SUSTAINABLE DEVELOPMENT GOAL

3 GOOD HEALTH AND WELL-BEING

الصحة الجيدة والرفاه



ANNUAL REPORT 2024/2025

ASSIUT UNIVERSITY
Advancing Health, Transforming Lives

DATE
20 October 2025

Introduction

GOOD HEALTH AND WELL-BEING AT ASSIUT UNIVERSITY

Advancing Health, Transforming Lives, and Building a Healthier Future.

Good Health and Well-Being (Sustainable Development Goal 3) is a fundamental pillar of sustainable development, aiming to ensure healthy lives and promote well-being for all at every stage of life. In this context, Assiut University stands as a major academic, medical, and community healthcare institution in Upper Egypt, demonstrating a longstanding commitment to advancing medical education, scientific research, healthcare services, and community well-being.

Established in 1957 in Assiut City, approximately 450 kilometers south of Cairo, Assiut University serves a region with a population exceeding 3 million people. Its medical sector is among the oldest and most prominent in Upper Egypt, with more than 3,000 healthcare professionals contributing to healthcare delivery and serving a catchment area of over 20 million people annually.

1957
Year Assiut University was established in Assiut City

450 km
South of Cairo

3M+
People living in the region the university serves

3,000+
Healthcare professionals in the medical sector

20M+
People in the catchment area served each year

19,652
Graduates in health professions, 2024/2025

Through its integrated system of medical education, research, and clinical practice, Assiut University addresses evolving healthcare needs while strengthening the capacity of future healthcare professionals. Its academic and research framework encompasses the Faculties of Medicine, Pharmacy, Dentistry, Nursing, and Veterinary Medicine, in addition to the South Egypt Cancer Institute (SECI) and the Molecular Biology and Research Institute. These institutions offer undergraduate and postgraduate programs, including bachelor's, master's, and doctoral degrees, supporting the development of qualified professionals and the advancement of evidence-based healthcare.

The university's contribution to building a healthier society is reflected in its educational achievements. During the 2024/2025 academic year, Assiut University graduated 19,652 students in health professions, comprising 14,172 undergraduate and 5,480 postgraduate graduates. This growing pool of qualified professionals represents a significant investment in healthcare capacity, specialized expertise, scientific innovation, and the future of health services.

At the heart of this mission, Assiut University Hospitals play a pivotal role in delivering specialized and advanced medical services, improving health outcomes, and expanding access to healthcare for individuals and communities across Upper Egypt and beyond. Through clinical services, preventive health initiatives, public awareness campaigns, medical training, scientific research, and community outreach, the university contributes to addressing local health challenges and promoting a culture of health, prevention, and well-being.

Beyond providing medical care, Assiut University is committed to creating a lasting impact on public health and sustainable development. Its integrated efforts support the achievement of the United Nations Sustainable Development Goals, particularly SDG 3, Good Health and Well-Being, while aligning with Egypt's Vision 2030 for sustainable development and improved quality of life.



Through education, innovation, specialized healthcare, and community engagement, Assiut University continues to transform knowledge into action and healthcare services into meaningful social impact, working toward a healthier, more resilient, and more equitable future for the communities it serves.

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SDG 3 · 2024/2025

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— 2024/2025 AT A GLANCE

19,652
Graduates in health professions

83
Active medical treatment contracts

60,414
Patients benefiting from contracts

5,386
Operation Smile surgeries

984
Scopus publications in health

61
Medical convoys

15,021
Vaccinations in 2025

26,211
Patients at the Women's Health Hospital

17,335
Psychiatry Department services

Education

NUMBER AND PERCENTAGE OF STUDENT GRADUATES IN HEALTH PROFESSIONS

19,652
Total graduates in health professions

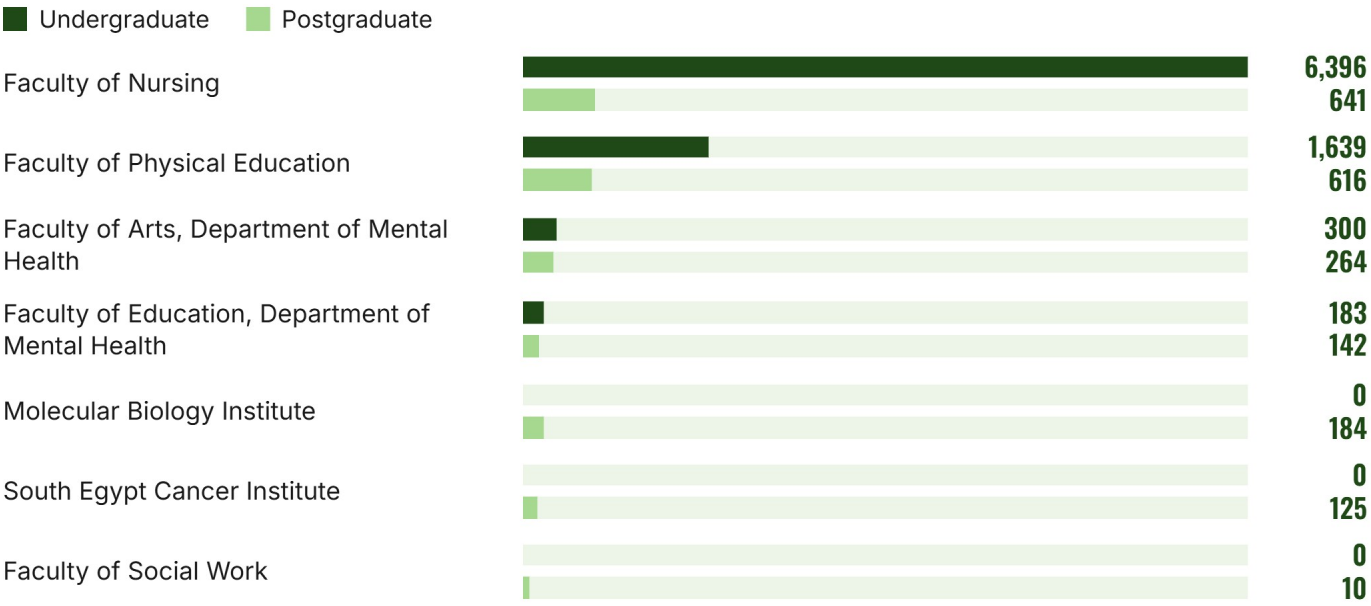
14,172
Undergraduate graduates

5,480
Postgraduate graduates

DISTRIBUTION OF GRADUATES

Undergraduate 72.2% | Postgraduate 27.8%

GRADUATES BY FACULTY



Faculty of Social Work: Departments of Social Work and Personal Services. Faculty of Physical Education: Departments of Sports Training, Physical Education and Sports, and Sport Management.

3.3.1

COLLABORATIONS WITH HEALTH INSTITUTIONS TO IMPROVE HEALTH AND WELL-BEING

The university's key contributions to Good Health and Well-Being can be summarized in the areas that follow. Assiut University plays a central role in advancing healthcare, public health research, and community well-being across Upper Egypt and beyond. Aligned with UN Sustainable Development Goal 3 and Egypt's Vision 2030, the university actively fosters local, national, and international partnerships with health institutions, government bodies, non-governmental organizations and international research entities.

Through its extensive network, anchored by the Faculty of Medicine, Faculty of Dentistry, Faculty of Nursing, Faculty of Pharmacy, South Egypt Cancer Institute, and Assiut University Hospitals Complex (including specialized units like the Al-Rajhi Liver Hospital, Heart Hospital, and Children's Hospital), Assiut University leverages cross-sector collaborations to:

1. **Enhance public health services:** partnering with the Ministry of Health and Population (MoHP) in national health campaigns, preventive care programs, and rural healthcare outreach across Upper Egypt.
2. **Advance joint medical research:** collaborating with international research institutes and global universities to address endemic, infectious, and non-communicable diseases.
3. **Capacity building and medical training:** engaging in joint clinical workshops, training programs, and scientific exchanges with national and international medical boards to upgrade the skills of healthcare practitioners.

