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**Curriculum Vitae**

Personal Data:

**Name:** Mustafa Mohammed Hashem Sayed

**Birth Date**: October30, 1989.

***Nationality****: Egyptian.*

**Marital state**: Married .

***Address:*** *Department of Neurology and Psychiatry ,Faculty of Medicine, Assiut University Hospital, Assiut (zip code 71516), Egypt.*

***Telephone: Home****(+02)(088) 2053764 .*

***Cell phone****:(+2)01001197314.*

***E-mail****:mustafa21@aun.edu.eg*

*musafa.hashem21@gmail.com*

Medical licensure:

**Egyptian Medical Syndicate Registration No.:** 245252

**Professional license No.:** 248252

Current Occupation:

* ***Lecturer and Consultant of Neurology &Psychiatry.*** *Neurology and Psychiatry Department , Faculty of Medicine, Assiut University- Egypt .*
* ***Sleep medicine consultant at sleep medicine research unit, Assiut medical school, Assiut, Egypt.***

Academic records:

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| **September 2021** | **MD degree in Sleep medicine & psychiatry** from Assiut University signed up " Excellent". |
| **October2017** | **Master Degree in Neurology and Psychiatry** from Assiut University signed up " Very Good", with thesis titled (Analytical Study Of brain volume loss among multiple sclerosis patients in Assiut University Hospital 2017). |
| **Septmber2012** | **M.B.B.Ch. degree** in medicine & surgery from Assiut University, Faculty of medicine, signed up "excellentwithhonor". |
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Professional record:

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| **Currently:** | **Lecturer & consultant, department of Neurology and Psychiatry,Faculty of Medicine, Assiut University-Egypt.** |
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Duties(currently)

-Teaching clinical rounds and lectures to undergraduate 1st, 2nd,& 5th year medical students of Assiut University.

-Training of graduate students along the house officer- training program at our department.

-Assisting in the resident training program along the 3 years of residency.

-Assisting in the research program held at our department with colleagues and professors.

-24 hours on-call duties (three per week) in medical emergency unit; and in our department in Assiut University Hospital.

-Outpatient clinic of neurology &Psychiatry(general neurology, epilepsy, child neurology, headache, General Psychiatry, Addiction , Child Psychiatry, sleep medicine clinic ).

-Emergency neurology& Psychiatry department.

Clinical Experience:

**My Experience during Training in the Neurology department:**

-Diagnosing and Managing Neurological disorders and emergencies including: All forms of Coma, Acute onset Behavioral changes andCerebrovascular strokes.

-Developmental Disorders, headache, infectious diseases, Epilepsy, Degenerative Disorders and autoimmune disorders.

- All neurology ICU duties and emergency management.

- All Neurophysiology techniques and reports including nerve conduction studies and electromyogram and all evoked potentials.

-EEG interpretation.

-PSG interpretation.

**My experience during training in Psychiatry Department**

**and Emergency Unit:**

-Management of various forms of psychiatric emergencies including Aggressive, homicidal and suicidal patients, drug inducedemergencies.

-Diagnosing and managing Psychiatric disorders (from mild to severe) according to the DSM -5 criteria..

-Management of different psychiatric disorders in Child & Adolescents.

-Management of different psychiatric disorders in Geriatrics.

-Management of Addiction cases(Phamacological&CBT).

-Psychometric Lab.

-PICU.(Psychiatric Intensive Care Unit)

-Conducted Electro –convulsive –therapy in necessary cases.

-**Diagnosis and management of various sleep disorders in children and adolescent.**

**-Analysis and interpretation of polysomnographic reports.**

Membership of professional bodies/ conferences attended:

* **1st International Congress of Neuropsychiatry department ,Aswan University(2016)**
* **2nd Aswan International Congress of Interventional Neurology, Neurosonology&Clinical Neurophysiology.2018**
* **3rd Upper Egypt Neurosciences(UENS)2014.**
* **1st International Congress of Child & Adolescents Psychiatry, Mansoura University.2017**
* **10thKasr Al Ainy Annual International Psychiatry Congress .2017**
* **11thKasr Al Ainy Annual International Psychiatry Congress .2018**
* **14th International Psychiatry Congress, Institute of Psychiatry(Okasha Institute), Ain Shams University .2018**
* **15th International Psychiatry Congress, Institute of Psychiatry(Okasha Institute), Ain Shams University .2019**
* **1st International Psychiatry Congress, Institute of Psychiatry, Tanta University .2019**
* **16th  International Psychiatry Congress, Institute of Psychiatry(Okasha Institute), Ain Shams University .2021**

Conferences, workshops and training courses attended:

**Conferences and workshops:**

* **15th International Congress of Neuropsychiatry department ,Assiut University(2017)**
* **16th International Congress of Neuropsychiatry department ,Assiut University(2018)**
* **17th Cairo International Neurology Conference(CNC)2016**

**Workshops:**

* **Psychiatric Guidelines for practice in childhood &Adolescents.**
* **Child history taking &interviewing: Untold secrets.**
* **Update in management of Bipolar Disorders.**
* **Guidelines in management of acute cerebrovascular stroke.**
* **Modern trend in interventional Neurology.**
* **CBT & Relapse prevention in Addiction.**
* **Management of Anxiety disorders in Children & adolescents.**
* **Sleep disorders in Children & adolescents.**

**COURSES:**

* COURSE OF International PUBLISHING AND GRANT WRITING
* Basics of medical statistics.
* Advanced statistics.
* Basic Methodology.

**TRAINING PROGRAMS:**

* University administration
* Strategic planning
* How to complete for a research fund
* Effective presentation
* Quality standards in teaching
* Research ethics
* Credit hour system
* Research team management

Research participate and publishing:

* Analytical Study of Brain Volume Loss in Multiple Sclerosis patients in Assiut University Hospital. **( Master thesis)**
* Sleep patterns in children and adolescents with Attention Deficit Hyperactivity Disorder: Impact on Cognitive functions and Quality of life**.(MD thesis)**
* Evaluation of brain Volume loss in different clinical types of multiple sclerosis patient.https://www.researchgate.net/publication/337492990\_Evaluation\_of\_Brain\_Volume\_Loss\_in\_Different\_Clinical\_Types\_of\_Multiple\_Sclerosis\_Patients . Med. J. Cairo Univ., Vol. 86, No. 6, September: 3277-3284, 2018.
* Shorter rapid eye movement sleep duration in children with attention-deficit /hyperactivity disorder: The impact on quality of life. https://doi.org/10.1016/j.sleep.2021.07.034.
* Long term impact of COVID-19 on sleep and mental health.( <https://doi.org/10.1016/j.psychres.2021.114243>)
* Children Sleep Habits during Corona Virus Disease 2019 in Egypt: Their Knowledge and The Impact on Quality of life. (under publishing)

**Peer reviews:**

(Developmental Neuropsychology journal)

(Sleep behaviors in Gifted and non-Gifted children)

* **Publon Account:**

MH(Mustafa Mohammed Hashem).

* **My ORCID:**

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.**Dr. Mustafa Mohammed Hashem**

Lecturer and consultant of Neurology & psychiatry

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