



REPORT ON SEXUAL AND REPRODUCTIVE HEALTH

ASSIUT UNIVERSITY
Egypt

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Introduction:

Assiut University is one of the oldest and largest Egyptian universities, and its medical sector has earned recognition as a major healthcare provider in Upper Egypt, serving over 20 million people annually. Within this broad service, the University's women's health and youth-health initiatives play a central role in advancing reproductive and sexual health across the region.

At the heart of these efforts is the University's Women's Health Hospital (established in 2005, with 331 beds and multiple advanced obstetrics and gynecology subspecialties). This hospital offers dedicated family-planning outpatient clinics (including combined oral contraceptives, progestin-only pills, monthly injectables, implants, and copper intrauterine devices) in cooperation with the Egyptian Ministry of Health & Population. It also hosts the "Safe Woman" initiative, including a medical response unit for abused women—the first of its kind in Upper Egypt—addressing both reproductive health and gender-based violence within a holistic women's-health framework.

On the youth side, the University's Youth Health Center (YHC) offers nutrition services, early detection screenings (including chronic disease and reproductive health issues), and seminars inside and outside the campus. A study of the YHC found that while the majority of students (92.8 %) agreed that students need sexual and reproductive-health (SRH) information, only 15.1 % were aware the YHC existed, highlighting both strong demand and the need for expanded outreach.

Furthermore, the University actively engages in community awareness and screening campaigns: the College of Nursing conducts seminars to raise awareness of women's reproductive health and participated in the national "100 Million Health" initiative for early detection of breast cancer. The Women's Health Hospital has also inaugurated an advanced fetal-care unit offering interventional fetal therapy and early diagnosis of congenital anomalies—an innovative service in the region.

From a family-planning perspective, studies in the Assiut district show that the modern contraceptive prevalence was 62.8 % (though still below global targets), with intrauterine devices (IUDs), pills and implants as the most common methods. This reflects the strong emphasis that Assiut University places on family-planning services as part of its reproductive-health mandate.

In summary, Assiut University's medical sector—especially through its Women's Health Hospital and Youth Health Center—contributes significantly to improving reproductive health outcomes and expanding access to services (nutrition, early detection, family planning, education) across Upper Egypt. These efforts underline the University's role in transforming lives and supporting healthier communities.



Vision and Mission of Assiut University

Vision

Leadership in building a knowledge-based society.

Mission

Assiut University is a public university that mobilizes and utilizes its resources to achieve its vision through:

- Providing high-quality education that produces distinguished generations of graduates capable of innovation and competitiveness in the labor market.
- Conducting outstanding scientific research that effectively contributes to the production and dissemination of knowledge in all university disciplines.
- Achieving excellence in community service and environmental development.
- Upholding academic values and university traditions.



Women's Health University Hospital services

Sexual & Reproductive Healthcare Services & Population Strategy: Recognizing the university's societal responsibility in addressing national population dynamics, Assiut University administration and university hospital leadership collaborate directly with the Egyptian Ministry of Health's Family Planning Sector and the Assiut Health Directorate. This partnership delivers comprehensive reproductive health education, awareness campaigns, and accessible family planning services aimed at curbing unsustainable population growth across Upper Egypt.

Flagship Clinical Initiative Immediate Post-Delivery / Intra-Cesarean IUD Insertion: To provide immediate, sustained family planning care, the hospital launched a targeted initiative for immediate IUD placement during induced labor and cesarean section procedures. As the largest regional hospital by total daily birth volume, the facility plays a decisive role in this program. This initiative has achieved a marked, measurable increase in the rate of post-partum IUD insertions during cesarean sections, directly increasing long-term contraceptive adoption among patients.

Community Outreach & Cancer Screening: The hospital organizes mobile health caravans and community outreach screening drives across rural areas of Upper Egypt for early detection of gynecological and breast cancers, offering free specialized medical consultations to under-resourced populations.

The **Safe Woman Clinic** at Assiut University Women's Health Hospital serves as a specialized, multi-disciplinary support center dedicated to safeguarding women's health, dignity, and personal safety across Upper Egypt. Established in collaboration with the National Council for Women (NCW) and UNFPA, the clinic provides accessible, strictly confidential clinical examinations, emergency medical care, psychological first aid, and specialized internal hospital referrals for female students,

university employees, and community members subjected to gender-based violence, abuse, or health disparities.

The statistical data for the Assiut University Women's Health Hospital (WHH) 2025 Annual Report

Key Performance Indicators (KPIs)

- **Total Hospital Bed Capacity:** 295 Beds.
- **Total Annual Patient Volume (2025):** 26,211 Patients.
- **Total Outpatient Clinic Visitors:** 13,205 Patients.
- **Total Emergency / Reception Admissions:** 13,006 Patients.
- **Total Inpatient Admissions:** 12,582 Patients.

Statistical Tables

Table 1: Bed Capacity & Healthcare Infrastructure Distribution

Department / Unit	Service Description	Number of Beds
Inpatient Wards	General Inpatient Accommodation	245
Intermediate Care Unit	Step-Down & High-Dependency Care	27
Emergency / Reception	Triage & Immediate Care Beds	13
Intensive Care Unit (ICU)	Critical Care & Advanced Monitoring	10
Total Hospital Bed Capacity	Comprehensive Hospital Capacity	295

Table 2: Outpatient Clinics Annual Visitor Breakdown (2025)

Outpatient Specialty	Target Care Focus	Annual Visitors	Percentage (%)
Gynecology Clinic	General & Specialized Gynecological Care	5,226	39.57%
Obstetrics / Antenatal Clinic	Prenatal Care & Maternal Health	4,865	36.84%
Family Planning Clinic	Reproductive Health & Family Planning	2,548	19.30%

Early Cancer Detection Clinic	Gynecological Oncology Screening	377	2.85%
Gynecological Endoscopy Clinic	Diagnostic & Operative Endoscopy	318	2.41%
Total Outpatient Visitors	Annual Outpatient Operations	13,205	100.00%

Table 3: Emergency & Inpatient Admissions Statistics (2025)

Service Category	Operational Description	Patient Volume
Emergency Reception Treatment	Emergency Cases Treated & Discharged at Reception	424
Emergency Admissions	Emergency Cases Admitted to Inpatient Wards	12,582
Total Emergency Visitors	Total Emergency Triage Volume	13,006
Obstetrics Inpatient Dept.	Inpatient Maternal & Delivery Care	10,357
Gynecology Inpatient Dept.	Inpatient Gynecological Surgeries & Care	2,225
Total Inpatient Admissions	Total Inpatient Ward Admissions	12,582

Table 4: Monthly Outpatient Clinics Breakdown (Jan – Dec 2025)

Month	Antenatal Clinic	Gynecology Clinic	Family Planning Clinic	Early Cancer Detection	Endoscopy Clinic	Monthly Total
January	407	357	261	24	12	1,061
February	347	409	283	21	20	1,080
March	341	345	230	26	24	966
April	389	465	192	20	33	1,099
May	392	414	192	22	23	1,043
June	442	409	121	37	29	1,038

July	491	530	202	41	23	1,287
August	439	483	201	34	31	1,188
September	428	473	260	39	31	1,231
October	404	469	230	33	33	1,169
November	399	505	192	38	30	1,164
December	386	467	173	42	29	1,097
Annual	4,865	5,226	2,548	377	318	13,205
Total						

***Every service is provided for free**

In 2025, the Women's Health University Hospital at Assiut University further enhanced its role as a leader in women's health in Upper Egypt. Notably, it introduced two new postgraduate diplomas for the year 2024/2025, one in Assisted Fertilization and one in Gynecologic Endoscopy to train doctors in the latest fertility and endoscopic surgical techniques. The hospital's Advanced Fetal Care Unit expanded its services to include interventional fetal therapy and in-utero blood transfusion, reflecting its capacity to handle highly specialized cases.

Moreover, the hospital's laboratories became among the first in Egyptian universities to receive CAP accreditation strengthening diagnostic reliability. Research initiatives also continued, including a 2025 study on violence and sexual dysfunction among infertile women served by the hospital. These developments reinforce the hospital's dual mission of high-quality clinical care and academic excellence.

Safe Woman Unit: Operational Report & Strategic Overview

Women's Health Hospital – Faculty of Medicine – Assiut University

Executive Summary & Core Mission

The Safe Woman Unit at the Women's Health Hospital, Faculty of Medicine, Assiut University, serves as a leading institutional model for integrated women's healthcare in Upper Egypt. The unit is dedicated to providing a safe, confidential environment where women receive comprehensive medical care, psychological and social support, and legal guidance, fully respecting individual rights, privacy, and personal autonomy.



Multidisciplinary Service Framework

The unit utilizes a multidisciplinary team approach to address health, psychological, and social needs in an integrated manner:

- **Clinical & Medical Care:** Thorough medical examinations, clinical management, and targeted interventions.
- **Psychological & Social Support:** Professional counseling, mental health care, and specialized support for cases involving violence against women.
- **Legal Guidance & Referral:** Legal orientation and structured referrals to specialized authorities and legal aid bodies when required.
- **Health Education & Prevention:** Organizing seminars, lectures, and distributing educational literature focused on women's health, reproductive rights, and preventive practices.

Practical Care Methodology: The LIVES Model

The unit embeds the international **LIVES** framework as its standard protocol for first-line support:

- **Listen:** Actively listening to the woman's story without judgment.
- **Inquire:** Assessing immediate health, physical, and emotional needs.
- **Validate:** Affirming her feelings, rights, and choices in a supportive environment.
- **Enhance:** Developing actionable steps to enhance personal safety.
- **Support:** Connecting her with appropriate clinical, legal, and community resources while maintaining strict confidentiality.

Capacity Building & Professional Training

To ensure sustainable, high-quality care, the unit prioritizes training for healthcare personnel and students:

- **Cadre Development:** Educating medical, nursing, and administrative staff on identifying vulnerable cases and delivering trauma-informed, humane care.
- **Academic Integration:** Hosting scientific days and educational workshops tailored for nursing and social work students.
- **Staff Education:** Conducting specialized internal awareness programs across Assiut University Hospital departments to strengthen interdisciplinary cooperation.

Strategic & International Partnerships

The unit maintains multi-sectoral alliances with national and international stakeholders:

- **National Organizations:** Continuous collaboration with the **National Council for Women (NCW)**, the **National Council for Childhood and Motherhood (NCCM)**, local civil society organizations, and judicial/legal entities.
- **International Agencies:** Strategic partnership, official delegation visits, and technical cooperation with the **United Nations Population Fund (UNFPA)** and the **Korea International Cooperation Agency (KOICA)**.

Key Achievements & Operational Metrics (2024–2025)

Metric / Activity	Volume	Context & Impact
Outpatient Consultations	556 Cases	Documented clinical, psychological, and social support visits to the clinic.
Health Education Workshops	35 Sessions	Structured sessions covering preventive health, reproductive care, and rights.
Outreach & Capacity Building	Continuous	Internal staff training, academic seminars, and community partnership initiatives.

Quarterly Clinical & Health Education Activity Report

Year	Quarter	Reporting Period	Clinic Attendances	Health Education Sessions
2024	Q1	January – March	100	5
2024	Q2	April – June	70	4
2024	Q3	July – September	50	4
2024	Q4	October – December	136	5
2025	Q1	January – March	60	4
2025	Q2	April – June	50	4
2025	Q3	July – September	30	4
2025	Q4	October – December	60	5
TOTAL		2024–2025	556	35

Health Education Seminars at Women's Health University Hospital

During 2025, the **Women's Health University Hospital at Assiut University** expanded its community outreach, clinical education, and preventative public health campaigns. These health education initiatives were delivered in collaboration with university academic departments (such as Community Health Nursing, Obstetrics and Gynecology, and Clinical Oncology) as well as national healthcare bodies including the Assiut Health Directorate, the Ministry of Health and Population, and the National Council for Women.

Assiut University Women's Health Hospital held the following seminars, scientific activities, training programs, and events:

- **Training on 3D and 4D ultrasound:** Fundamentals of three-dimensional and four-dimensional ultrasound examination.



- **15th Annual Conference of Obstetrics and Gynecology:** Held under the theme “**Better Health for Women.**”



- **Third Upper Egypt Fetal Medicine Conference (UEFM 2025).**



- **Scientific Day on Optimal Antibiotic Use:** Focused on antibiotic use in obstetrics and gynecology.



- **Scientific Day on Early Detection of Cervical Cancer.**



- **Awareness Seminar on Cervical Cancer Prevention:** Organized in cooperation with Badr University and a women's oncology institution.





- **Scientific Day on Postpartum Hemorrhage:** Focused on improving the competence of medical staff.