Through these multi-level partnerships, Assiut University functions not only as an academic and research hub but also as a primary healthcare provider in Upper Egypt, ensuring accessible, high-quality healthcare and driving sustainable health outcomes.

83 Medical treatment contracts	**60,414** Patients served by contracts	**5,386** Operation Smile surgeries
48 International workshops and conferences	**30** Protocols in the medical sector	**984** Scopus publications in health

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3.3.1 · 1

NATIONAL COLLABORATION

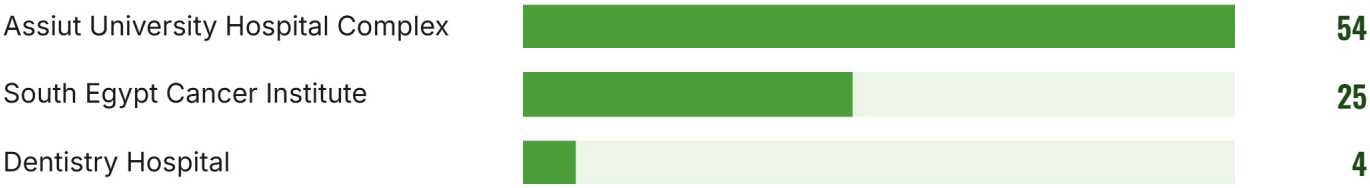
Assiut University Hospital Complex signed 54 medical treatment contracts, providing care for approximately 25,243 patients. South Egypt Cancer Institute (SECI) signed 25 contracts, serving around 30,726 patients, while the Dentistry Hospital signed 4 medical treatment contracts serving around 4,445 patients.

83
Active contracts for medical treatment within university facilities

60,414
Patients benefiting from the active contracts

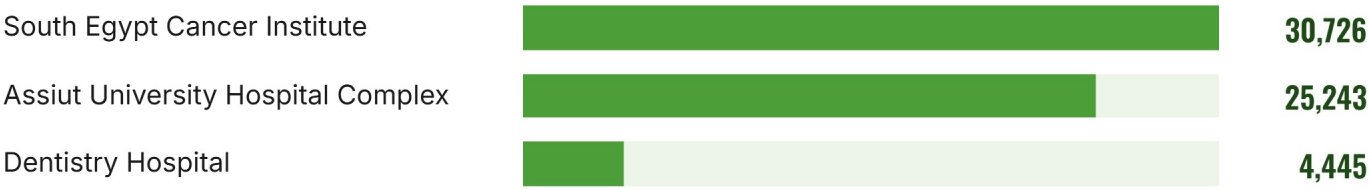
NUMBER OF ACTIVE CONTRACTS FOR MEDICAL TREATMENT

Total 83



NUMBER OF PATIENTS BENEFITING FROM THE ACTIVE CONTRACTS

Total 60,414



3.3.1 · 2

INTERNATIONAL COLLABORATION

A · COLLABORATION WITH OPERATION SMILE

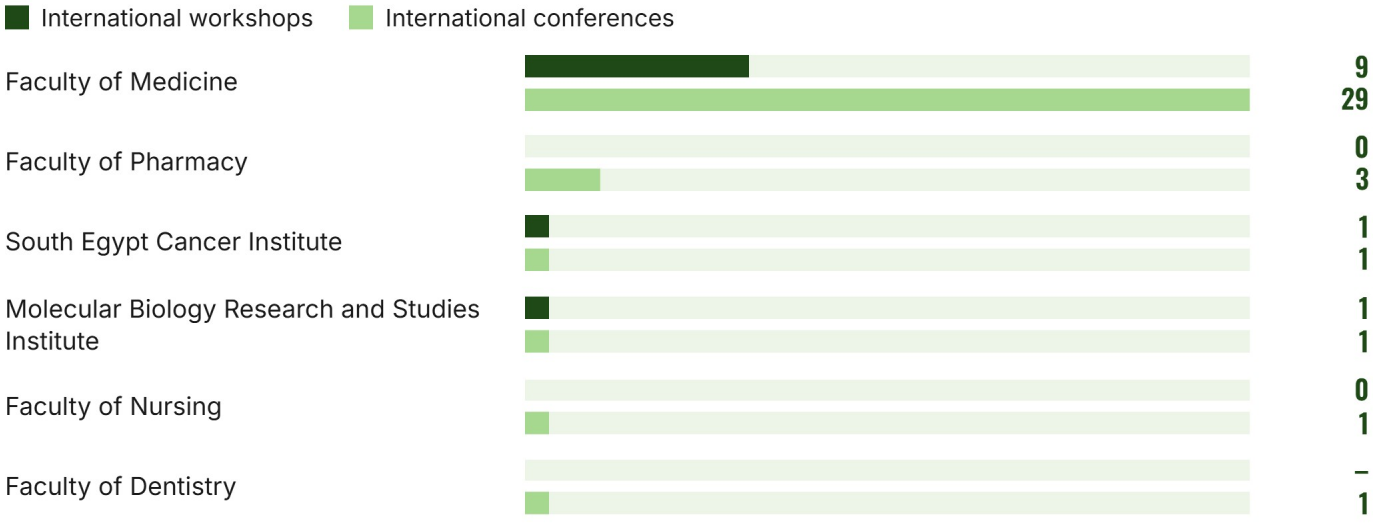
In collaboration with Operation Smile, Assiut University conducted 3 international and 12 national missions, performing 5,386 surgeries. In addition, 9 training courses were organized for 1,200 service providers, alongside 12 training workshops attended by 1,021 participants and 40 families. In dental patients, multiple procedures were done.

5,386 Surgeries performed	**2,933** Patients examined	**12** In-country (national) missions
3 International missions	**9** Training courses	**1,200** Service providers trained
12 Training workshops	**1,021** Workshop participants	**40** Families attending workshops

B · INTERNATIONAL WORKSHOPS AND CONFERENCES, 2024/2025

48 in total

Each year, Assiut University holds numerous scientific conferences and training workshops covering a wide spectrum of medical specialties and health promotion fields. Assiut University organized approximately 48 international workshops and conferences during the reporting period: 12 international workshops and 36 international conferences.



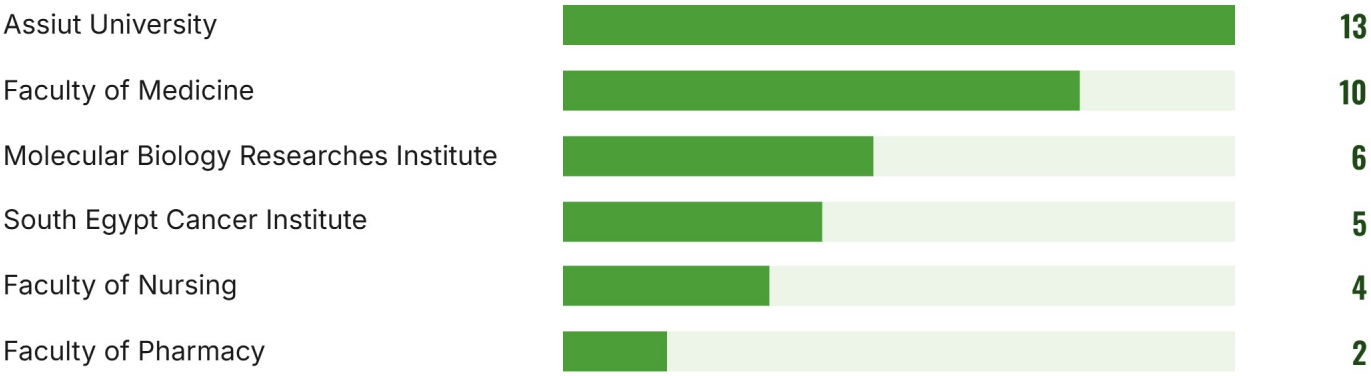
3.3.1 · 3–4

PROTOCOLS AND INTERNATIONAL PUBLICATIONS

3 · NATIONAL AND INTERNATIONAL PROTOCOLS

30 in total

Assiut University contracted 30 protocols in the medical sector in the academic year 2024/2025.



