



Safe Woman Unit: Operational Report & Strategic Overview

Women's Health Hospital – Faculty of Medicine – Assiut University

Executive Summary & Core Mission

The Safe Woman Unit at the Women's Health Hospital, Faculty of Medicine, Assiut University, serves as a leading institutional model for integrated women's healthcare in Upper Egypt. The unit is dedicated to providing a safe, confidential environment where women receive comprehensive medical care, psychological and social support, and legal guidance, fully respecting individual rights, privacy, and personal autonomy.



Multidisciplinary Service Framework

The unit utilizes a multidisciplinary team approach to address health, psychological, and social needs in an integrated manner:

- **Clinical & Medical Care:** Thorough medical examinations, clinical management, and targeted interventions.
- **Psychological & Social Support:** Professional counseling, mental health care, and specialized support for cases involving violence against women.
- **Legal Guidance & Referral:** Legal orientation and structured referrals to specialized authorities and legal aid bodies when required.
- **Health Education & Prevention:** Organizing seminars, lectures, and distributing educational literature focused on women's health, reproductive rights, and preventive practices.

Practical Care Methodology: The LIVES Model

The unit embeds the international **LIVES** framework as its standard protocol for first-line support:

- **Listen:** Actively listening to the woman's story without judgment.
- **Inquire:** Assessing immediate health, physical, and emotional needs.



- **Validate:** Affirming her feelings, rights, and choices in a supportive environment.
- **Enhance:** Developing actionable steps to enhance personal safety.
- **Support:** Connecting her with appropriate clinical, legal, and community resources while maintaining strict confidentiality.

Capacity Building & Professional Training

To ensure sustainable, high-quality care, the unit prioritizes training for healthcare personnel and students:

- **Cadre Development:** Educating medical, nursing, and administrative staff on identifying vulnerable cases and delivering trauma-informed, humane care.
- **Academic Integration:** Hosting scientific days and educational workshops tailored for nursing and social work students.
- **Staff Education:** Conducting specialized internal awareness programs across Assiut University Hospital departments to strengthen interdisciplinary cooperation.

Strategic & International Partnerships

The unit maintains multi-sectoral alliances with national and international stakeholders:

- **National Organizations:** Continuous collaboration with the **National Council for Women (NCW)**, the **National Council for Childhood and Motherhood (NCCM)**, local civil society organizations, and judicial/legal entities.
- **International Agencies:** Strategic partnership, official delegation visits, and technical cooperation with the **United Nations Population Fund (UNFPA)** and the **Korea International Cooperation Agency (KOICA)**.



Key Achievements & Operational Metrics (2024–2025)

Metric / Activity	Volume	Context & Impact
Outpatient Consultations	556 Cases	Documented clinical, psychological, and social support visits to the clinic.
Health Education Workshops	35 Sessions	Structured sessions covering preventive health, reproductive care, and rights.
Outreach & Capacity Building	Continuous	Internal staff training, academic seminars, and community partnership initiatives.



Year	Quarter	Reporting Period	Clinic Attendances	Health Education Sessions
2024	Q1	January – March	100	5
2024	Q2	April – June	70	4
2024	Q3	July – September	50	4
2024	Q4	October – December	136	5
2025	Q1	January – March	60	4
2025	Q2	April – June	50	4
2025	Q3	July – September	30	4
2025	Q4	October – December	60	5
TOTAL		2024–2025	556	35

Quarterly Clinical & Health Education Activity Report