- **Scientific Day on Cesarean Delivery.**



- **Training Workshop for Resident Doctors: Focused on family planning.**



- **Scientific Day on Accurate Diagnosis of Fetal Heart Defects.**



Core Seminar Themes & Education Tracks

1. Antenatal Care, Maternal Health & Primary Prevention

- **Routine Antenatal Education:** Continuous primary healthcare educational sessions held within outpatient waiting halls for expectant mothers, covering nutritional guidance, personal hygiene, danger signs during pregnancy, and emergency care preparation.
- **High-Risk Pregnancy & Complication Awareness:** Specialized sessions addressing early detection and warning signs of obstetric complications such as pre-eclampsia, gestational diabetes, and placenta accreta management.

2. Family Planning & Post-Partum Contraceptive Awareness

- **National Population Strategy Integration:** Joint educational seminars conducted in partnership with the Assiut Health Directorate and National Population Council to address regional population growth through reproductive health literacy.
- **Post-Delivery / Intra-Cesarean IUD Insertion Campaigns:** Targeted educational outreach for women admitted to delivery and labor wards regarding immediate post-partum long-acting reversible contraception (LARC), emphasizing the benefits and safety of IUD placement during cesarean section procedures.

3. Breast & Gynecological Cancer Early Detection

- **"إنتي بطلة حكايتك .. اكشفي واظمي" (You are the Hero of Your Story.. Get Tested and Be Reassured):** An intensive scientific and awareness campaign held during October Breast Cancer Awareness Month in collaboration with Clinical Oncology and South Egypt Cancer Institute.
- **Public Education & Self-Examination Training:** Workshops demonstrating proper breast self-examination (BSE) techniques, highlighting the importance of early mammography, and dispelling myths around gynecological tumors.

4. Safe Woman Unit & Anti-Gender-Based Violence (GBV) Education

- **Women's Health Protection Seminars:** Institutional workshops held in coordination with the National Council for Women (NCW) detailing medical, legal, and psychological rights for women.
- **Confidential Support Awareness:** Informational sessions raising campus and community awareness regarding the confidential medical, clinical, and psychological services offered at the **Safe Woman Clinic (وحدة المرأة الأمانة)**.

5. Post-Natal Rehabilitation & Women's Physical Wellness

- **Pelvic Floor & Maternal Recovery Seminars:** Collaborative educational workshops highlighting physical therapy interventions for pelvic floor dysfunction, post-partum recovery, and ergonomic health for women across different life stages.

Delivery Formats & Target Audiences

Seminar Format	Target Audience	Key Objective
Outpatient Waiting Area Seminars	Pregnant women, mothers, and visiting families	Direct health literacy, family planning, and maternal hygiene.
Hospital Conference Hall Hybrid Sessions	Medical staff, nursing students, and healthcare professionals	Clinical updates, evidence-based practices, and interdisciplinary care protocols.
Community Health Caravans	Rural and underserved populations in Assiut Governorate	Mobile screening, reproductive consultations, and preventative health education.



Faculty of Medicine- Assiut University

C Comprehensive Activity Report on Scientific Conferences, Seminars, Workshops, and Training Programs

1. Main University Hospital

- **Critical Care & AI:** Held a scientific seminar on "Artificial Intelligence and Its Role in Critical Care Medicine."
- **Critical Care & Nephrology:** Organized the 1st Conference of the South Egypt Critical Care Association (SECCA) in collaboration with the Critical Care Unit and Nephrology Unit (Internal Medicine Department), titled *"Heart Failure: Cardio-Renal Aspect."*
- **Clinical Pathology:** Launched the 16th Annual Conference of the Clinical Pathology Department: *"Evolution and Leadership in the Future of Laboratory Medicine."*
- **Otorhinolaryngology & Audiology:** Conducted a Cochlear Implant Workshop in cooperation with the Egyptian Association for Vestibular and Auditory Medicine (EAVMA).
- **Pharmacy & Infection Control:** Held a scientific seminar on rationalizing antibiotic consumption and optimal usage protocols.
- **Dermatology:** Organized a scientific day addressing *"Challenges in Diagnosis and Management of Immunological Bullous Skin Diseases."*
- **Cardiology Imaging:** Hosted a specialized workshop titled *"Head-to-Head Comparison for Non-Invasive Coronary Artery Imaging."*
- **Endocrinology:** Organized an awareness seminar on *"Clinical Challenges in the Diagnosis and Treatment of Thyroid Disorders."*
- **Family Medicine:** Conducted an awareness seminar on *"Smoking Cessation Principles and Strategies."*
- **ENT Surgery:** Launched the 15th Annual Conference of the Otorhinolaryngology Department, highlighting modern surgical and therapeutic advancements.
- **Pain Management:** Held the 13th Workshop on Interventional Pain Management, organized by the Department of Anesthesia, Intensive Care, and Pain Management.

- **Hematology:** Launched the 4th Annual Conference of the Clinical Hematology Unit (Internal Medicine Dept.) on upcoming challenges in clinical hematology.
- **Critical Care Summit:** Hosted the 3rd Egyptian-Spanish Critical Care Summit on updates in emergency medicine, attended by the Acting Spanish Ambassador.
- **Gastroenterology:** Conducted an Upper Egypt workshop on GI motility: *"Gastrointestinal Motility Lessons from A to Z."*
- **Oncology:** Organized a scientific awareness day on the vital role of early breast cancer detection.
- **Pediatric Rheumatology:** Hosted a workshop on Musculoskeletal Ultrasound for Hand, Wrist, and Knee Joints in Children on the sidelines of its 11th Annual Conference.
- **Neurophysiology:** Conducted an upper-intermediate workshop on Electromyography (EMG) and Nerve Conduction Studies.
- **Pulmonology:** Organized a scientific day titled *"From Restriction to Liberation: The Power of Pulmonary Rehabilitation."*
- **Anesthesia & ICU:** Convened the 71st Conference of the Department of Anesthesia, Intensive Care, and Pain Management.
- **Infection Control:** Launched the 2nd Annual Conference of the Infection Control Department: *"Strategies for a Sustainable Infection-Free Future."*
- **Career Guidance:** Hosted a career orientation day for the 95th batch of medical graduates to guide specialty selection.
- **Ophthalmology:** Organized the Assiut Pediatric Ophthalmology and Strabismus Forum.
- **Nursing Development:** Held a scientific seminar for nursing staff titled *"From Practice to Perfection: The Path to Nursing Professionalism."*
- **Nephrology:** Launched the 5th Annual International Conference on Internal Medicine and Nephrology.
- **Pediatric & Adult Rheumatology:** Launched the 1st Joint Conference on Pediatric and Adult Immunology and Rheumatology (combining Pediatrics and Internal Medicine).
- **Oncology Equipment Acquisition:** Signed procurement contracts for an advanced Linear Accelerator (LINAC) and a dedicated CT Simulator equipped with AI technology for cancer patients (donated by the Arab African International Bank).

- **International Oncology Conference:** Organized the 17th International Conference of Clinical Oncology and Nuclear Medicine, featuring international experts.
- **Family Medicine:** Conducted a scientific day titled *"Safe Fasting: What Patients Ask and What Physicians Should Know."*
- **Neurological Emergencies:** Held an interactive training lecture for resident doctors on managing acute neurological emergencies.
- **Transfusion Medicine:** Conducted a specialized workshop on *"Practical Aspects of Blood Transfusion."*
- **Diabetology:** Organized an interactive lecture for intern doctors on Diabetes Mellitus management protocols.
- **Hematology Training:** Held a training workshop for Batch 24 resident doctors on diagnosing and treating various types of anemia.
- **Physical Medicine:** Convened the 11th Annual International Conference of the Department of Rheumatology, Rehabilitation, and Physical Medicine.
- **Colorectal Surgery:** Organized a workshop on laser applications in anorectal surgical procedures.
- **Laboratory Medicine:** Launched the 17th Conference of the Clinical Pathology Department.
- **Surgical Skills Training:** Conducted a specialized workshop for resident doctors on critical surgical procedures and essential operative skills.
- **GI Emergencies:** Organized a training workshop for resident physicians on managing gastrointestinal emergency cases.

2. Pediatric University Hospital

- **Pediatric Surgery:** Organized a specialized workshop on pediatric urology and genital reconstruction.
- **Pediatric Gastroenterology:** Held a scientific day on *"Chronic Liver Diseases in Children."*
- **Medical Equipment Donation:** Received a EGP 20 million medical equipment donation from the Arab African International Bank (AAIB).
- **Environmental Safety:** Organized an awareness seminar on *"Safe Medical Waste Management"* in cooperation with the Environmental Affairs Agency.

- **Pediatric Resident Training:** Convened the 1st Scientific Day for Pediatric Trainee Physicians.
- **Immunology & Rheumatology:** Co-hosted the 1st Joint Conference on Pediatric and Adult Immunology and Rheumatology.
- **Urological Surgery:** Hosted its 3rd specialized workshop dedicated to pediatric urological procedures.
- **Life Support Training:** Organized a workshop on *"Basics of Pediatric Life Support (PLS)."*
- **Respiratory Care:** Held a scientific seminar on advanced pediatric respiratory care and mechanical ventilation.
- **Annual Conference:** Launched the 22nd Annual Conference of the Pediatrics Department on diagnostic and therapeutic advancements.
- **Accessibility Support:** Received 95 specialized wheelchairs donated by AAIB to support pediatric mobility care.

3. Neurological, Psychiatric, and Neurosurgery University Hospital

- **Epileptology:** Organized a scientific day on modern diagnostic and management protocols for Epilepsy.
- **Movement Disorders:** Conducted a community and medical awareness day supporting patients with Parkinson's disease and involuntary movement disorders.
- **Stroke Care:** Hosted a specialized clinical workshop on acute Stroke Management.
- **Patient Safety:** Conducted training sessions on safety procedures and risk assessments during new patient admissions.
- **Headache Medicine:** Held a workshop on advanced therapeutic interventions for Migraine management.
- **Multidisciplinary Care:** Hosted a joint workshop titled *"Bridge of Communication: Integrating Nursing and Physical Therapy for Optimal Patient Care."*
- **Neuro-rehabilitation:** Organized a workshop addressing *"Post-Stroke Complications and Rehabilitation Strategies."*
- **Thrombosis Prevention:** Held a scientific day titled *"Innovative Ideas in Clot Prevention and Modern Conceptions of Vascular Thrombosis."*
- **Cerebrovascular Therapeutics:** Hosted a scientific day on *"New Horizons in Acute Stroke Treatment."*

5. Urology and Nephrology Surgery University Hospital

- **Emergency Preparedness:** Conducted a successful full-scale simulation exercise for emergency evacuation and fire safety.
- **Physician Orientation:** Organized an intensive orientation and clinical preparation program for newly appointed resident doctors.
- **Annual Surgical Conference:** Launched the 7th Annual Conference of Urology and Venereology featuring live transmission of precision surgical procedures.
- **Quality & Safety:** Conducted training sessions on General Patient Safety Standards.
- **GAHAR Accreditation:** Concluded a comprehensive physician preparation program structured according to Egyptian GAHAR accreditation standards.
- **Clinical Assessment:** Held a clinical competency assessment workshop for Batch 20 intern doctors.

6. Al-Rajhy Liver Hospital

- **Live Endoscopy:** Participated in a live broadcast of complex GI endoscopy cases in cooperation with the Egyptian Society of Gastrointestinal Endoscopy.
- **Digital Health:** Organized a scientific seminar on *"Innovation in Gastrointestinal Diseases and Digital Health Integration."*
- **Women in Endoscopy:** Hosted the **WEGE Program** (Women in GI Endoscopy) to support and train female physicians in advanced GI endoscopy—a first for Upper Egypt.
- **Gastroenterology Conference:** Launched the 24th Annual Conference of Tropical Medicine and Gastroenterology: *"From Guidelines to Clinical Practice."*

7. Heart University Hospital

- **Thoracic Surgery:** Hosted the 11th Video-Assisted Thoracoscopic Surgery (VATS) Workshop.
- **Dental Care Outreach:** Welcomed a medical convoy from the Faculty of Dentistry to provide free dental check-ups for hospital staff and patients on World Oral Health Day.
- **Quality Management:** Conducted training programs titled *"Nursing and Quality Accreditation Requirements: From Concept to Implementation."*
- **Intern Orientation:** Held an introductory orientation session for intern students from the Technical Institute of Nursing.
- **Hazardous Materials:** Organized specialized training on safe handling of hazardous substances and medical waste.

- **Accreditation Updates:** Hosted training sessions on general safety standards, highlighting key differences between GAHAR 2021 guidelines and the updated GAHAR 2024 standards.
- **Workplace Communication:** Continued running interactive training modules on effective communication within healthcare environments.
- **Specialized Outpatient Care:** Inaugurated a dedicated outpatient clinic for Congenital Heart Defects (CHD).
- **International Participation:** Participated in the Pan-African Lung Cancer Conference (PACLC 2025) in Accra, Ghana.
- **Incident Reporting:** Conducted training on promoting a transparent incident reporting culture according to GAHAR 2025 standards.