4 · INTERNATIONAL PUBLICATIONS IN THE HEALTH SECTOR, 2024/2025

The reported international publications in the medical field during the reporting period were 984 research papers in Scopus and 2,486 in Web of Science.

984
Publications indexed in Scopus

2,486
Publications indexed in Web of Science

For more details visit www.aun.edu.eg/AUIRO/en/sdg3

3.3.2

UNIVERSITY OUTREACH PROGRAMS TO IMPROVE LOCAL HEALTH AWARENESS

Institutional activities (2024/2025): Assiut University's faculties and institutes delivered numerous seminars, courses, and outreach convoys (medical, cultural, and educational) aimed at elevating public awareness, promoting healthy habits, and strengthening community engagement.

Liver and kidney transplantation programs in Assiut: Assiut University provides specialized liver and kidney transplantation services for patients with end-stage organ diseases. The programs offer comprehensive care, including patient and donor evaluation, transplantation procedures, postoperative management, immunosuppressive treatment, and long-term follow-up. These programs contribute to improving patients' survival and quality of life and strengthening advanced transplantation services in Upper Egypt.

Healthcare for global and refugee communities: Assiut University Hospitals provided essential and specialized medical care to international patients, including visitors, immigrants, and refugees throughout 2024/2025.

2024/2025 event portfolio: the faculties and institutes of Assiut University actively participated in numerous community and educational activities during the 2025 academic year, including 61 medical convoys, 130 seminars and symposia, 41 training courses, and 57 curriculum development activities aimed at improving health and well-being.

