

- 5- In 30 kilo child insulin infusion rate is about 0.5 to 3mL per hour.
- 6- Start with lower rate esp in young child , recent onset and pts with rapid declining glucose.
- 7- Required glucose reduction 2-5 mmol (35-90 mg).
- 8- Rapid reduction more than 100mg per hour can reduce insulin rate only if Improved acidosis,
- 9- Consider adding glucose 5 percent if blood glucose decline to 250 to 300 mg or even before if there is rapid reduction of glucose more than 100mg per hour to avoid brain edema.
- 10- You may increase glucose concentration to 10 or even 12.5 percent.
- 11- If blood glucose less than 100 mg give bolus of glucose 10 percent 2mL per kg.



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Notes to remember in DKA

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*** History:**

- 1- Thirst
- 2- Toilet
- 3- Tired
- 4- Thinner
- 5- Test

***Laboratory investigation:**

- 1- RBS is more than 200 mg >(11.1 mmol)
You can use glucometer while awaiting the result of serum blood glucose.
- 2- Urine ketones (moderate to large ketonemia) or ketonemia if bedside test available equal or more than 3 mmol

***Assessment:**

- 1- Airway.
- 2- Vital signs.
- 3- Level of consciousness.
- 4- Degree of dehydration.
 - a- **5 % dehydration**
 - CRT more than 2s.
 - Poor skin turgor.
 - Tachypnea.
 - b- **10 % dehydration**
 - Weak rapid pulse.
 - Non palpable peripheral pulsation.
 - Cold mottled extremities.
 - Oliguria.
 - Hypotension.
- 5- Weight of patient.
- 6- Collect urine in sterile urine bag (no need for cauterization unless critically ill).

***Lab assessments:**

1. RBS.
2. Serum electrolytes .
 - NA
 - K
 - Chloride
 - If available: Ca, Mg and phosphorus.

*** Calculate:-**

1- Calculate anion:-

- $\text{Na}-(\text{HCO}_3 + \text{CLV})$.
- Normally 12 mmol/L

2- Calculate corrected sodium:-

- $\text{Actual sodium} + 2(\text{glucose} - 100) / 100$.

3- Calculate effective osmolarity:-

- $2(\text{Na}) + \text{glucose} / 18$.
- Normally 275- 295 mosm per kg water.

***Goals of therapy:-**

- 1- Correct dehydration.
- 2- Reverse ketosis.
- 3- Correct acidosis.
- 4- Return glucose & osmolarity to near normal levels.
- 5- Identify and treat precipitating factors.
- 6- Avoid DKA complications.

*** Fluid therapy:-**

Very important to start with fluid before insulin to restore tissue perfusion, improve renal blood flow, correct acidosis and hyperglycemia.

*** Insulin therapy:-**

- 1- Should start at least one hour after fluids .
- 2- No direct bolus insulin IV in pediatrics.
- 3- Risk of hypovolemia, brain edema, hypokalemia.
- 4- 50 units of regular insulin added to 50 ml normal saline by infusion or syringe pump at a rate 0.05 to 0.1 units per kg .