8. Trauma and Orthopedics (Injuries) University Hospital

- **Orthopedic Developments:** Organized the 8th Annual Conference of Orthopedic Surgery on modern surgical developments.
- **Disaster Response:** Executed a fire emergency evacuation simulation drill.
- **Medical Waste:** Hosted an expanded seminar on *"Safe Medical Waste Management."*
- **ICU Expansion:** Inaugurated Phase 1 of the Intensive Care Unit expansion, supported by EGP 50 million in funding from the "Sehatna for Development" Foundation.
- **Pediatric Orthopedics Outreach:** Convened a partnership meeting with the US-based *MiracleFeet* Foundation and the Childhood and Development Association to support children with Clubfoot.
- **International Recognition:** Announced the participation of an orthopedic research team in the 12th International Congress of the Korean Orthopaedic Association after winning the Best Research Award from the Egyptian Orthopaedic Association.
- **Surgical Workshops:** Hosted specialized workshops on *"Correction of Pediatric Deformities"* and *"Scientific Research Writing"* alongside the 9th Annual Orthopedic Conference.
- **Annual Conference:** Launched the 9th Annual Orthopedic Surgery Conference, featuring visiting international expert Dr. Zhigang Xu (China).
- **Lymphatic Surgery:** Concluded Egypt's first live-streamed surgical workshop dedicated to lymphatic vascular surgery.

- **Trauma Training:** Conducted an advanced training course on femoral neck fracture management in collaboration with AO Trauma (Swiss Fracture Association).





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Awareness Launch of a Workshop for Internship Doctors (Batch 59)

Titled: “*Professional and Psychological Support Resources in Coping with Stress*”

Target Group: Medical Interns

Date: Sunday, September 1, 2024

Attendance: 450

Place: eight Hall, Administrative Building

Objectives: Orientation about “*Professional and Psychological Support Resources in Coping with Stress*”

Main Topics:

Following the opening session, Dr. Mahmoud Abdel-Alim delivered a lecture titled “*How to Become a Good Doctor.*”

Lectures were also given by Dr. Alaa Darwish, Professor of Psychiatry at Assiut University Faculty of Medicine; Dr. Idris Hassan Zaki, Pediatric Consultant and Director of the Bright Minds Unit; and Dr. Esraa Nabil, training doctor in the Egyptian Fellowship of Psychiatry.

The event included video presentations of training and examination periods in various departments, along with entertainment segments and a talent show featuring the interns.

The workshop concluded with the recognition of the group leaders among the internship doctors and distribution of awards to participants in the talent activities.

Summary:

Launch of a Workshop for Internship Doctors (Batch 59)

Titled: “*Professional and Psychological Support Resources in Coping with Stress*”
In cooperation with the Egyptian Society for Heart and Diabetes

Under the patronage of Dr. Ahmed El-Minshawy, President of the University, Dr. Ahmed Abdel-Mawla, Vice President for Education and Student Affairs, Dr. Mahmoud Abdel-Alim, Vice President for Community Service and Environmental Development, Dr. Alaa Attia, Dean of the Faculty of Medicine and Chairman of the University Hospitals Board, Dr. Amani Omar, Vice Dean for Postgraduate Studies and Research, and Dr. Mohamed Abdel-Rahman, Vice Dean for Education and Student Affairs.

On Sunday, September 1, a workshop for internship doctors (Batch 59), system (5+2), was launched under the title “*Professional and Psychological Support Resources in Coping with Stress for Internship Doctors.*” The event was held in Hall Eight at the University Administrative Building, in cooperation with the Egyptian Society for Heart and Diabetes and Bright Minds Unit, which specializes in evidence-based psychological support for medical students at Assiut University.

Dr. Ahmed El-Minshawy, President of the University, expressed his condolences on the passing of Dr. Emad Zareef, former Director of the Compulsory Internship Program and Professor of Anesthesiology and Intensive Care at the Faculty, who was known for

his generosity and boundless support for students and interns. A shield and commemorative gift were presented in honor of the late professor's memory.

The workshop was also attended by Dr. Mohamed El-Yemeni, Head of the Department of Internal Medicine; Dr. Soheir Kassem, Deputy Director of the Compulsory Internship Program; Dr. Ehsan Ali, Head of the Central Administration for Medical Affairs; and Dr. Manal Ezz El-Din, Vice President of the Egyptian Society for Heart and Diabetes.

Following the opening session, Dr. Mahmoud Abdel-Alim delivered a lecture titled *"How to Become a Good Doctor."* Lectures were also given by Dr. Alaa Darwish, Professor of Psychiatry at Assiut University Faculty of Medicine; Dr. Idris Hassan Zaki, Pediatric Consultant and Director of the Bright Minds Unit; and Dr. Esraa Nabil, training doctor in the Egyptian Fellowship of Psychiatry.

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Training course on “Basic Care for Low-Birth-Weight Newborns and Assistance with Breathing

Target Group: Pediatric physicians

Date: Monday, September 9, 2024

Attendance: 20

Place: Women Health Hospital

Objectives: The training focused on helping newborns breathe and providing essential care for low-birth-weight infants, with the aim of improving the efficiency and skills of the nursing staff to deliver high-quality healthcare.

Main Topics:

The training was conducted by Dr. Mohamed Fathi, Professor of Anesthesiology; Dr. Noha Gamal, Professor of Pediatrics; and nursing specialists Marwa Ahmed and Mostafa Hegazy. The course was coordinated by Dr. Abeer Arafa, Quality Coordinator, and organized by Ms. Mai El-Shafie from Operation Smile and Ms. Radwa Kamal, Quality Training Officer.

Summary:

Basic Care for Low-Birth-Weight Newborns and Assistance with Breathing — Training Course at the Women’s Health Hospital

Under the patronage of Dr. Ahmed El-Minshawy, President of the University; Dr. Alaa Atiya, Dean of the Faculty of Medicine and Chairman of the University Hospitals Board; Dr. Ahmed Nasr, Director of the Women’s Health Hospital and Head of the Department of Obstetrics and Gynecology; and under the supervision of Dr. Hesham Abou Taleb, Deputy Director of the Hospital for Administrative Affairs and Quality; Dr. Mostafa Nasr, Deputy Director for Medical and Therapeutic Affairs; and Ms. Saadia Gerges, Head of Nursing —

The Women’s Health Hospital, in collaboration with Operation Smile Egypt, organized on Monday, September 9, in the hospital’s first-floor conference hall, a training course on methods of assisting and caring for newborns in a systematic and effective way that can be applied in any setting where childbirth occurs — whether in a hospital, clinic, or home.

The training focused on helping newborns breathe and providing essential care for low-birth-weight infants, with the aim of improving the efficiency and skills of the nursing staff to deliver high-quality healthcare.

The training was conducted by Dr. Mohamed Fathi, Professor of Anesthesiology; Dr. Noha Gamal, Professor of Pediatrics; and nursing specialists Marwa Ahmed and Mostafa Hegazy. The course was coordinated by Dr. Abeer Arafa, Quality Coordinator, and organized by Ms. Mai El-Shafie from Operation Smile and Ms. Radwa Kamal, Quality Training Officer.



Awareness Seminar on “Early Detection of Breast Cancer)”

Target Group: Women (Physicians, Nurses , Employees, and Medical Interns)

Date: Tuesday, 27 October 2024

Attendance: 120

Place: : Main University Hospital Conference Hall

Objectives: The Importance of Early Detection of Breast Cancer Highlighted in an Awareness Seminar

Main Topics:

The day included several informative lectures:

- An introductory talk by Prof. Dr. Maha Salah El-Naggar on the efforts of the Oncology and Nuclear Medicine Department within the Presidential Initiatives for Breast Cancer,
- A lecture titled “*Knowledge is Light*” by Dr. Heba Bakry,
- And a presentation on the importance of early screening and self-examination for breast cancer by Dr. Samar El-Morshidi.

Summary:

The Importance of Early Detection of Breast Cancer Highlighted in an Awareness Seminar at Assiut University Hospitals

Under the patronage of Prof. Dr. Ahmed El-Minshawy, President of the University, and in the presence of Prof. Dr. Mahmoud Abdel-Aleem, Vice President for Community Service and Environmental Development; Prof. Dr. Alaa Atiya, Dean of the Faculty of Medicine and Chairman of the University Hospitals Board; Prof. Dr. Khaled Abdel-Aziz, Director of the Main University Hospital; and Prof. Dr. Rehab Farouk, Head of the Department of Oncology and Nuclear Medicine —

The Department of Oncology and Nuclear Medicine at the Main University Hospital of Assiut University organized an awareness seminar on the importance of early detection of breast cancer on October 20, held in the hospital’s conference hall.

The event was supervised by Prof. Dr. Samir Shehata, Member of the Supreme Committee of University Oncology Hospitals and Centers; Dr. Heba Bakry, Coordinator of the Supreme Committee for Presidential Initiatives for Women’s Health in the Central Upper Egypt Region; Prof. Dr. Maha Salah El-Naggar, Coordinator of the Presidential Initiative for Breast Health at Assiut University; and Ms. Nahed El-Badry, Administrative Coordinator of the Initiative.

The day included several informative lectures:

- An introductory talk by Prof. Dr. Maha Salah El-Naggar on the efforts of the Oncology and Nuclear Medicine Department within the Presidential Initiatives for Breast Cancer,
- A lecture titled “*Knowledge is Light*” by Dr. Heba Bakry,
- And a presentation on the importance of early screening and self-examination for breast cancer by Dr. Samar El-Morshidi.

It is worth noting that the early detection clinic for breast cancer at the Oncology Department of the Main University Hospital is open daily from 9:00 a.m. to 1:00 p.m., except on Fridays and Saturdays.



Awareness Seminar on “Prevention of Cancerous Tumors in Women at the Faculty of Law”

Target Group: Women (Students and employees)

Date: 18 November 2024

Attendance: 50

Place: Faculty of Law

Objectives: Raising the awareness about The Prevention of Cancerous Tumors in Women

Main Topics:

The seminar featured Prof. Dr. Alaa Ismail, Professor of Obstetrics and Gynecology and Head of the Gynecologic Oncology Unit, who delivered a lecture titled “*Early Detection of Cervical Cancer*”, presenting an overview of cervical cancer, its modes of transmission, methods of prevention, and available treatments.

Prof. Dr. Hesham Abou Taleb, Deputy Director of the Women’s Health Hospital and Coordinator of the Cervical Cancer Initiative, also gave a lecture on vaccination against the Human Papillomavirus (HPV).

Summary:

Awareness Seminar on the Prevention of Cancerous Tumors in Women at the Faculty of Law

Assiut University Hospitals, in cooperation with the Faculty of Law, organized an educational awareness seminar on the prevention of cancerous tumors in women, under the patronage of Prof. Dr. Ahmed El-Minshawy, President of the University; Prof. Dr. Mahmoud Abdel-Aleem, Vice President for Community Service and Environmental Development; Prof. Dr. Alaa Atiya, Dean of the Faculty of Medicine and Chairman of the University Hospitals Board; Prof. Dr. Khaled Abdel-Aziz, Director of the Main University Hospital and General Coordinator of the Presidential Health Initiatives; Prof. Dr. Doweib Hussein Saber, Dean of the Faculty of Law; and Prof. Dr. Moamer Rateb, Vice Dean of the Faculty of Law for Community Service and Environmental Development Affairs.

The seminar featured Prof. Dr. Alaa Ismail, Professor of Obstetrics and Gynecology and Head of the Gynecologic Oncology Unit, who delivered a lecture titled “*Early Detection of Cervical Cancer*”, presenting an overview of cervical cancer, its modes of transmission, methods of prevention, and available treatments.

Prof. Dr. Hesham Abou Taleb, Deputy Director of the Women’s Health Hospital and Coordinator of the Cervical Cancer Initiative, also gave a lecture on vaccination against the Human Papillomavirus (HPV).

The event was organized by Prof. Dr. Ghada Abdel-Aal, Seminar Coordinator, and Ms. Nahed El-Badry, Administrative Coordinator of the Presidential Initiatives.