61
Medical convoys

130
Seminars and symposia

41
Training courses

57
Curricula improving health

Assiut University comprehensive development convoys

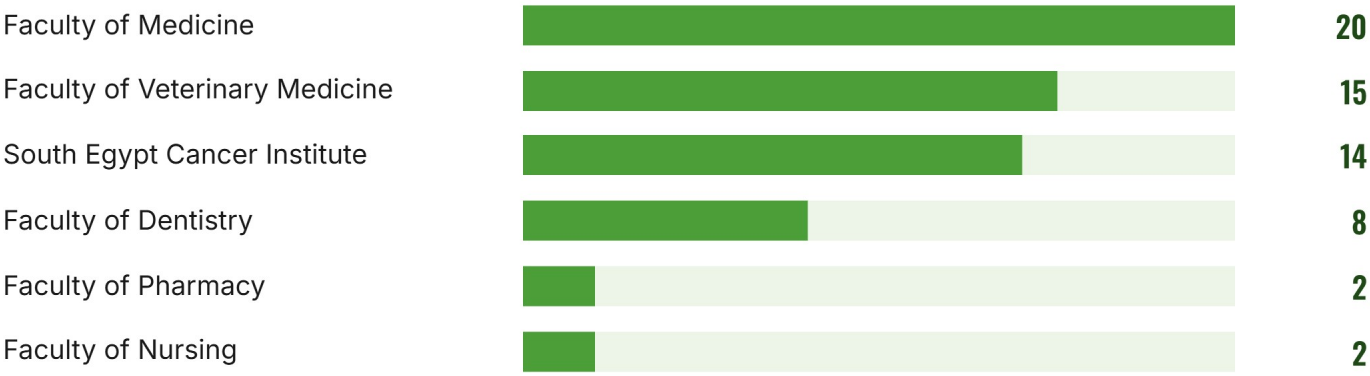


3.3.2

OUTREACH ACTIVITIES BY FACULTY

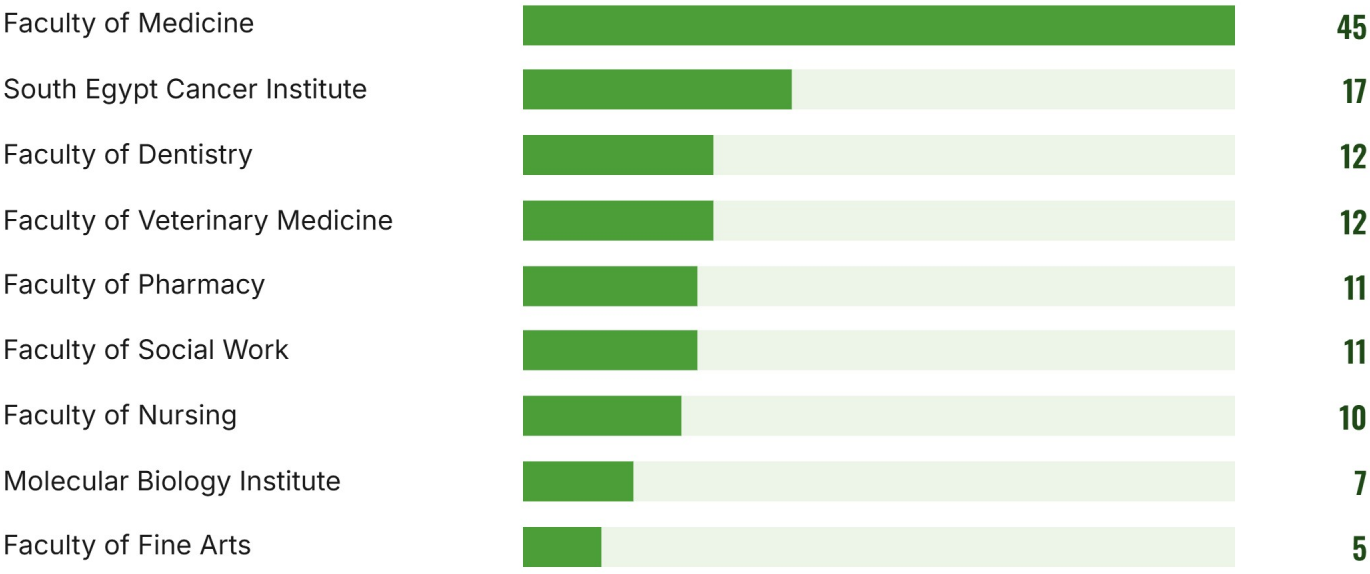
I · MEDICAL CONVOYS BY FACULTY

Total 61



II · SEMINARS AND SYMPOSIA

Total 130

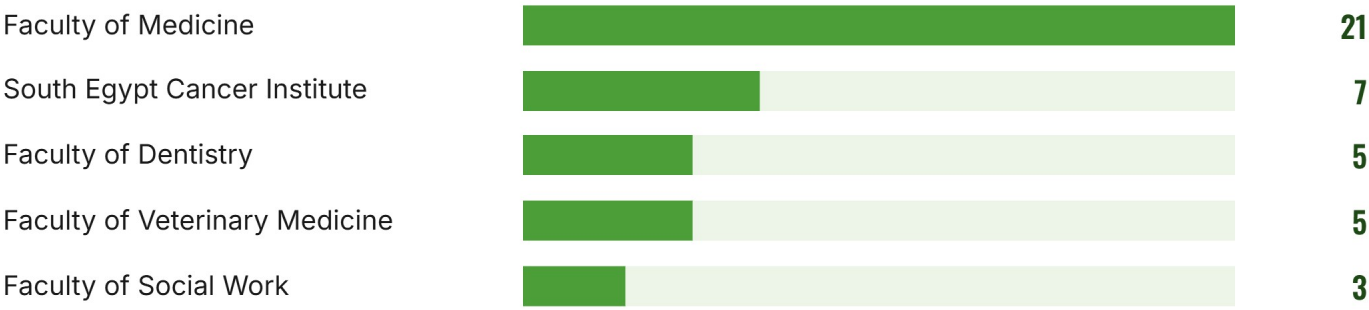


3.3.2

TRAINING AND CURRICULA

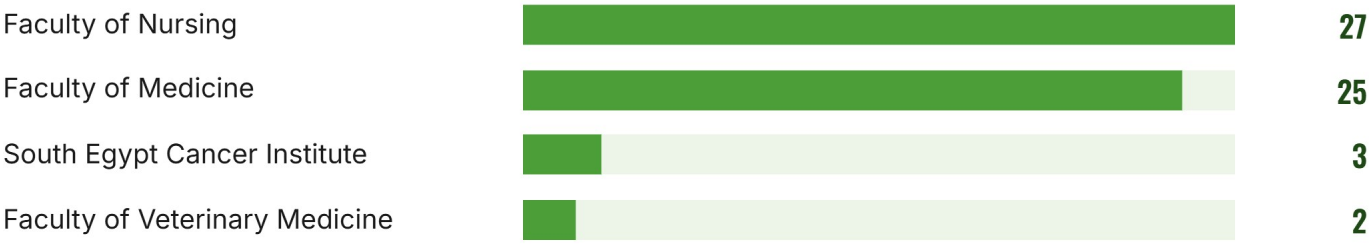
III · TRAINING COURSES AND ON-THE-JOB TRAINING VISITS

Total 41



IV · CURRICULA IMPROVING HEALTH AND WELL-BEING

Total 57



Together, these activities reach students, healthcare workers and community members across Assiut and Upper Egypt, building skills and awareness that improve health and well-being.

3.3.2 · V–VI

TRANSPLANTATION UNITS

V · ASSIUT KIDNEY TRANSPLANTATION UNIT ACTIVITIES, 2024

The kidney transplantation unit recorded 1,464 patient visits (patients or donors), including follow-up cases after transplantation and new cases. 192 patients benefited, and 16 new kidney transplants were performed during 2024.

1,464	192	16	1
Patient visits (frequency rate)	Patients who benefited	Kidney transplants	Conference participation

The unit took part in an international organ transplant conference held in Cairo as part of the “Donate Life Egypt” initiative, under the auspices of the Minister of Health and Population, bringing together scientists and pioneers in organ transplantation from various countries around the globe.

VI · AL-RAJHI LIVER TRANSPLANTATION UNIT ACTIVITIES

Al-Rajhi Liver Transplantation Unit activities include 119 liver transplant cases, participation in 10 international conferences and 13 published research papers.

119	10	13
Liver transplant cases	International conferences	Published research papers

3.3.2 · VII

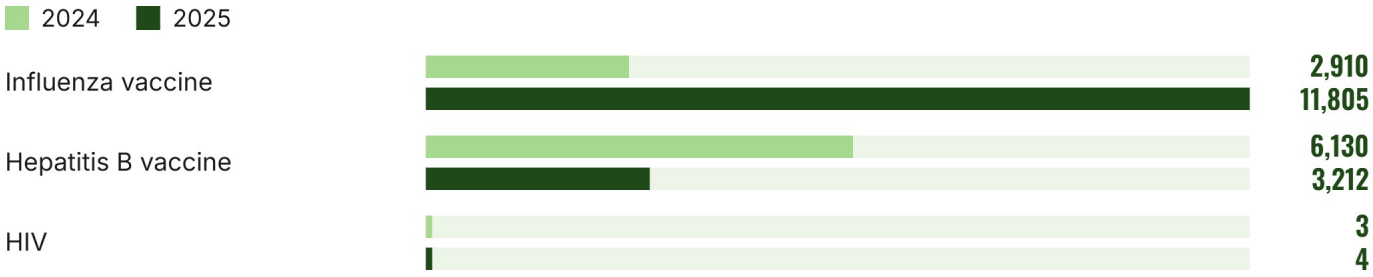
COMMUNITY HEALTH PROGRAMS IMPACT

Assiut University's community health programs reflect the university's role not only as an educational and research institution but also as a major provider of preventive and community-oriented health services in Upper Egypt. Its activities address important public-health priorities, including addiction and toxicology, hepatitis C, women's health, cancer prevention, vaccination, chronic diseases, and disability inclusion, while connecting university expertise with the needs of the wider community.

The combination of health awareness, screening, early diagnosis, medical treatment, referral, vaccination, specialized laboratory services, and inclusive community programs provides a broad framework for improving health knowledge, facilitating access to care, and supporting healthier communities in Assiut and surrounding areas.

VACCINATION, 2024 AND 2025

15,021 beneficiaries in 2025



ADDICTION DRUG SCREENING

Beneficiaries of addiction drug screening programs at the Faculty of Medicine and Assiut University Hospitals in 2025: 23,332.

