was relationship between QOL & urinary incontinence. It have a significant impact on the QOL for elderly patient. **Conclusion:** Urinary incontinence has significant negative impact on the QOL among elderly subjects (physical activity, social relationships/ travel, and emotional health). **Recommendations:** providing an Educational programs to increase the knowledge of the elderly patients about factors associated with urinary incontinence among the elderly people can guide actions to reduce and prevent occurrence of disease.

Keywords:

Key Words: Quality of Life, Elderly & Patient, Urinary Incontinence.

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