Awareness Seminar on the Prevention of Gynecologic Cancers at the Faculty of Education

Target Group: Women (Students and employees)

Date: Sunday, December 1, 2024

Attendance: 65

Place: Faculty of Education

Objectives: Seminar on the Prevention of Gynecologic Cancers

Main Topics:

- Prof. Dr. Alaa Ismail, Professor of Obstetrics and Gynecology and Head of the Gynecologic Oncology Unit, who spoke on *“Early Detection of Cervical Cancer.”*
- Prof. Dr. Hesham Abou Taleb, Deputy Director of the Women’s Health Hospital and Coordinator of the Cervical Cancer Initiative, who delivered a lecture on *“Prevention of Cervical Cancer through Vaccination Against Human Papillomavirus (HPV).”*

Summary:

Awareness Seminar on the Prevention of Gynecologic Cancers at the Faculty of Education

Under the patronage of Prof. Dr. Ahmed El-Minshawy, President of the University; Prof. Dr. Mahmoud Abdel-Aleem, Vice President for Community Service and Environmental Development; Prof. Dr. Alaa Atiya, Dean of the Faculty of Medicine and Chairman of the University Hospitals Board; Prof. Dr. Khaled Abdel-Aziz, Director of the Main University Hospital and General Coordinator of the Presidential Initiatives; Prof. Dr. Hassan Mohamed Howail, Dean of the Faculty of Education; and Prof. Dr. Amani Mohamed Sherif, Vice Dean of the Faculty of Education for Community Service and Environmental Development —

Assiut University Hospitals, in cooperation with the Faculty of Education, organized an educational awareness seminar on gynecologic cancers on Sunday, December 1, 2024, in Prof. Dr. Mohamed Ragai El-Tahlawy Hall at the Faculty of Education. The event was coordinated by Ms. Nahed El-Badry, Administrative Coordinator of the Presidential Initiatives.

The seminar featured lectures by:

- Prof. Dr. Alaa Ismail, Professor of Obstetrics and Gynecology and Head of the Gynecologic Oncology Unit, who spoke on *“Early Detection of Cervical Cancer.”*
- Prof. Dr. Hesham Abou Taleb, Deputy Director of the Women’s Health Hospital and Coordinator of the Cervical Cancer Initiative, who delivered a lecture on *“Prevention of Cervical Cancer through Vaccination Against Human Papillomavirus (HPV).”*

It is worth noting that the Cervical Cancer Early Detection Clinic offers free Pap smear tests for women. Those wishing to undergo the test can visit the Citizen Services Office at the hospital



Awareness Seminar Entitled “Bloodborne Viruses: Medical and Community Perspectives”

Target Group: f Assiut University Students

Date: Tuesday, 17 December 2024

Attendance: 125

Place: Discussion Hall 1

Objectives: Awareness About “Bloodborne Viruses: Medical and Community Perspectives”

Main Topics:

- ☐ Screening of two short videos showcasing the experiences of patients living with HIV.**
- ☐ A lecture by Dr. Heidi Karamallah Ramadan, Assistant Professor of Tropical Medicine & Gastroenterology, on the impact of society on the lives of people living with HIV in Egypt.**
- ☐ Interactive Q&A session by Dr. Michael Attallah, Infection Control Specialist, focusing on bloodborne viruses.**
- ☐ A session by Prof. Karima Mohamed Sobhy, Assistant Public Health Consultant, on awareness and early testing for HIV.**
- ☐ A lecture by Dr. Rasha Hosny Sayed, Fellow at the Infection Control Department and Consultant of Tropical Medicine & Gastroenterology, discussing modes of transmission, symptoms, and diagnosis of bloodborne viruses.**
- ☐ A session on preventive measures delivered by Ms. Hamida Abdel-Al and Ms. Eman Mohamed Mahmoud, Infection Control Nursing Specialists.**
- ☐ A presentation by Dr. Fatma El-Nagar, Head of the Infection Control Team at the Children’s Hospital, on treatment and living with the disease.**

Summary:

Activities of the First Scientific Day of Assiut University Students’ Union Entitled “Bloodborne Viruses: Medical and Community Perspectives”

The Infection Control Department and the HIV Counseling Center at Assiut University Hospitals, in collaboration with the Scientific Committee of Assiut University Students’ Union and the Community Service and Environmental Development Sector at the Faculty of Medicine, organized a scientific seminar under the title: “Bloodborne Viruses: Medical and Community Perspectives.”

The event was held under the patronage of Prof. Ahmed El-Minshawi, President of Assiut University; Prof. Ahmed Abdel-Mawla, Vice President for Education and Student Affairs; Prof. Alaa Attia, Dean of the Faculty of Medicine and Chairman of the University Hospitals Board; Prof. Mohamed Abdel-Rahman, Vice Dean for Education and Student Affairs; and Prof. Huda Makhoul, Vice Dean for Community Service and Environmental Development.

The scientific day was attended by Prof. Madiha Darwish, General Supervisor of Student Activities and Dean of the Faculty of Veterinary Medicine; Dr. Haitham Ibrahim, Director General of Student Affairs; Mr. Laid Zidan, Director of Scientific Activities; and the Scientific Day Coordinators: Dr. Asmaa El-Dorawy, Director of Infection Control at Assiut University Hospitals, and Dr. Heidi Karamallah Ramadan,

Assistant Professor of Tropical Medicine & Gastroenterology. Also present were Dr. Ihab Abdel-Rady, Deputy Director of Infection Control, Martin Nasser, President of Assiut University Students' Union, Ahmed Nasr, Assistant Secretary of the Supreme Scientific Committee of the Students' Union, along with a large number of university students.

The event included the following activities:

- ☐ Screening of two short videos showcasing the experiences of patients living with HIV.
- ☐ A lecture by Dr. Heidi Karamallah Ramadan, Assistant Professor of Tropical Medicine & Gastroenterology, on the impact of society on the lives of people living with HIV in Egypt.
- ☐ Interactive Q&A session by Dr. Michael Attallah, Infection Control Specialist, focusing on bloodborne viruses.
- ☐ A session by Prof. Karima Mohamed Sobhy, Assistant Public Health Consultant, on awareness and early testing for HIV.
- ☐ A lecture by Dr. Rasha Hosny Sayed, Fellow at the Infection Control Department and Consultant of Tropical Medicine & Gastroenterology, discussing modes of transmission, symptoms, and diagnosis of bloodborne viruses.
- ☐ A session on preventive measures delivered by Ms. Hamida Abdel-Al and Ms. Eman Mohamed Mahmoud, Infection Control Nursing Specialists.
- ☐ A presentation by Dr. Fatma El-Nagar, Head of the Infection Control Team at the Children's Hospital, on treatment and living with the disease.



Awareness Seminar on “The Medical, Religious, and Legal Perspectives of Female Genital Mutilation (FGM)”

Target Group: Medical Students and Medical Interns

Date: Sunday, 8 December 2024

Attendance : 27

Place: Quality Assurance Unit

Objectives: The seminar, held as part of the “Taquet Nour 2” project activities, included several lectures addressing FGM from different perspectives.

Main Topics:

Prof. Mahmoud Abdel-Aleem, Vice President of the University and Professor of Obstetrics and Gynecology, discussed FGM from the medical perspective; Sheikh Sayed Abdel-Aziz presented the religious viewpoint; and Ms. Islam Atef from the National Council for Women addressed the legal aspects of the issue.

Summary:

The Community Service and Environmental Development at the Faculty of Medicine, Assiut University, in cooperation with the Egyptian Society for Scientific Researchers in Assiut and Plan International Egypt, organized an awareness seminar on Sunday, December 8, under the patronage of Prof. Ahmed El-Minshawy, President of Assiut University; Prof. Mahmoud Abdel-Aleem, Vice President for Community Service and Environmental Development Affairs; Prof. Alaa Attia, Dean of the Faculty of Medicine and Chairman of the University Hospitals Board; and Prof. Hoda Makhoul, Vice Dean for Community Service and Environmental Development.

The seminar, held as part of the “Taquet Nour 2” project activities, included several lectures addressing FGM from different perspectives.

Prof. Mahmoud Abdel-Aleem, Vice President of the University and Professor of Obstetrics and Gynecology, discussed FGM from the medical perspective; Sheikh Sayed Abdel-Aziz presented the religious viewpoint; and Ms. Islam Atef from the National Council for Women addressed the legal aspects of the issue.

Awareness Seminar on “The Medical, Religious, and Legal Perspectives of Female Genital Mutilation (FGM)”

Target Group: Medical Students and Medical Interns

Date: Tuesday, 10 December 2024

Number: 37

Place: Conference Hall Faculty of Medicine

Objectives: The seminar, held as part of the “Taquet Nour 2” project activities, included several lectures addressing FGM from different perspectives.

Main Topics:

Prof. Mahmoud Abdel-Aleem, Vice President of the University and Professor of Obstetrics and Gynecology, discussed FGM from the medical perspective; Sheikh Sayed Abdel-Aziz presented the religious viewpoint; and Ms. Islam Atef from the National Council for Women addressed the legal aspects of the issue.

Summary:

The Community Service and Environmental Development Sector at the Faculty of Medicine, Assiut University, in cooperation with the Egyptian Society for Scientific Researchers in Assiut and Plan International Egypt, organized an awareness seminar on Tuesday, December 10, under the patronage of Prof. Ahmed El-Minshawy, President of Assiut University; Prof. Mahmoud Abdel-Aleem, Vice President for Community Service and Environmental Development Affairs; Prof. Alaa Attia, Dean of the Faculty of Medicine and Chairman of the University Hospitals Board; and Prof. Hoda Makhoul, Vice Dean for Community Service and Environmental Development.

The seminar, held as part of the “Taquet Nour 2” project activities, included several lectures addressing FGM from different perspectives.

Prof. Mahmoud Abdel-Aleem, Vice President of the University and Professor of Obstetrics and Gynecology, discussed FGM from the medical perspective; Sheikh Sayed Abdel-Aziz presented the religious viewpoint; and Ms. Islam Atef from the National Council for Women addressed the legal aspects of the issue.





Youth Health Center- Assiut University

Assiut University's Youth Health Center (YHC) serves as a vital cornerstone for wellness, health education, and medical care, directly supporting the academic success and inclusion of the entire university community.

Core Functions & Medical Services

- **Preventive & Comprehensive Care:** Focuses on early diagnosis, comprehensive health screenings, and timely medical interventions to prevent chronic and reproductive health issues.
- **Target Audience:** Services are broadly accessible to all members of the Assiut University community, including **students, faculty, and staff**.
- **Integrated Network:** Coordinated through the Faculty of Medicine, the Faculty of Medicine Youth Care Unit, and the Students Hospital to provide direct pathways to specialized medical care and emergency services.

Awareness & Education Initiatives

- **Educational Health Days:** Hosts high-turnout campus awareness events designed to enhance health literacy, encourage healthy lifestyles, and promote mental and physical well-being.
- **Resource Development:** Collaborated closely with the university's community service division to develop updated, specialized health-counseling materials.
- **Targeted Screening:** Runs active campaigns with a dedicated focus on reproductive health education, sexual health counseling, and general early-detection screenings.

Inclusion & Health Empowerment

- **Students of Determination:** Actively supports the inclusion and health empowerment of students with disabilities.
- **Empowerment Programs:** Conducts specialized workshops, tailored sports activities, and arts programs designed to foster community, physical health, and well-being for all student demographics.

Educational Workshop & Health Awareness Day

- **Date:** Tuesday, December 2, 2025
- **Organized By:** Youth Health Center, Faculty of Medicine, Assiut University
- **Venue:** Smart International School, New Assiut
- **Target Audience:** Faculty members, teaching assistants, administrative staff, and students
- **Under the Auspices of:**
 - **Prof. Dr. Ahmed El-Minshawy** – President of Assiut University
 - **Prof. Dr. Alaa Attia** – Dean of the Faculty of Medicine & Chairman of University Hospitals Board
 - **Prof. Dr. Hoda Makhoulf** – Vice Dean for Community Service and Environmental Affairs
- **Supervision & Medical Team:**
 - **Prof. Dr. Ikram Mohamed Abdel-Khaleq** – Head of Public Health Department
 - **Prof. Dr. Medhat El-Araby** – Professor of Public Health & Director of the Youth Health Center
 - **Prof. Dr. Osama El-Asheer** – Professor of Pediatrics
 - **Dr. Maryam Roshdy El-Khayat** – Public Health Department

Core Activities & Clinical Screenings

- **Awareness Seminar:** Delivered interactive education on malnutrition, stunting, obesity, balanced meal planning, and boosting immunity while cautioning against fast food and carbonated beverages.
- **Body Composition Testing (InBody):** Evaluated students' body fat percentage, water content, protein levels, muscle mass, and personal daily caloric needs.
- **Staff Health Screenings:** Conducted random blood glucose testing for teachers and administrative staff.

Key Recommendations & Public Health Action Plan

- **Nutritional Guidance:** Prioritize vegetables, fruits, and natural antioxidants to mitigate cancer risks while minimizing processed foods, saturated fats, and carbonated drinks.
- **Physical Fitness:** Encourage at least 30 minutes of regular daily physical activity.
- **Preventative Screenings:** Build an institutional culture around regular check-ups and early cancer detection.