Drug Screening Laboratory of Clinical Toxicology and Forensic Chemistry



Therapeutic Drug Monitoring Laboratory and Drug Addiction

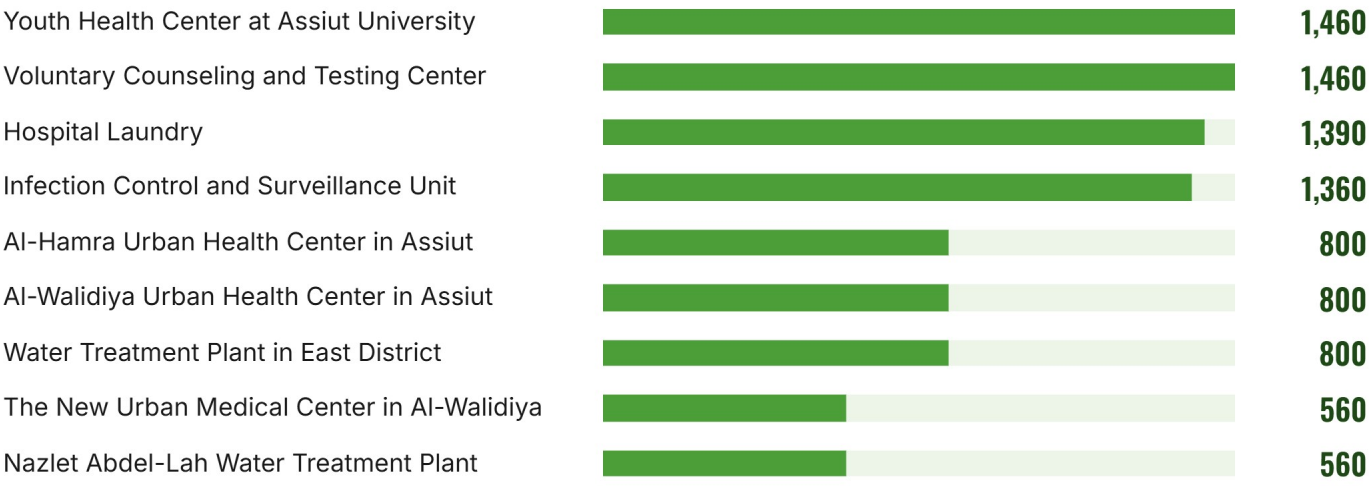


3.3.2 · VII

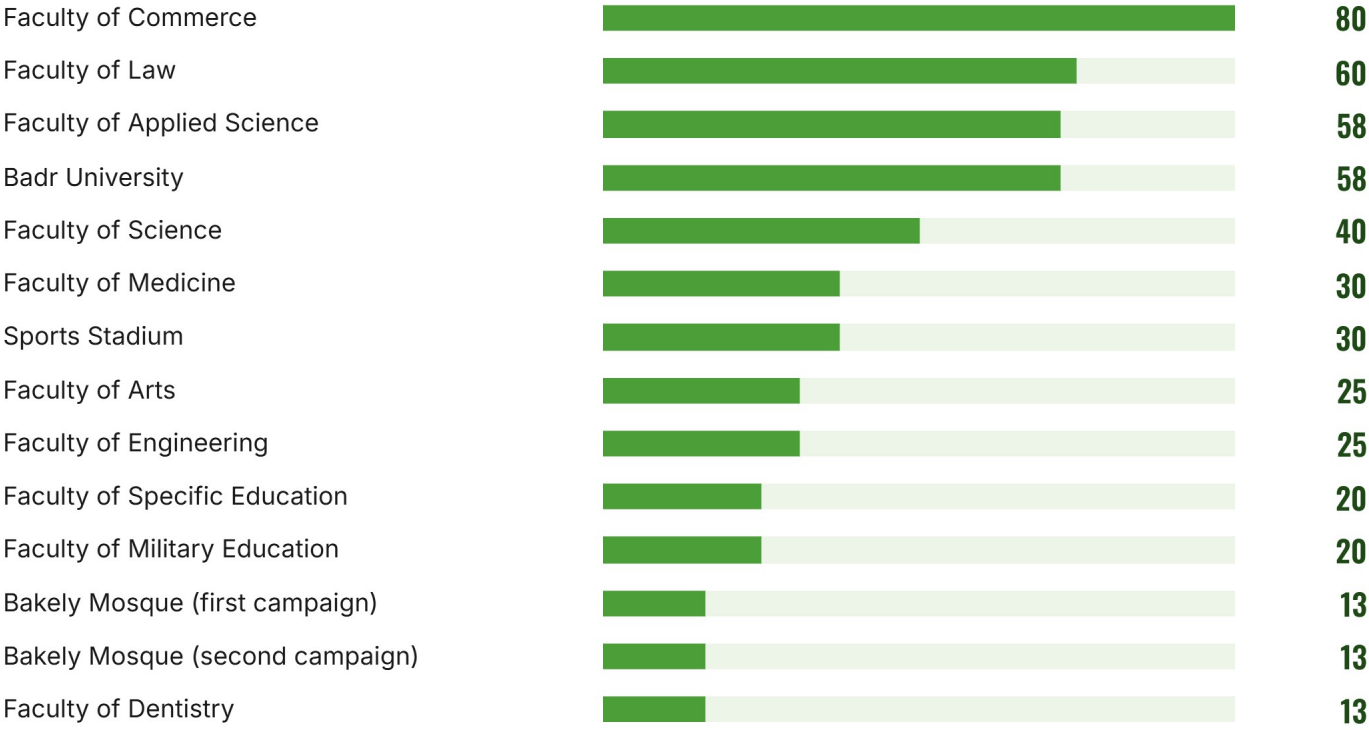
PUBLIC HEALTH AND BLOOD DONATION CAMPAIGNS

Several public health and blood donation campaigns were held during the reporting period.

PUBLIC HEALTH DEPARTMENT CAMPAIGNS, FACULTY OF MEDICINE



BLOOD DONATION CAMPAIGNS



3.3.3

SHARING THE UNIVERSITY SPORTS FACILITIES WITH THE LOCAL COMMUNITY

Assiut University supports the local community by making its sports facilities available for students, university staff, and community members. The university provides opportunities for sports, recreation, physical fitness, training, competitions, and community activities.

The university has an Olympic Village with sports facilities that support a wide range of athletic and recreational activities. In addition, Assiut University has established a new club and a Faculty Members' Club, providing additional spaces for sports, fitness, recreation, and social activities.

The Disability Care Center at Assiut University organizes various athletic meets for students and actively participates in campus awareness initiatives, including university championships, Egyptian Universities Sports Federation (EUSF) championships, activities organized by the Ministry of Youth and Sports, and leadership training programs organized by the Leadership Development Institute.

Through these facilities, the university contributes to promoting healthy lifestyles, encouraging physical activity, developing sports skills, and strengthening engagement between the university and the local community. This reflects Assiut University's commitment to fulfilling its role as a community-serving institution.

9,134
Beneficiaries from sharing university sports facilities



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3.3.4

SEXUAL AND REPRODUCTIVE HEALTH CARE SERVICES

Assiut University is dedicated to advancing sexual and reproductive health (SRH) and well-being across Upper Egypt through an integrated network comprising the Women's Health University Hospital (WHH), Youth Health Center, Family Medicine Department, Safe Woman Unit, and Women's Association.

Operating as the region's primary maternal care facility with a 295-bed capacity, WHH managed over 26,000 patients in 2025, delivering specialized outpatient care across Gynecology (5,226 visits), Antenatal Care (4,865 visits), Family Planning (2,548 visits), and Early Cancer Detection (377 visits), alongside 12,582 inpatient admissions.

295
Beds at the Women's Health University Hospital

26,211
Patients in 2025

12,582
Inpatient admissions

13,205
Outpatient visitors

13,006
Emergency and reception visitors

556
Gender-based violence cases supported

Key clinical initiatives include a flagship intra-cesarean IUD insertion program in partnership with the Ministry of Health to curb population growth, expanded Advanced Fetal Care (in-utero transfusions), CAP-accredited diagnostic labs, and new postgraduate diplomas in Assisted Fertilization and Gynecologic Endoscopy.

Operating in a safe, confidential, and respectful environment, the Safe Woman Unit provided multidisciplinary clinical, legal, and psychological care for 556 cases of gender-based violence using the international LIVES protocol, while mobile health caravans and campus health drives (such as the “You are the Hero of Your Story” campaign) delivered vital breast cancer screenings and reproductive literacy to female students and rural communities.

Through this integrated framework of specialized clinical care, academic training, confidential counseling, and targeted public outreach, Assiut University continuously elevates the accessibility, quality, and long-term outcomes of reproductive healthcare throughout the region.

For more details visit www.aun.edu.eg/AUIRO/en/sdg3

3.3.4 · 2

KEY PERFORMANCE INDICATORS AND OPERATIONAL METRICS

INDICATOR / METRIC	VALUE	CONTEXT AND DETAILS
Women's Health University Hospital (WHH)		
Total bed capacity	295 beds	Inpatient (245), step-down (27), emergency (13), ICU (10)
Total annual patient volume	26,211 patients	Annual patient volume for 2025
Total emergency / reception visitors	13,006 patients	Total emergency triage volume
Total inpatient ward admissions	12,582 patients	Obstetrics (10,357) and gynecology (2,225)
WHH outpatient clinics		
Gynecology clinic visitors	5,226 visitors	39.57% of total outpatient volume
Obstetrics / antenatal clinic visitors	4,865 visitors	36.84% of total outpatient volume
Family planning clinic visitors	2,548 visitors	19.30% of total outpatient volume
Early cancer detection clinic visitors	377 visitors	2.85% of total outpatient volume
Gynecological endoscopy clinic visitors	318 visitors	2.41% of total outpatient volume
Total outpatient visitors	13,205 visitors	Annual total for outpatient services
Safe Woman Unit		
Outpatient consultations	556 cases	Clinical, psychological, and social support visits
Health education workshops	35 sessions	Preventive health, reproductive care, and legal rights
Children's Hospital Nutrition Unit		
Outpatient consultations	~3,870 visits	Growth monitoring and therapeutic formula dispensing
Inpatient malnutrition care	~286 patients	Severe under-nutrition and obesity cases
Therapeutic formula distribution	~25,000 cans	Free distribution in partnership with the Ministry of Health
Inpatient TPN compounding	~11,000 bags	Formulated for PICU and NICU
Body composition assessments	~1,000 cases	Bioelectrical Impedance Analysis (BIA)
Infection Control Campaign		
Hepatitis B vaccination	1,550 students	Technical Nursing Institute (1,050) and Faculty of Nursing (500)

3.3.4 · 1

AWARENESS CLASSES, SEMINARS AND WORKSHOPS

Awareness classes, seminars and workshops delivered during 2024/2025, with the number of attendees.

MEDICAL EDUCATION, CONFERENCES AND PROFESSIONAL TRAINING

15 activities

Training in 3D and 4D ultrasound	**30**
15th Annual Conference of Obstetrics and Gynecology, under the theme “Better Health for Women”	**400**
Third Upper Egypt Fetal Medicine Conference (UEFM 2025)	**350**
Scientific day on optimal antibiotic use in obstetrics and gynecology	**80**
Scientific day on early detection of cervical cancer	**70**
Awareness seminar on cervical cancer prevention, organized with Badr University and a women's oncology institution	**75**
Scientific day on postpartum hemorrhage, focused on improving the competence of medical staff	**55**
Scientific day on cesarean delivery	**35**
Training workshop for resident doctors, focused on family planning	**38**
Scientific day on accurate diagnosis of fetal heart defects	**35**
Training course on “Basic Care for Low-Birth-Weight Newborns and Assistance with Breathing”	**20 pediatric physicians**
Workshop for internship doctors (Batch 59): “Professional and Psychological Support Resources in Coping with Stress”	**450 internship doctors**
“From Practice to Perfection: The Path to Nursing Professionalism”	**50 nursing staff**
Environmental safety in critical care units and emergency medications	**29 male and female students**
Specialized health day for Clinical Nutrition Diploma participants	**50**

3.3.4 · 1

AWARENESS CLASSES, SEMINARS AND WORKSHOPS

WOMEN'S HEALTH AND CANCER PREVENTION

14 activities

"You are the Hero of Your Story... Get Tested and Be Reassured" campaign	**120 women students and employees**
Safe Woman Unit health education workshops	**35 sessions (556 total)**
Pelvic floor and maternal recovery seminars: physical therapy for pelvic floor dysfunction, postpartum recovery, and ergonomic health for women across life stages	**55**
Awareness seminar on early detection of breast cancer	**120 women students and employees**
100 Million Health campaign for early detection of breast cancer	**120**
Participation in the Presidential Initiative for Early Detection of Breast Cancer	**120 cases**
Awareness seminar on breast cancer detection methods	**30**
Awareness seminar on prevention of cancerous tumors in women, Faculty of Law	**50 women students and employees**
Awareness seminar on prevention of gynecologic cancers, Faculty of Education	**65 women students and employees**
Awareness classes for mothers: cervical cancer	**70**
Awareness classes for mothers: prevention of premature birth	**40**
Awareness classes for women: freezing eggs	**45**
Seminar for pregnant women: antenatal care	**100 pregnant women**
Seminar for mothers: breastfeeding and vaccinations	**150 women**

3.3.4 · 1

AWARENESS CLASSES, SEMINARS AND WORKSHOPS

REPRODUCTIVE HEALTH, HYGIENE AND ADOLESCENTS

7 activities

Awareness classes for girl students: reproductive health and nutrition	**30 girls at preparatory schools in Assiut Governorate**
Awareness classes for deaf students: menstruation and personal hygiene	**25**
Seminar for girls: personal and menstrual hygiene, Al-Nahda Preparatory School for Girls	**100 students in 2 groups**
Awareness seminar on the medical, religious, and legal perspectives of female genital mutilation (FGM), first session	**27 medical students and interns**
Awareness seminar on the medical, religious, and legal perspectives of female genital mutilation (FGM), second session	**37 medical students and interns**
Awareness seminar on children's sexual education, part of the Safe Child Initiative	**27**
Awareness seminar: “The Most Dangerous Behavioral Problems Among Adolescents”	**50**

CHILDREN'S ORAL AND DENTAL HEALTH

4 activities

Faculty of Dentistry awareness day for parents (first session)	**30 parents, Pediatric Dentistry clinics**
Faculty of Dentistry awareness day for parents (second session)	**30 parents, Pediatric Dentistry clinics**
Sixth awareness day at the Department of Pediatric Dentistry on good oral hygiene habits from an early age	**50**
Awareness for parents on preserving their children's oral and dental health, Seventh Medical Convoy to the Women's Hospital	**100**

3.3.4 · 1

AWARENESS CLASSES, SEMINARS AND WORKSHOPS

NUTRITION AND HEALTHY LIFESTYLES

10 activities

Educational workshop and health awareness day on malnutrition, stunting, obesity, balanced meal planning and boosting immunity, cautioning against fast food and carbonated drinks	**150, Smart International School, New Assiut**
A new health day at the Youth Center headquarters, Faculty of Medicine	**100 students**
Raising awareness about malnutrition, obesity, and chronic diseases	**320 students and employees, Faculty of Law**
Awareness for students: early detection of obesity, anemia, and malnutrition	**110**
Awareness for students and staff: importance of early screening and balanced nutrition	**300**
“Proper Nutrition During Ramadan and Malnutrition-Related Diseases Among the Student Community”	**200 students and employees**
Awareness seminar: “Proper Nutrition for Building a Healthy Body”	**50**
Awareness seminar: healthy nutrition and fasting	**30**
Awareness seminar: diabetes and well-being	**55**
Seminar: “Principles and Methods of Modern Clinical Nutrition and Their Impact on Oral and General Health”	**30 administrative staff and medical personnel**

3.3.4 · 1

AWARENESS CLASSES, SEMINARS AND WORKSHOPS

VACCINATION, INFECTION, FIRST AID AND SAFETY

13 activities

Hepatitis B vaccination campaign, Faculty of Nursing	**1,550 (Technical Institute of Nursing 1,050, Faculty of Nursing 500)**
Awareness seminar: “Bloodborne Viruses: Medical and Community Perspectives”	**125 university students**
Awareness symposium: “Overview of Dengue Fever”	**120**
Seminar on respiratory diseases (sustainability-related activities of the faculty)	**40 students**
Field visit to Al-Salam Preparatory School on lung cancer and the dangers of smoking	**200**
8th Environmental Community Day: health risks of sports performance-enhancing drugs (PEDs)	**120 faculty, TAs, staff and students**
“First Aid” seminar	**Over 50**
Seminar: first aid, Huda Shaarawi Preparatory School for Girls	**300 students, 50 per session**
Awareness seminar: first aid and emergency care, Faculty of Sugar Industry Technology	**52 male and female students**
Awareness seminar: “First Aid”, Faculty of Medicine	**50 healthcare providers and staff**
First aid during crises and disasters	**68 university employees**
Child abuse and its impact on society	**25 Faculty of Nursing employees**
Seminar: “The Social and Psychological Impacts of Bullying”	**50 staff, medical personnel and academics**

3.3.4 · 1

DISABILITY INCLUSION PROGRAMS

Assiut University Women's Association for Development

The Women's Association for Development runs programs for children and adults with disabilities, their families, and the staff and graduates who support them.

Special Education Center for Intellectual and Physical Disabilities	**120 children with intellectual disabilities**
Rheumatism and Rehabilitation Center	**~350 cases / month, with and without disabilities**
Sensory Integration Unit	**60 cases / year (63+ active center children)**
Montessori Unit	**75 children / year**
Intellectual Education Class	**10 children with intellectual disabilities**
Dar Al-Rahma Nursery for Children with Special Needs	**23 children with disabilities**
Capacity Building Project (installment sales of durable goods)	**60 employees inside and outside the association**
Loan Project for Persons with Disabilities and Staff	**117 persons with disabilities and staff**
NGO support for rehabilitation of intellectually disabled people in rural Assiut	**120 children with intellectual disabilities**
Al-Manar Unit for Educational and Pedagogical Training and Consulting	**450 students, graduates and families**
Wage-Employment Opportunities Improvement Project	**150 graduates and 10 NGOs/centers (100 formal contracts signed)**

120
Children at the Special Education Center

~350
Rehabilitation cases each month

450
Beneficiaries of Al-Manar Unit

3.3.5

MENTAL HEALTH SUPPORT FOR SOCIETY, STUDENTS AND STAFF

Assiut University is committed to supporting the mental health and well-being of students, staff members and society by providing awareness programs, psychological counseling, and support services. These initiatives promote early recognition of mental health concerns, reduce stigma, encourage help-seeking, and contribute to a safe, healthy, and supportive academic and working environment.