- **Psychological & Lifestyle Health:** Conduct awareness sessions on mental health's role in immune resistance and host joint lifestyle workshops with the South Egypt Cancer Institute.
- **Campus & Community Campaigns:** Advance "Smoke-Free University" initiatives, support voluntary cancer patient care, run targeted social media prevention campaigns, and sustain collaborative health days across faculties.



The 8th Environmental Community Day: Health Risks of Sports Performance-Enhancing Drugs (PEDs)

Event Overview

The 8th Environmental Community Day at the Faculty of Medicine, Assiut University, reflects the university's commitment to its social and educational responsibilities and its dedication to confronting health threats facing young people—specifically the misuse of performance-enhancing drugs (PEDs). The event brought together university leadership, prominent academics, and health specialists to deliver comprehensive scientific content aimed at raising health awareness, correcting misconceptions surrounding steroids and dietary supplements, and advancing sustainable development goals in line with the university's community service mission.

Event Details

- **Date:** Tuesday, December 9, 2025
- **Target Audience:** Faculty members, teaching assistants, staff, and students at Smart International School – New Assiut

Leadership, Organization & Participants

Under the Auspices of:

- **Prof. Dr. Ahmed El-Minshawy** – President of Assiut University
- **Prof. Dr. Alaa Attia** – Dean of the Faculty of Medicine and Chairman of the Board of Directors of University Hospitals
- **Prof. Dr. Hoda Makhoulf** – Vice Dean of the Faculty of Medicine for Community Service and Environmental Development Affairs

Organization & Supervision:

- **Prof. Dr. Medhat El-Araby** – Professor of Public Health and Rapporteur of the 8th Environmental Community Day

Key Speakers & Presenters:

- **Prof. Dr. Osama El-Asheer** – Professor of Pediatrics
- **Dr. Maryam Roshdy El-Khayyat** – Department of Public Health

Attendees & Guests:

- **Prof. Dr. Mohamed El-Adawy** – Vice President of Assiut University for Community Service and Environmental Development Affairs

- **Prof. Dr. Mohamed Abdel Rahman** – Vice Dean of the Faculty of Medicine for Education and Student Affairs
- **Prof. Dr. Khaled Abdel Aziz** – Director of the Main Hospital
- Elite professors from the Faculty of Medicine
- Faculty members from the Faculty of Physical Education

Key Topics & Session Highlights

- **Health & Social Risks:** Delivered awareness sessions on the societal and physiological risks of athletic performance-enhancing drugs.
- **Organ Systems Impact:** Analyzed the adverse effects of hormones and anabolic steroids on human organs and systems.
- **Media Deception:** Exposed misleading promotional campaigns and unverified claims about PEDs across social media platforms.
- **Ethics & Safety:** Examined the medical, ethical, and legal boundaries regarding supplement usage and athletic performance enhancement.
- **Detection & Analysis:** Presented lab testing protocols and detection mechanisms established at Assiut University Hospitals.

Key Recommendations

1. **Public Awareness:** Expand community-wide educational campaigns addressing the long-term biological risks of athletic PEDs.
2. **Digital Oversight:** Enforce stricter regulations and media monitoring against unscientific PED promotion online.
3. **Safe Athletics:** Encourage natural athletic growth centered on scientific training regimens and balanced nutritional plans.
4. **Institutional Outreach:** Fund and deploy targeted health education programs across schools and universities.
5. **Evidence-Based Guidance:** Publish verified medical guidelines to help the public distinguish safe dietary supplements from hazardous substances.
6. **Program Continuity:** Maintain regular community health days to foster a proactive culture of preventive care.





A new health day at the Youth Center headquarters at the Faculty of Medicine, Assiut University

As part of promoting health awareness and care for the university community, the Youth Health Center—affiliated with the Department of Public Health at the Faculty of Medicine, Assiut University—organized a health and educational day targeting staff members and students today, Sunday, September 28, at the center's headquarters. "During the event, and in collaboration with a team of faculty members, assistant lecturers, and teaching assistants from the department, blood sugar levels (HbA1c and random) were measured, and body composition analysis (percentages of fat, muscle, water, and protein) was performed using an InBody device. In addition, health guidance and essential instructions for disease prevention were provided.



Specialized Health Day – Clinical Nutrition Diploma Participants

Date: Tuesday, 26 December 2024

Venue: Youth Health Center – Faculty of Medicine

As part of the Clinical Nutrition Diploma, this day focused on practical education and health assessment. Approximately **50 participants**, including doctors and academic staff from various departments, attended the event.

Services and Activities:

- Blood hemoglobin and random sugar testing.
- Body composition analysis (BIA).
- Nutritional and metabolic assessments.
- Personalized dietary recommendations for anemia, obesity, and malnutrition.

Results:

Participants gained practical insights into clinical nutrition assessment and expressed appreciation for the interactive learning format.

5- Health Awareness Event – Faculty of Law

Raising awareness about malnutrition, obesity, and chronic diseases..

Date: Sunday, 13 November 2024

Venue: Faculty of Law, Assiut University

Extending beyond the medical campus, the Youth Health Center organized an awareness and screening day at the **Faculty of Law**, engaging around **320 attendees** from faculty staff and diploma participants.

Under the Patronage of:

- **Prof. Dr. Ahmed El-Minshawy** – President of Assiut University
- **Prof. Dr. Mahmoud Abdel-Aleem** – Vice President for Community Service and Environmental Development
- **Prof. Dr. Alaa Attia** – Dean of the Faculty of Medicine and Chairman of University Hospitals Board
- **Prof. Dr. Hoda Makhoul** – Vice Dean of the Faculty of Medicine for Community Service and Environmental Development

Supervised by:

- **Prof. Dr. Ekram Mohamed Abdel-Khaleq** – Head of Public Health
- **Prof. Dr. Medhat El-Araby** – Director, Youth Health Center

Activities:

- Measurement of hemoglobin and random blood sugar levels.
- Full body composition analysis (fat, water, protein, minerals, muscle mass).
- Screening for obesity, anemia, and malnutrition.
- Distribution of brochures and verbal counseling to promote preventive care.

Outcome:

The collaboration between the Faculties of Medicine and Law demonstrated the success of interdisciplinary health initiatives and reinforced the university's role in advancing community wellness.

II. Practical Training for the Clinical Nutrition Diploma

Date: Monday, 9 December 2024

Venue: Youth Health Center – Faculty of Medicine

In alignment with the Faculty's commitment to enhancing experiential learning, the Youth Health Center organized a practical training session for **Clinical Nutrition Diploma** students.

Supervision:

- **Prof. Dr. Medhat El-Araby** – Director, Youth Health Center
- **Prof. Dr. Mariam Roshdy** – Professor of Public Health
- **Dr. Ekram Abdel-Khaleq** – Head of the Department of Public Health

With the participation of Assistant Lecturers:

- **Dr. Zeinab Galal Eldin** – *Assistant Lecturer of Public Health and Clinical Nutrition Specialist*
- **Dr. Samar Abdel Mohsen** – *Assistant Lecturer of Public Health and Clinical Nutrition Specialist*

Objectives:

- Strengthen the practical and clinical skills of students in therapeutic nutrition.
- Train on body composition assessment and interpretation using **BIA technology**.
- Address common nutritional disorders (obesity, underweight, anemia).
- Enhance counseling and communication skills with patients.

Achievements:

- Bridged the gap between theoretical and applied knowledge.
- Empowered diploma students with professional-level evaluation skills.
- Received excellent feedback from both students and supervisors.



Activities of clinical Nutrition Unit and outpatient Nutrition Clinic in Assiut University Children's Hospital



The Assiut University Children's Hospital is the first specialized pediatric hospital in Upper Egypt, serving as a vital medical, educational, and research hub for the region since its foundational planning in 1992. Spanning a massive footprint of 7,000 square meters across five floors, the facility features a capacity of over 700 beds and operates directly opposite the main university campus. It is uniquely structured to provide high-volume, specialized healthcare, managing tens of thousands of complex pediatric cases annually through dedicated units for neonatology, emergency intensive care, pediatric surgeries, and chronic disease management.

Beyond its essential role in clinical care, the hospital operates a triple-fold mission that heavily integrates medical training and scientific research. It serves as the primary training ground for medical residents and fellows specializing in advanced pediatric disciplines, while actively utilizing clinical data to lower regional infant mortality rates. To manage its massive daily influx of patients efficiently, the hospital utilizes modern digital infrastructure, including a dedicated Outpatient Clinic Reservation Portal that helps streamline patient scheduling and significantly reduce waiting times for families across Upper Egypt.

Key Performance Indicators & Clinical Service Volume

- **Inpatient Admissions & Care:** Provided specialized nutritional support and long-term care plans for approximately 286 patients presenting with severe malnutrition (under-nutrition and obesity) due to primary causes (caloric deficits, formula preparation errors) or secondary medical conditions (congenital heart disease, renal disease, cerebral palsy, food allergies, brain tumors).
- **Outpatient Consultations:** Registered approximately 3,870 outpatient visits at the Nutrition Clinic for medical screening, growth monitoring, and therapeutic formula dispensing.
- **Therapeutic Formula Distribution:** Distributed approximately 25,000 cans of specialized medical milk formulas free of charge in partnership with the Ministry of Health (MOH).
- **Inpatient TPN Compounding:** Formulated and dispensed approximately 11,000 Total Parenteral Nutrition (TPN) bags under direct unit supervision for critical care units, particularly the PICU and NICU at Assiut University Children's Hospital.

- **Body Composition Analysis:** Executed Bioelectrical Impedance Analysis (BIA) assessments for approximately 1,000 patient cases.

2. Specialized Clinical Programs & Interdisciplinary Interventions

- **Pediatric Epilepsy (Ketogenic Diet):** Implemented and supervised Ketogenic Diet therapy for children with drug-resistant epilepsy at the Genetic Counselling Center in Assiut.
- **Genetic Disorders & Metabolic Care:** Partnered with the MOH to manage and dispense specialized therapeutic formulas for genetic disorders and malnutrition at the Genetic Counselling Center.
- **Pediatric Surgery Support:** Provided tailored clinical nutrition for complex post-surgical cases, including Short Bowel Syndrome, ileostomy, colostomy, and major GI surgeries.
- **Gastrostomy Tube Care:** Supervised post-insertion nutritional management and long-term follow-up for pediatric patients receiving feeding gastrostomy tubes.
- **Multidisciplinary Obesity Care:** Collaborated with Plastic Surgery, Psychiatry, and Sports Medicine departments in managing complex obesity cases requiring post-bariatric procedures.
- **Specialized Bakery Monitoring:** Maintained quality monitoring and oversight of the gluten-free bakery utilizing alternative starches (rice and potato flour) for celiac and allergy patients.

3. Medical Education, Clinical Training & Fellowships

- **Resident Physician Training:** Delivered Continuing Medical Education (CME) sessions and a structured monthly lecture series on clinical nutrition principles for resident doctors.
- **Pediatric Fellowship Rotations:** Supervised clinical training for 19 trainees from the Egyptian Fellowship of Pediatrics during their clinical nutrition rotations.
- **Clinical Pharmacy Education:** Conducted CME workshops and conference sessions on TPN and intravenous fluid (IVF) preparation for clinical pharmacists.
- **Academic Instruction:** Delivered lectures and clinical examinations for the Postgraduate Nutritional Diploma, the Faculty of Pharmacy, and Postgraduate Pharmacy Diplomas at Assiut University.

4. Academic Research, Thesis Supervision & Curriculum Design

- **Cross-Faculty Research Supervision:** Co-supervised and registered Master's and PhD theses across multiple faculties:
 - **Faculty of Physical Education:** Sports nutrition research.
 - **Faculty of Pharmacy:** TPN compounding stability and preparation protocols.
 - **Faculty of Early Childhood Education:** Child health nutrition programs.

- **Oncology Institute:** Specialized nutritional protocols for pediatric cancer patients.
- **Curriculum Development:** Designed a dedicated pediatric nutrition curriculum for children with special needs at the Faculty of Early Childhood Education.
- **Conference Participation:** Represented the unit in international clinical nutrition conferences inside and outside Egypt.

5. National Health Policy, Strategic Collaborations & Public Outreach

- **National Policy Guidelines:** Contributed to formulating Egyptian Clinical Nutrition Guidelines for the Supreme Council of Egyptian Universities and the Comprehensive Health Insurance System.
- **National Health Initiatives:** Partnered with the Comprehensive Health Insurance System on the national Obesity Treatment Initiative.
- **Community Education & Breastfeeding Awareness:** Conducted Arabic-language nutrition awareness lectures in primary schools across Assiut and participated in World Breastfeeding Week with the Health Insurance Department.







Community Service and Awareness Activities by the Faculty of Nursing, Assiut University

Environmental Safety in Critical Care Units and Emergency Medications

- **Date:** December 27, 2025
- **Speaker Name:** Asst. Prof. Naglaa Ahmed Ahmed Mohamed El-Rashidy
- **Instructor Title:** Assistant Professor of Critical Care and Emergency Nursing
- **Target Audience:** Faculty of Nursing Interns
- **Number of Attendees:** 29 male and female students

Objectives:

1. Discuss the latest updates and developments in environmental safety within critical care units.
2. Discuss treatment protocols and emergency medications.
3. Provide recommendations emphasizing the importance of patient safety in intensive care units.





Child Abuse and Its Impact on Society

- **Target Audience:** Faculty of Nursing employees
- **Number of Beneficiaries:** 25 employees from the Faculty of Nursing, Assiut University
- **Location:** Measurement and Evaluation Unit, Laboratories Building, Faculty of Nursing
- **Date:** September 30, 2025
- **Time:** 10:00 AM

Speakers:

- Asst. Lect. Shaimaa Ahmed Abdel-Samie (Assistant Lecturer, Psychiatric and Mental Health Nursing Department)
- Asst. Lect. Mahmoud Antar Mohamed Khalil (Assistant Lecturer, Psychiatric and Mental Health Nursing Department)

Seminar Coordinator:

- Prof. Dr. Nadia Ibrahim Sayed (Professor of Psychiatric and Mental Health Nursing)

Objectives:

1. Define the concept of child abuse.
2. Identify the types and forms of child abuse.
3. Explain the psychological impact of abuse on the child and society.
4. Highlight the psychological role in supporting the child and family.
5. Clarify the role of society in reducing child abuse.

Recommendations:

1. Conduct more seminars addressing proper child-rearing and healthy treatment of children.
2. Hold counseling sessions for staff regarding parenting challenges and childhood psychological issues.



First Aid During Crises and Disasters

Date: February 23, 2025 – February 24, 2025

Location: University Administration Building

Speakers:

- **Mohamed Abdel-Moheymen Ahmed:** Assistant Lecturer, Critical Care and Emergency Nursing Department
- **Aya Kamal:** Assistant Lecturer, Nursing Administration Department
- **Gihad Abdel-Maged:** Assistant Lecturer, Medical-Surgical Nursing Department
- **Hazem Tarraf:** Assistant Lecturer, Medical-Surgical Nursing Department
- **Reham Ahmed Kamal:** Assistant Lecturer, Family and Community Health Nursing Department
- **Aya Salah El-Din:** Clinical Instructor, Critical Care and Emergency Nursing Department, Faculty of Nursing
- **Samah Ashraf:** Assistant Lecturer, Family and Community Health Nursing Department
- **Mahmoud Fathy:** Assistant Lecturer, Medical-Surgical Nursing Department, Faculty of Nursing

Target Audience: Assiut University Employees

Number of Attendees: 68

General Objective:

To provide employees with essential first aid knowledge and procedures during crises and disasters.

Specific Objectives:

- **Defining First Aid:** Clarifying the concept of first aid and its crucial role in saving lives during emergencies and disasters.
- **Teaching Basic Skills:** Training participants on essential first aid techniques, such as artificial respiration (CPR), bleeding control, fracture immobilization, and other vital skills.
- **Increasing Awareness of Injury Types & Emergencies:** Understanding common injuries that occur during natural disasters or accidents, such as burns, wounds, fainting, and fractures.
- **Enhancing Emergency Response Capabilities:** Educating participants on how to act quickly and effectively through structured steps to administer first aid prior to the arrival of medical teams.
- **Emphasizing Personal Safety:** Highlighting the importance of self-protection while administering first aid in hazardous environments, such as during disasters or wars.
- **Encouraging Teamwork & Collaboration:** Motivating participants to coordinate effectively with rescue and paramedic teams for optimal emergency response outcomes.
- **Promoting Community Awareness:** Fostering an understanding of the societal value of first aid and how individual and group efforts complement each other in emergency scenarios.





he fourth-year students have conducted awareness classes for girls' students entitled (reproductive health and nutrition) for a number of girls at preparatory schools in Assiut Governorate

- **Lecturer:** The fourth-year students with the staff
- **Target group:** girls' students at preparatory schools in Assiut Governorate
- **Number of attendees:** 30 students
- **Date:** 9/4/2025
- **Place:** Preparatory schools in Assiut Governorate

Objectives:

1. Educating girls about reproductive health and its importance
2. Elements of nutrition
3. Importance of balanced diet
4. Malnutrition and its effect on reproductive health





Campaign for Hepatitis B Vaccination – Faculty of Nursing

In cooperation with the Infection Control Department at Assiut University Hospital, the Faculty of Nursing launched a Hepatitis B vaccination campaign targeting nursing students and students of the Technical Nursing Institute.

Duration: Starting Sunday, September 29, for three months (Sundays to Tuesdays).

Number of participants: Technical Institute of Nursing (1050 students), Faculty of nursing (500)

Supervisors:

- Dr. Amal Abdel Shafy – Director, Medical Clinic, Faculty of Nursing
- Dr. Asmaa Mohamed Abdel Aziz – Director, Infection Control Unit, Assiut University Hospital
- **Location:** Medical Clinic – Faculty of Nursing

The campaign was inaugurated by **Dr. Ihab Abdel-Radi Thabet**, Deputy Director of the Infection Control Center at Assiut University Hospital, and **Dr. Amani Mehran**.

Students were urged to receive the vaccine promptly to ensure their safety and the safety of others — emphasizing that **prevention is better than cure**.













Assiut University Faculty of Nursing Organizes Awareness Seminar: "Proper Nutrition for Building a Healthy Body"

In line with Assiut University's role in community service and environmental development, and under the patronage of:

Prof. Dr. Ahmed El-Minshawy – President of Assiut University

Prof. Dr. Mohamed Ahmed Ali Adawy – Vice President for Community Service and Environmental Development

Prof. Dr. Fatima Rushdy – Dean of the Faculty of Nursing

Prof. Dr. Nahed Shawkat – Vice Dean of the Faculty of Nursing for Community Service and Environmental Development

The Faculty of Nursing at Assiut University organized an awareness seminar titled "**Proper Nutrition for Building a Healthy Body**", in cooperation with the Directorate of Education.

Seminar Details

Speaker: Dr. Walaa Hassan – Lecturer in Family and Community Health Nursing, Faculty of Nursing, Assiut University (under the supervision of Prof. Dr. Nahed Shawkat).

Date: April 21, 2026

Target Audience & Attendance: 38 female students from the University Preparatory School for Girls.

Key Topics Covered:

Principles of balanced nutrition for adolescent girls.

The impact of unhealthy eating habits on general health and proper growth.

Definition of proper nutrition.

The six essential types of nutrients.

Signs and symptoms of anemia.

Identifying iron-rich foods.

Introduction to Body Mass Index (BMI), how to calculate it, and its health risk indicators.

Complications and symptoms associated with being overweight.

Conclusion & Discussion:

At the end of the seminar, an open discussion was held with the students to answer their questions, emphasizing the importance of psychological support and continuous communication with adolescents to ensure their psychological, behavioral, and physical well-being.

School Supervision:

Ms. Abeer Hassan Masoud – Head of the Planning and Project Support Unit

Ms. Fatima Hommam – School Principal

Mr. Ali El-Ashwal – Vice Principal



Assiut University Faculty of Nursing Organizes Awareness Seminar: "Awareness on Breast Cancer Detection Methods"

In line with Assiut University's role in community service and environmental development, and under the patronage of:

- **Prof. Dr. Ahmed El-Minshawy** – President of Assiut University
- **Prof. Dr. Mohamed Ahmed Ali Adawy** – Vice President for Community Service and Environmental Development
- **Prof. Dr. Fatima Rushdy** – Dean of the Faculty of Nursing
- **Prof. Dr. Nahed Shawkat** – Vice Dean of the Faculty of Nursing for Community Service and Environmental Development

The Faculty of Nursing at Assiut University organized an awareness seminar titled "**Awareness on Breast Cancer Detection Methods**", in cooperation with the Directorate of Education.

Seminar Details

- **Speaker:** Dr. Aya Mostafa Mohamed – Lecturer in Maternal and Newborn Health Nursing, Faculty of Nursing, Assiut University (under the supervision of Prof. Dr. Nahed Shawkat).
- **Date:** April 21, 2025
- **Target Audience & Attendance:** 42 female students from the University Preparatory School for Girls.

Key Topics Covered:

1. The importance of early detection of breast cancer.
2. Steps for breast self-examination suitable for this age group.
3. The role of awareness in reducing incidence rates and potential complications.
4. Recognizing normal breast shape and characteristics to identify any changes early.

School Supervision:

- **Ms. Abeer Hassan Masoud** – Head of the Planning and Project Support Unit
- **Ms. Fatima Hommam** – School Principal
- **Mr. Ali El-Ashwal** – Vice Principal



"The Most Dangerous Behavioral Problems Among Adolescents"

In line with Assiut University's role in community service and environmental development, and under the patronage of:

- **Prof. Dr. Ahmed El-Minshawy** – President of Assiut University
- **Prof. Dr. Mohamed Ahmed Ali Adawy** – Vice President for Community Service and Environmental Development
- **Prof. Dr. Fatima Rushdy** – Dean of the Faculty of Nursing
- **Prof. Dr. Nahed Shawkat** – Vice Dean of the Faculty of Nursing for Community Service and Environmental Development

The Faculty of Nursing at Assiut University organized an awareness seminar titled **"The Most Dangerous Behavioral Problems Among Adolescents"**, in cooperation with the Directorate of Education.

Seminar Details

- **Speaker:** Dr. Reham Ahmed Kamel – Assistant Lecturer in Community Health Nursing, Faculty of Nursing, Assiut University (under the supervision of Prof. Dr. Nahed Shawkat).
- **Date:** December 24, 2025

Key Topics Covered:

1. Definition of the adolescent stage and its defining characteristics.
2. Prominent behavioral challenges facing female students in this age group and proper strategies to address and overcome them.
3. Unhealthy habits adolescents may resort to—such as excessive consumption of stimulant/caffeinated beverages and painkillers—detailing their negative impacts on cognitive awareness, physical health, and long-term well-being.
4. The importance of personal hygiene and healthy practices in boosting bodily energy, maintaining health, and supporting overall daily performance.

Conclusion & Discussion:

At the end of the seminar, an open discussion was held with the students to answer their questions, emphasizing the crucial role of psychological support and continuous communication with adolescents to ensure their psychological, behavioral, and physical health.

School Supervision:

- **Ms. Abeer Hassan Masoud** – Head of the Planning and Project Support Unit
- **Ms. Fatima Hommam** – School Principal
- **Mr. Ali El-Ashwal** – Vice Principal



Healthy Nutrition and Fasting

- **Speaker:** Prof. Dr. Medhat El-Araby – Professor of Public Health, Faculty of Medicine, Assiut University
- **Date & Location:** Wednesday, March 4, 2025, at the Conference Hall, Laboratories Building
- **Target Audience:** Faculty members, teaching assistants, students, administrative staff, and college employees
- **Number of Participants:** 148 attendees

Key Discussion Points:

- **Iftar Guidelines:** Break the fast with something light, such as warm soup, followed by prayer (~2 hours), before consuming the main meal consisting of a protein portion, salad, and a side of rice.
- **Suhoor Guidelines:** Focus on fruits, yogurt, and fresh vegetables to maintain stamina and hydration throughout the day.
- **Interactive Session:** The seminar featured active discussions between Prof. Dr. Medhat El-Araby and the audience, addressing various questions and covering the latest updates in nutritional science.

Seminar Goal:

To educate both healthy individuals and patients on proper nutritional practices during fasting.

Key Recommendations & Fasting Guidelines:

Proper nutrition during fasting—especially during Ramadan—is essential for sustaining energy, increasing endurance, and ensuring the body receives required nutrients between Iftar and Suhoor:

1. **Balanced Macronutrients**
2. **Proper Hydration**
3. **Fiber-Rich Foods**
4. **Limiting Heavy & Processed Foods**
5. **Suhoor Meal**
6. **Iftar Meal**
7. **Rest and Sleep**



Diabetes and Well-Being

Under the patronage of:

- **Prof. Dr. Ahmed El-Minshawy** – President of Assiut University
- **Prof. Dr. Mohamed Ahmed Ali Adawy** – Vice President for Community Service and Environmental Development

Under the supervision of:

- **Prof. Dr. Fatima Rushdy Mohamed** – Dean of the Faculty of Nursing
- **Prof. Dr. Nahed Shawkat Abou El-Majd** – Vice Dean of the Faculty of Nursing for Community Service and Environmental Development
- **Prof. Dr. Magda Ahmed Mohamed** – Head of the Medical-Surgical Nursing Department
- **Prof. Dr. Hikmat Ibrahim Abdel-Kareem** – Head of the Pediatric Nursing Department

Event Details

- **Theme:** "Diabetes and Well-being: Know More, Act More for Diabetes"
- **Date:** Thursday, November 7, 2025
- **Organizers:** Medical-Surgical Nursing Department, in cooperation with the Pediatric Nursing Department and the Community Service and Environmental Development Sector.