These activities are provided by:

- Psychiatry Department
- Addiction Treatment Center
- University Students Hospital Psychiatry Unit
- Disability Care Center
- Bright Minds Unit
- Clinical Shadowing Unit

17,335
Society, student and staff services by the Psychiatry Department

837
Students supported by the Student Hospital

268
Students in psychological rehabilitation

Mental health support services for students were provided by the Student Hospital, benefiting 837 students. The society, student and staff services provided by the Psychiatry Department totaled 17,335.

The Bright Minds Unit is an initiative of the Faculty of Medicine, dedicated to promoting mental health and well-being among medical students, internship doctors, and the assistant teaching staff. The unit provides a safe, supportive, and confidential space for individuals to express their concerns, seek guidance, and receive psychological and emotional support. Bright Minds activities in 2025 included 37 individual psychological and academic support sessions and 9 workshops.

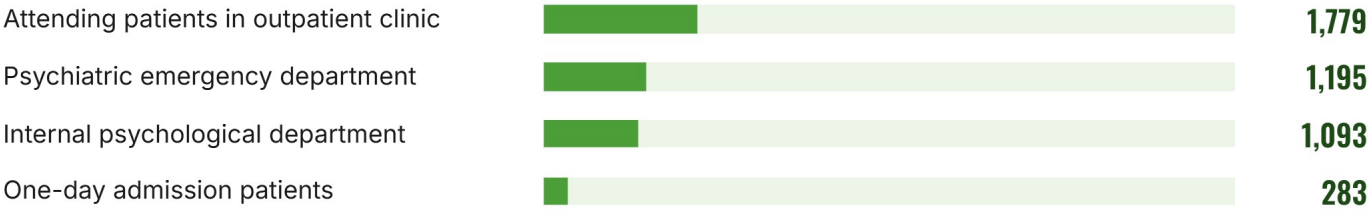
A clinical shadowing program took place at the Faculty of Medicine, covering six specialties with over fifty students taking part. Its main goal was to expose preclinical medical students early to real clinical life, and to motivate them by showing that every concept they study has an important application in practice: they learn and then apply. Students at the Faculty of Medicine also organize an annual Student Day Program alongside the Faculty of Medicine Annual Conference.

3.3.5 · 1

SOCIETY, STUDENT AND STAFF SERVICES PROVIDED BY THE PSYCHIATRY DEPARTMENT

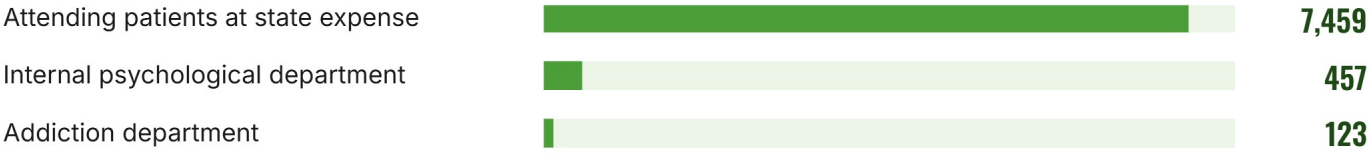
4,250	8,039	5,046	17,335
Free service unit	Private and insurance sector	Sessions	Total services

FREE OF CHARGE



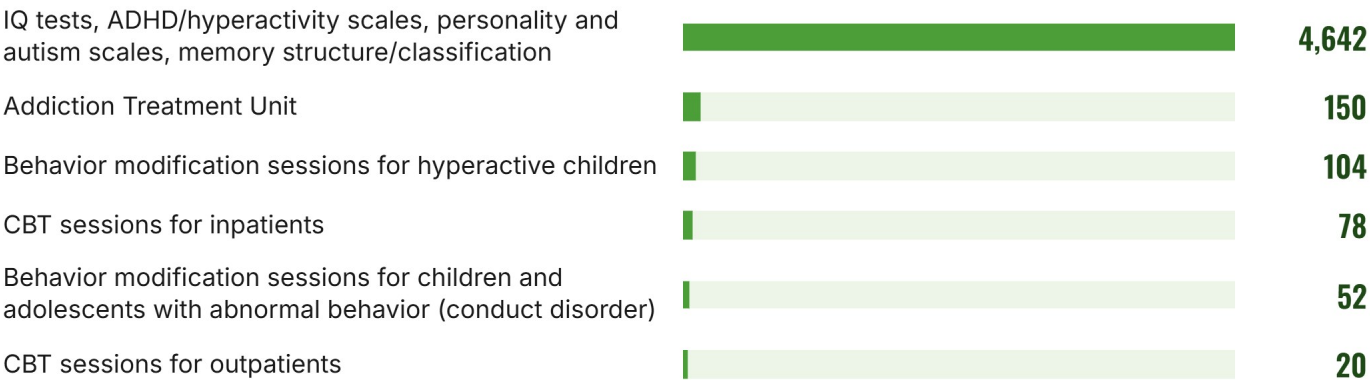
WITH CHARGE

Total 8,039



SESSIONS

Total 5,046



CBT: cognitive behavioral therapy. Services are offered free and privately.

3.3.5 · 2

SERVICES PROVIDED TO STUDENTS REGARDING MENTAL HEALTH

SERVICES AND ACTIVITIES

01	Providing scientific consultations in the field of psychological measurement and statistics in the sports field.
02	Providing the service of applying psychological measurement to conduct research, studies and research projects.
03	Assisting researchers in constructing and codifying psychological measures and tests for the purposes of scientific research.
04	Holding courses and workshops in the field of psychological measurement and statistics in the sports field.
05	Providing psychological measurement and tests in the sports, educational and social fields for researchers in various specialties.
06	Providing solutions to applied and methodological problems in psychological and statistical measurement and evaluation in the sports field.
07	Providing lectures for undergraduate students to train on the use of devices, psychological measurement, and statistics to serve the educational process at the college.

3.3.5 · 3

NEUROLOGICAL DISEASE EPIDEMIOLOGY RESEARCH CENTER (NERC)

Faculty of Medicine, Assiut University

NERC was established in 2006. Its laboratory was equipped, restructured, and officially inaugurated in 2014.

AREAS OF ACTIVITY

1. Conducting scientific research and studies for publication in Egyptian and international scientific journals (11 research papers in 2024–2025).
2. Providing research support to researchers and postgraduate students and contributing to Master's and PhD theses in neuroscience disciplines.
3. Organizing scientific seminars and workshops.
4. Participating in international scientific conferences.
5. Providing rehabilitation services for patients.