Overview

The Scientific Day was held in celebration of World Diabetes Day as part of the Faculty of Nursing's active role in advancing public health awareness and supporting health-focused community initiatives.








تحت رعاية

أ.د/محمد احمد على عدوى

نائب رئيس الجامعة لشؤون خدمه المجتمع وتنمية البيئة

أ.د/ناهد شوكت أبو المجد

وكيل الكلية لشؤون خدمة المجتمع وتنمية البيئة

أ.د/أحمد المنشاوي

رئيس جامعة اسيوط

أ.د/فاطمة رشدي محمد

عميد كلية التمريض

بالتزامن مع اليوم العالمي لمرضي السكري ينشرف قطاع خدمه المجتمع وتنمية البيئة بالتعاون مع قسم التمريض الباطني والجراحي و قسم
تمريض الأطفال - كلية التمريض - جامعة اسيوط بدعوة سيادتكم للاحتفال باليوم العالمي لمرضي السكري تحت عنوان



اليوم
العالمي
للمرضى
السكري

داء السكري والرفاهية

اعرف أكثر و افعل أكثر من أجل السكري

أ.د/حكمت إبراهيم محمد

رئيس قسم تمريض الأطفال

أ.د/ماجده احمد محمد

رئيس قسم التمريض
الباطنى والجراحي



27-11-2025



9:00 A.M

- قاعة المناقشات

مبنى الصاعل



First Aid and Emergency Care" at the Faculty of Sugar Industry Technology

Seminar Details

- **Speaker:** Dr. Naglaa Ahmed Ahmed El-Rashidy – Associate Professor, Faculty of Nursing, Assiut University
- **Date:** Thursday, November 6, 2025
- **Target Audience:** Students of the Faculty of Sugar Industry Technology
- **Number of Attendees:** 52 male and female students
- **Primary Objective:** To promote public health awareness and educate students on proper emergency response techniques.

Key Topics Covered:

1. Protocols for handling medical emergencies effectively.
2. Essential techniques for rapid first aid administration.
3. Awareness of healthy dietary habits and nutrition.
4. Identifying and correcting common harmful daily behaviors.

Conclusion & Event Highlights:

The seminar featured distinguished attendance and active participation from students, demonstrating a strong interest in health awareness. The organizers extended sincere appreciation to the lecturer and event coordinators for a successful session.





Participation in the Presidential Initiative for Early Detection of Breast Cancer

A team from the **Faculty of Nursing, Assiut University** participated in the early detection campaign for **breast tumors** under the presidential initiatives from **October 27 to October 31, 2024**.

Trainers:

- Dr. Amal Abdel Shafy Mohamed
- Dr. Asmaa Abdel Hakim Antar

Date: Monday, October 28, 2024

Time: 9:00 AM

Location: New Trauma Hospital and Women's Health Hospital

Number of participants: 120 cases

During the event, **health education** was provided to administrative staff, nurses, and nursing assistants about **breast cancer**, including **breast self-examination (BSE)**, its **importance**, **risk factors**, and **stages of the disease**. Practical training was given on how to perform breast self-examination. At the end of the awareness session, all participants' questions were addressed. Forms were completed and **clinical breast examinations** were performed for 120 women, among whom **35 suspected cases** were referred to the hospital for further investigations and treatment initiation for confirmed cases.





Sustainability-Related Activities Provided by the Faculty

- **Seminar: Respiratory Diseases**
- **Date:** October 29, 2024
- **Venue:** Huda Shaarawi Preparatory School for Girls
- **Organized by:** Faculty of Nursing – Department of Family and Community Health Nursing
- **Target group:** Female students at Huda Shaarawi Preparatory School for Girls
- **Lecturer:** Dr. Fatma Ragab and a group of fourth-year students
- **Number of participants:** 40 students

Topics covered:

- Common respiratory diseases
- Causes and symptoms
- Modes of Transmission
- Prevention methods

Objective: To increase students' awareness of respiratory diseases and methods of prevention.

Seminar: First Aid

- **Date:** October 31, 2024
 - **Venue:** Huda Shaarawi Preparatory School for Girls
 - **Organized by:** Faculty of Nursing – Department of Family and Community Health Nursing
 - **Target group:** Female students (attendance: 300 students, 50 in every session)
- Lecturer:** Dr. Shaimaa Wardany – Assistant Professor of Public Health Nursing

Topics covered:

- Importance of first aid
- Fractures, wounds, fainting, shock, and nosebleeds
- **Objective:** To raise students' awareness of first aid importance and basic skills.

Seminar: Personal and menstrual Hygiene

- **Date:** November 5, 2024
- **Venue:** Al-Nahda Preparatory School for Girls
- **Organized by:** Faculty of Nursing – Department of Family and Community Health Nursing
- **Number of participants:** 100 students divided into 2 groups
- **Lecturer:** Dr. Marwa Mohamed and fourth-year nursing students
- **Objective:** To increase students' awareness about **personal hygiene and menstrual hygiene practices**.
- **Overview:** Faculty members and students visited the school and conducted an awareness session focusing on daily hygiene habits and menstrual hygiene education.

Seminar: Antenatal Care

- **Date:** From the start of November 2024 to the end of November 2024, with sessions held every Wednesday each week.
- **Venue:** Maternal and Child Health Care Center – Al-Walidia
- **Organized by:** Faculty of Nursing – Department of Family and Community Health Nursing
- **Number of participants:** 100 pregnant women
- **Lecturer:** Dr. Safaa Rabie and fourth-year students
- **Objective:** To raise pregnant women's awareness about the importance of regular antenatal checkups, balanced nutrition, and tetanus vaccination during pregnancy.
- **Overview:** The team delivered an educational session at the center, providing health guidance to pregnant women on safe pregnancy practices and preventive care.

Outlines:

1. Immunization

- Tetanus toxoid (TT) vaccination schedule

2. Nutrition and Weight Monitoring

- Balanced diet and appropriate weight gain

3. Health Education

- Personal hygiene
- Warning signs during pregnancy
- Birth preparedness and complication readiness
- Importance of rest and exercise
- Avoidance of harmful substances (smoking, alcohol, drugs)

5. Psychological and Social Support

- Addressing anxiety and emotional changes
- Family involvement and partner support

6. Danger Signs During Pregnancy

- Vaginal bleeding
- Severe headache, blurred vision
- Swelling of face or hands
- Decreased fetal movement
- Severe abdominal pain
- High fever

7. Preparation for Labor and Delivery

- Birth plan
- Selection of place of delivery
- Bag preparation for hospital
- Counseling on breastfeeding and newborn care

8. Postnatal Follow-up Planning

- Importance of follow-up after delivery
- Early detection of postpartum complications

Seminar: Breastfeeding and Vaccinations

- **Date:** From the start of November 2024 to the end of November 2024, with sessions held every Thursday each week
- **Venue:** Maternal and Child Health Care Center – Al-Walidia
- **Number of participants:** 150 women
- **Organized by:** Faculty of Nursing – Department of Family and Community Health Nursing
- **Lecturer:** Dr. Asmaa Abdel Hamid and fourth-year students
- **Objective:** To increase mothers' awareness about the importance and benefits of breastfeeding and the timely administration of child vaccinations.

Outline: Breastfeeding and Vaccinations

1. Introduction

2. Breastfeeding

- Definition
- Importance and benefits
- Techniques and positioning
- Common problems and management
- Complementary feeding

3. Vaccinations

- Definition and importance
- National immunization schedule
- Vaccine safety and side effects
- Relationship between breastfeeding and vaccination

Campaign for Hepatitis B Vaccination – Faculty of Nursing

Under the patronage of:

- **Prof. Ahmed El-Menshawy** – President of Assiut University
- **Prof. Mahmoud Abdel-Alim** – Vice President for Community Service and Environmental Development
- **Prof. Fatma Roshdy Mohamed** – Dean, Faculty of Nursing
- **Prof. Nahed Shawkat Abu El-Magd** – Vice Dean for Community Service

In cooperation with the Infection Control Department at Assiut University Hospital, the Faculty of Nursing launched a Hepatitis B vaccination campaign targeting nursing students and students at the Technical Nursing Institute. **Duration:** Starting Sunday, September 29, for three months (Sundays to Tuesdays).

Number of participants: Technical Institute of Nursing (1050 students), Faculty of nursing (500)

Supervisors:

- Dr. Amal Abdel Shafy – Director, Medical Clinic, Faculty of Nursing
- Dr. Asmaa Mohamed Abdel Aziz – Director, Infection Control Unit, Assiut University Hospital
- **Location:** Medical Clinic – Faculty of Nursing

The campaign was inaugurated by **Dr. Ihab Abdel-Radi Thabet**, Deputy Director of the Infection Control Center at Assiut University Hospital, and **Dr. Amani Mehran**.

Students were urged to receive the vaccine promptly to ensure their safety and the safety of others — emphasizing that **prevention is better than cure**.



























Community Service and Awareness Activities by the Faculty of Dentistry, Assiut University

As part of its ongoing commitment to serving the community and promoting oral health awareness, the Community Service and Environmental Development Sector at the Faculty of Dentistry, Assiut University, organized two major outreach activities this month.

Educational and Awareness Seminar: "The Social and Psychological Impacts of Bullying"

- **Organizing Entity:** Discrimination Monitoring Committee (Community Service & Environmental Development Sector)
- **Date of Execution:** Monday, December 22, 2025
- **Date of Documentation:** Tuesday, December 23, 2025
- **Target Beneficiaries:** Administrative Staff, Medical Personnel, and Academic Cadres
- **Sustainable Development Goals (SDGs) Alignment:**
 - **SDG 10 (Reduced Inequalities):** Anti-discrimination enforcement and institutional equity.
 - **SDG 16 (Peace, Justice, and Strong Institutions):** Safe, inclusive workplace environment and protection of human dignity.
 - **SDG 3 (Good Health and Well-Being):** Mental health protection and psychological workplace safety.

2. Leadership, Governance & Presenters

Organizational Role	Executive Name & Title
Under the Auspices of	Prof. Dr. Ahmed El-Minshawy – President of Assiut University
University Governance	Prof. Dr. Mohamed El-Adawy – Vice President for Community Service & Environmental Development Affairs
Faculty Governance	Prof. Dr. Safaa Tohamy – Dean of the Faculty
Sector Supervision	Prof. Dr. Mohamed Nahed Atiya – Vice Dean for Community Service & Environmental Development Affairs

Keynote Speaker	Prof. Dr. Amani Mohamed Sherif – Vice Dean, Faculty of Education for Community Service & Environmental Development Affairs
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3. Executive Narrative & Scope

The Discrimination Monitoring Committee—operating under the Community Service and Environmental Development Sector—executed an awareness seminar titled **"The Social and Psychological Impacts of Bullying."**

This seminar represents the third official educational activity implemented under the sector's approved annual plan for the **2025–2026 academic year**. The initiative addresses the negative societal and psychological ramifications of bullying, promotes human rights awareness, and enforces institutional anti-discrimination standards across all medical and administrative personnel.

4. Core Objectives & Operational Deliverables

- **Psychological & Social Impact Assessment:** Analyzing the negative reflections of bullying on workplace productivity, organizational climate, and individual mental health.
- **Institutional Discrimination Monitoring:** Re-affirming the monitoring mechanisms and confidential reporting channels provided by the Discrimination Monitoring Committee.
- **Awareness & Capacity Building:** Educating healthcare professionals and administrative personnel on recognizing, preventing, and addressing bullying and discriminatory practices.





Educational and Awareness Seminar: "Principles and Methods of Modern Clinical Nutrition and Their Impact on Oral and General Health"

- **Organizing Entity:** Community Service and Environmental Development Sector
- **Date of Execution:** Monday, November 17, 2025
- **Date of Documentation:** Tuesday, November 18, 2025
- **Target Beneficiaries:** Administrative Staff and Medical Personnel
- **Sustainable Development Goals (SDGs) Alignment:**
 - **SDG 3 (Good Health and Well-Being):** Promoting preventive care, clinical nutrition, and systemic/oral health awareness.
 - **SDG 4 (Quality Education):** Facilitating continuous professional development and health literacy across workplace cadres.

2. Leadership, Governance & Presenters

Organizational Role	Executive Name & Title
Under the Auspices of	Prof. Dr. Ahmed El-Minshawy – President of Assiut University
University Governance	Prof. Dr. Mohamed El-Adawy – Vice President for Community Service & Environmental Development Affairs
Faculty Governance	Prof. Dr. Safaa Tohamy – Dean of the Faculty
Sector Supervision	Prof. Dr. Mohamed Nahed Atiya – Vice Dean for Community Service & Environmental Development Affairs
Keynote Speaker	Dr. Noha Omar Sayed – Lecturer of Clinical Pathology and Consultant of Clinical Nutrition

3. Executive Narrative & Scope

On Monday, November 17, 2025, the Community Service and Environmental Development Sector convened the second educational and awareness seminar titled **"Principles and Methods of Modern Clinical Nutrition and Their Impact on Oral and General Health."**

Delivered by Dr. Noha Omar Sayed, this event forms part of an ongoing series of educational seminars organized under the sector's approved annual plan.

The initiative focuses on empowering university administrative and medical personnel with evidence-based dietary protocols to enhance preventive health, workplace wellness, and oral hygiene.

4. Core Objectives & Operational Deliverables

- **Clinical Nutrition Education:** Introducing modern, evidence-based methods and principles of therapeutic nutrition.

- **Oral & Systemic Health Correlation:** Examining the direct physiological impacts of dietary habits on oral health, disease prevention, and overall physical well-being.
- **Staff Health Literacy:** Elevating general health awareness among administrative cadres and healthcare workers to foster a healthy institutional culture.
- **Strategic Plan Execution:** Successfully fulfilling Requirement #2 of the annual community service and environmental development plan for the 2025–2026 academic cycle.



Faculty of Dentistry at Assiut University Organizes Awareness Day for Parents

- **Institution:** Faculty of Dentistry, Assiut University
- **Event Title:** Awareness Day for Parents of Children
- **Organizing / Participating Entity:** Department of Pediatric Dentistry
- **Speaker:** Dr. Hasnaa Mounes – Assistant Lecturer, Department of Pediatric Dentistry
- **Date:** November 3, 2025
- **Location:** Department of Pediatric Dentistry
- **Target Audience & Guests:** Parents of children attending the outpatient clinics at the Pediatric Dentistry Department
- **Number of Participants:** Over 30 attendees

Objectives

- Educate parents at the Pediatric Dentistry Department on the vital importance of maintaining primary (baby) teeth.
- Highlight the harmful consequences of premature tooth loss in children.
- Explain the negative impacts of early tooth loss on overall oral health, normal jaw growth and development, and speech articulation.

Alignment with Sustainable Development Goals (SDGs)

- Contributes to enhancing healthcare quality by elevating therapeutic, preventive, and educational services for patients.

Recommendations

- Increase the frequency and scope of health awareness seminars and educational sessions organized for patients and their families.





Awareness Day for Parents of Children – Faculty of Dentistry, Assiut University

Event Details

- **Event Title:** Awareness Day for Parents of Children
- **Speaker:** Dr. Yousra Helaly – Assistant Lecturer, Department of Pediatric Dentistry
- **Participating / Organizing Entity:** Department of Pediatric Dentistry
- **Target Audience & Guests:** Parents of children attending the outpatient clinics at the Department of Pediatric Dentistry
- **Location:** Department of Pediatric Dentistry
- **Date:** December 15, 2025
- **Number of Participants:** Over 30 attendees

Objectives

- Educate parents at the Department of Pediatric Dentistry on the importance of preventive measures to protect primary (baby) teeth from decay.
- Highlight the harmful effects of premature primary tooth loss.
- Explain the negative consequences of early tooth loss on oral health, normal jaw development and growth, and speech articulation.

Alignment with Sustainable Development Goals (SDGs)

(According to the Executive Plan of the Strategic Plan for the Community Service and Environmental Development Sector at Assiut University, 2024–2029)

- **Key Focus:** Improving healthcare services provided to the community.

Recommendations

- Increase the number and frequency of educational and awareness seminars organized for patients and their families.



Awareness Seminar: "First Aid" – Faculty of Medicine, Assiut University

- **Organizing / Participating Entity:** Community Service and Environmental Development Sector, Faculty of Medicine
- **Speakers:**
 - **Dr. Nagwa Mohamed Gamal:** Supervisor of the Community Service Training Center, Faculty of Medicine
 - **Assoc. Prof. Dr. Ghada Thabet Mohamed**
 - **Assoc. Prof. Dr. Fathia Rady Ahmed**
- **Distinguished Guests:**
 - **Prof. Dr. Hoda Ahmed Makhoul:** Vice Dean of the Faculty of Medicine for Community Service and Environmental Development
- **Target Audience:** Healthcare providers and administrative staff
- **Location:** Discussion Hall, 5th Floor
- **Date:** December 9, 2025
- **Number of Participants:** Over 50 attendees

Objectives

- Enhance employee efficiency and skills through educational seminars, training courses, and workshops.

Alignment with Sustainable Development Goals (SDGs)

- Elevates the efficiency of healthcare personnel to deliver therapeutic and educational services grounded in scientific principles.

Recommendations

- Organize additional awareness and educational lectures.





Assiut University Women's Association for Development

Assiut University serves as the primary sponsor and key partner supporting the Assiut University Women's Association for Development, facilitating and executing its various initiatives both within and beyond the university campus.

This partnership is formalized through joint cooperation protocols dating from 1998 to the present day, reflecting the university's continuous support and administrative facilitation. This collaboration exemplifies a successful model of integration between government institutions and the civil development sector, driving socio-economic progress across urban and rural communities in alignment with Egypt's Sustainable Development Goals (SDGs) particularly in child and women welfare, vocational training, rehabilitation, and employment.



Objectives of the Association According to Its Bylaws:

- **University Hospital Patient Services:** Providing health and support services to patients at university hospitals.
- **Youth & Graduate Empowerment:** Qualifying young graduates to establish and operate small business ventures.
- **Special Needs Care & Development:** Caring for and supporting individuals with mental, physical, and multiple disabilities.
- **Comprehensive Community Support:** Delivering social, health, educational, and economic care to the local community.
- **Student Career Development:** Organizing seminars and training workshops for students to open up future employment opportunities.
- **National Initiatives:** Contributing to national literacy campaigns and family planning programs across Assiut Governorate.
- **Regional Program Implementation:** Designing and executing cultural, health, and social initiatives tailored to the regional community.

Ongoing Projects, Target Groups, Geographic Scope, Budget, and Funding Entities – Assiut University Women's Association for Development (2025)

Project / Activity	Target Audience	Number of Beneficiaries	Geographic Scope
Special Education Center for Intellectual & Physical Disabilities	Children with intellectual disabilities	120 children	Assiut City
Rheumatism and Rehabilitation Center	Individuals with and without disabilities	~350 cases / month	Assiut City
Sensory Integration Unit	Children with intellectual disabilities	60 cases / year	Assiut Governorate
Montessori Unit	Children	75 cases / year	Assiut Governorate
Intellectual Education Class	Children with intellectual disabilities	10 children	Assiut Governorate
Nursery for Children with Disabilities	Children with disabilities	23 children	Assiut City
Capacity Building Project (Installment Sales of Durable Goods)	Employees inside & outside the association	60 individuals	Assiut Governorate
Loan Project for Persons with Disabilities & Staff	Persons with disabilities & association staff	117 individuals	Assiut Governorate
NGO Support for Rehabilitation of Intellectually Disabled in Rural Assiut	Children with intellectual disabilities	120 children	Assiut Governorate
Al-Manar Unit for Educational & Pedagogical Training & Consulting	University students/graduates & families of children with disabilities	450 beneficiaries	Assiut Governorate
Wage-Employment Opportunities Improvement Project	• Male & female Assiut University graduates • Special education NGOs/centers	• 150 graduates • 10 NGOs & centers	Assiut City & Center



Sensory Integration Unit

The Sensory Integration Unit represents the latest specialized service developed by the Association to support children with intellectual disabilities. Inaugurated in November 2015, the unit was established with funding from Plan International alongside donations from local benefactors.

The sensory integration room is equipped with advanced light and sound technology designed to treat sensory processing disorders in children with learning difficulties, Down syndrome, autism spectrum disorder, and neurotypical children experiencing sensory challenges (auditory, visual, olfactory, or tactile). Diagnoses and treatment plans are determined using standardized assessment tools and diagnostic scales.

Key Equipment & Devices:

- Water Curtain
- Speech Fan
- Medical Mattresses
- Medical / Exercise Ball
- Light Tunnel Device
- Black Light Device
- Laser Unit
- Sound System
- Bubble Column Device
- Soap Bubble Machine
- Therapeutic Swing
- Trampoline Device
- Rotator Device
- Fiber Optic / Vibration Device

Beneficiaries:

More than 63 children from the Special Education Center for Intellectual and Physical Disabilities affiliated with the Association benefit from the services provided by the Sensory Integration Room.



Montessori Unit

The Montessori Room represents one of the newly developed services introduced by the Association to support children with intellectual disabilities. The room is fully equipped with advanced educational tools across all core domains of the Montessori method:

- Practical Life Skills, Sensorial Development, Language, Mathematics, Culture, Science, Speech Therapy / Communication and Arts

This curriculum is designed to accommodate children across all developmental levels. It aims to cultivate essential personal traits that empower children to adapt, interact, and integrate effectively with their environment. Furthermore, it promotes positive behavior management and modification while imparting foundational life skills from an early age.

Target Audience:

This program serves neurotypical children, children with disabilities, and peers experiencing learning difficulties, slow learning, or academic delays.



NGO Support Project for Training and Rehabilitation of Persons with Intellectual Disabilities in Rural Assiut

General Objective

To train and rehabilitate children and youth with intellectual disabilities across rural villages in Assiut Governorate.

Background & Funding History

- **Established:** January 2003, initially launched with a grant of **EGP 6.5 million** funded by the **Egyptian-Swiss Development Fund**.
- **Initial Network:** Formed a network of 12 partner NGOs operating 12 special education classrooms and 12 rehabilitation workshops.
- **Endowment & Sustainability:** Following its initial success, the Egyptian-Swiss Development Fund provided an endowment fund (deposit) of **EGP 3.5 million** in 2010. Annual investment returns from this endowment continue to fund current project activities.
- **Current Operations:** Currently executing initiatives in active partnership with 8 rural NGOs.

Specific Objectives

- Train specialized technical personnel working with individuals with intellectual disabilities.
- Raise public community awareness regarding disability inclusion and support.
- Expand the institutional network of NGOs providing disability care across Assiut Governorate.
- Improve socio-economic and developmental conditions for intellectually disabled individuals (ages 6 to 18) and their families.

Core Activities & Services

- **Specialized Technical Guidance:** Specialists from the Special Education Center conduct monthly structured field visits to guide partner NGO teams in educational programming, psychological support, speech therapy, social work, physical education, arts, and vocational rehabilitation.
- **Social Integration & Recreation:** Organizing community trips, recreational events, and celebrations for disabled children in rural villages to foster social inclusion and recognize, support, and develop their talents.

- **Institutional Capacity Building:** Delivering technical and administrative training programs to enhance organizational performance, governance, and service quality across partner NGOs within the network.



Dar Al-Rahma Nursery for Children with Special Needs

Dar Al-Rahma Nursery operates as a specialized project under the Assiut University Women's Association for Development, providing services for children with intellectual disabilities aged 4 to 12 years, funded by the Ministry of Social Solidarity.

Facility Structure

- **Classroom Capacity:** Features 4 specialized classrooms, accommodating 7 to 8 children per classroom to ensure individualized care.

Core Objectives & Services

Rehabilitating and empowering children with special needs through:

1. **Early Intervention:** Designing and implementing comprehensive early intervention programs for young children.
2. **Targeted Assessment & Skill Development:** Evaluating and training children with diverse conditions—including cerebral palsy, autism spectrum disorder, Down syndrome, slow learning, and speech/language disorders—while developing tailored curricula to boost cognitive abilities and practical skills.
3. **Social Integration & Self-Reliance:** Enhancing children's functional capabilities to foster independence and enable integration into the broader community.
4. **Family Guidance & Counseling:** Raising awareness and providing psychological guidance to parents, assisting them in understanding, accepting, and effectively coping with disability.
5. **Continuous Family Communication:** Maintaining ongoing dialog with families to help resolve behavioral, developmental, and logistical challenges faced in caring for their child.



Youth & Graduate Employment Initiative in Special Education

In coordination with partner NGOs and specialized centers, the Assiut University Women's Association for Development established a structured framework to facilitate direct workforce entry for young male and female graduates following their completion of specialized special education training.

Implementation of Framework & Key Features

- **Targeted Skill Building:** Graduates complete specialized training programs in special education, equipping them with professional competencies to work effectively with children with special needs.
- **Formal Employment Agreements:** Formal employment contracts are established between the employer entities (partner NGOs, special education centers, and designated institutions) as the First Party and the trained youth as the Second Party.
- **Immediate Workforce Integration:** Trainees transition directly into active staff roles at partner locations upon fulfilling their training requirements.

Key Achievement

- **100 Formal Employment Contracts** signed for male and female graduates across various partner NGOs, special education centers, and host institutions.