MAJOR ACHIEVEMENTS

96,808
People screened for neurological disorders in three major research projects

63,525
Residents of El Kharga City, New Valley, covered by a comprehensive medical survey

33,280
Residents of El Quseir City, Red Sea, covered by a comprehensive medical survey

560
Second-grade students screened in six Assiut primary schools (Learning Difficulties Project)

858
Fourth-grade students screened in six Assiut primary schools (Learning Difficulties Project)

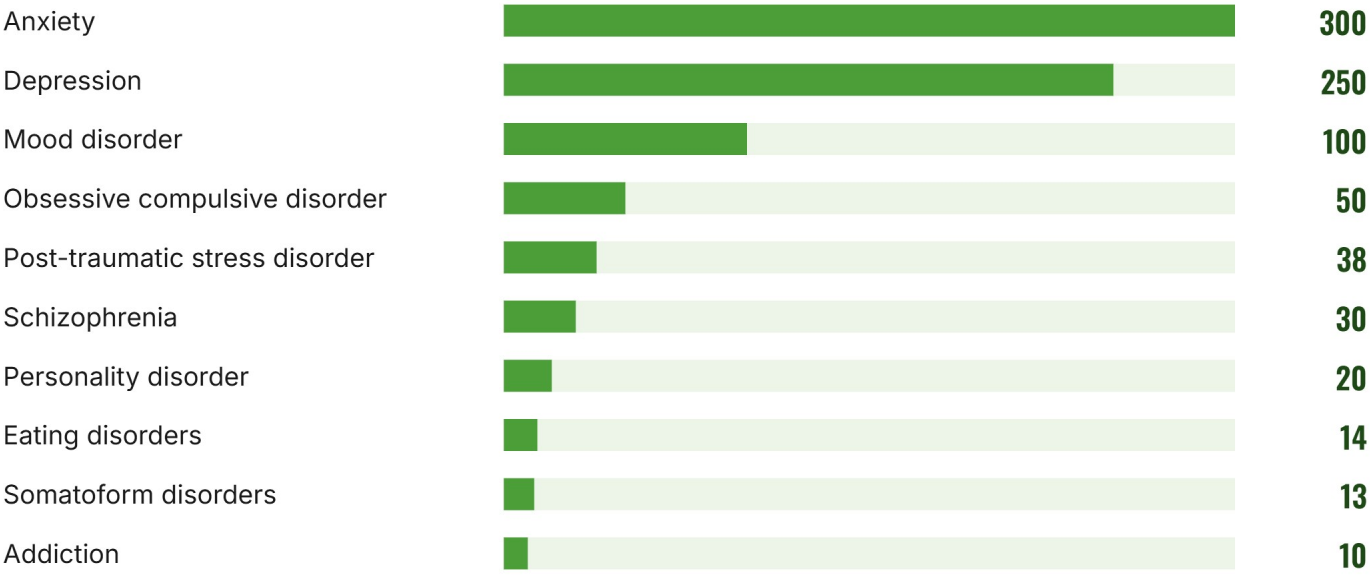
11
Research papers published in 2024–2025

3.3.5 · 4

MENTAL HEALTH SERVICES PROVIDED BY THE STUDENT HOSPITAL

FIRST: DIAGNOSIS OF CASES AND THEIR NUMBER

Total 825 cases



SECOND: TYPES OF SERVICES PROVIDED

1. Diagnosing cases and providing medication.
2. Psychotherapy sessions.
3. Promoting students' mental health.
4. Supporting the mental health of students and their families.
5. Studying and addressing the impact of mental health on academics.
6. Improving public awareness of mental health issues.

3.3.5 · 5

DISABILITY CARE CENTER, ASSIUT UNIVERSITY

The center offers medical and psychological rehabilitation, provides assistive devices (prosthetics, hearing aids), and performs electroretinograms (ERG) and visual evoked potential (VEP) tests for students.

Psychological services

- A full-time psychologist at the center supports students through individual and group counseling sessions.
- Rehabilitation, training, and awareness programs for students.

268
Students received psychological rehabilitation in 2025

3.3.5 · 6

BRIGHT MINDS UNIT, FACULTY OF MEDICINE

The Bright Minds Unit is an initiative of the Faculty of Medicine, dedicated to promoting mental health and well-being among medical students, internship doctors, and the assistant teaching staff. The unit provides a safe, supportive, and confidential space for individuals to express their concerns, seek guidance, and receive psychological and emotional support.

Through its activities, Bright Minds aims to enhance mental resilience, emotional awareness, and academic performance. The unit organizes awareness sessions, group discussions, and workshops addressing stress management, burnout prevention, communication skills, and work–life balance.

BRIGHT MINDS ACTIVITIES, ACADEMIC YEAR 2024/2025

37
Individual psychological and academic support sessions

9
Workshops

3.3.5 · 7

CLINICAL SHADOWING UNIT, FACULTY OF MEDICINE

The shadowing program took place at the Faculty of Medicine, Assiut University. It included six specialties, and over fifty students participated. The main goal was to expose preclinical medical students early to real clinical life, and to motivate them by showing that every concept they study has an important application in practice: they learn and then apply.

Step 1

An introduction to what students will see later in the clinical step: lectures that explained the basic principles and prepared students for real hospital exposure.

Step 2

Direct observation in different hospital departments, where students follow doctors during their clinical work.

The Clinical Shadowing Unit organized an opening event to promote the program and start student recruitment, and was pleasantly surprised by the large number of students who enrolled and attended.

3.3.5 · 8

STUDENT CONFERENCE AT THE FACULTY OF MEDICINE

Students at the Faculty of Medicine organize an annual Student Day Program alongside the Faculty of Medicine Conference. In 2025 it included 4 sessions plus a prize session; in 2024 it included 6 sessions.

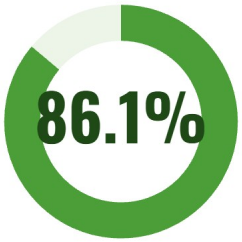
3.3.5 · 9

STAFF SATISFACTION SURVEYS



Faculty of Nursing staff

Participation, 2024/2025



Faculty of Nursing assistant lecturers

Participation, 2024/2025



Faculty of Medicine staff

Participation, 2024

3.3.6

SMOKE-FREE POLICY



SMOKE-FREE SINCE **2014**

POLICY REVISED **2025**

Assiut University is committed to advancing Sustainable Development Goal 3 (SDG 3): Good Health and Well-being by providing a healthy, safe, and smoke-free environment for all students, faculty members, staff, patients, and visitors.

Since 2014, Assiut University has implemented and maintained a comprehensive Smoke-Free Campus Policy. Smoking is prohibited in all university buildings, healthcare facilities, classrooms, laboratories, offices, and throughout the campus. The policy aims to protect the university community from the harmful effects of tobacco use and secondhand smoke while promoting healthy lifestyles, enhancing occupational and public health, and supporting environmental sustainability.

The university continues to strengthen the implementation of this policy through awareness campaigns, educational activities, institutional regulations, and ongoing monitoring to ensure a healthy and tobacco-free campus for everyone. The smoke-free policy was revised in 2025.

Prohibited in: all university buildings, healthcare facilities, classrooms, laboratories, offices, and throughout the campus.

Protects against: the harmful effects of tobacco use and secondhand smoke.

Upheld through: awareness campaigns, education, institutional regulations, and ongoing monitoring.

3.3.6

SMOKING CESSATION UNIT, FACULTY OF MEDICINE

The Smoking Cessation Unit at the Faculty of Medicine, Assiut University, was established in 2023, building upon the efforts initiated in 2009 through the Egyptian Anti-Smoking Society. The unit was established in recognition of the importance of raising awareness about the harmful effects of smoking and promoting healthy behaviors within the university community.

To support smoking cessation and health awareness, educational and awareness seminars detailing the risks of tobacco use and strategies to quit were organized for faculty and staff across the Medicine and Pharmacy departments. Complementing these efforts, comprehensive questionnaires were distributed among employees to identify smokers, assess their readiness to quit, measure exposure to secondhand smoke, and gauge knowledge of tobacco-related health hazards.

Furthermore, the initiative actively promoted evidence-based action by conducting and supporting scientific research on smoking consequences, while engaging students directly in research and the creation of awareness materials.

SMOKING ACTIVITIES, 2024–2025

19 activities

8	7	3	1
Published research papers	Awareness seminars	Lectures in conferences	Workshop

72 Beneficiaries of the **Pulmonary Rehabilitation and Smoke Cessation Clinic**, established on 2 November 2025 at Assiut University Hospitals.

For more details visit www.aun.edu.eg/AUIRO/en/sdg3

3

GOOD HEALTH AND WELL-BEING

الصحة الجيدة والرفاه



FULL DETAILS

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