#### CURRICULUM VITAE

HOWIEDA AHMED ABDEL- MOHIMEN FOULY

PhD, MSN, BSN

#### Associate professor of Obstetrics & Gynecology of Nursing

Address Department of Obstetrics & Gynecology of Nursing Faculty of Nursing, Assiut University Assiut, 71111 Egypt

Phone: 00201094987203/ +966538472739

Email: <u>foulyh@ksau-hs.edu.sa</u> <u>hoida.elfouly2@aun.edu.eg</u> <u>hoida\_elfouly@yahoo.com</u>

Website: <u>http://www.aun.edu.eg/membercv.php?M\_ID=3703</u>

#### **ACADEMIC AND PROFESSIONAL EDUCATION**

Institution and Location	Degree	Year	Field of Study
Assiut University, Assiut, Egypt.	Associate professor	2018	Maternity, Obgyn.Nursing
Assiut University, Assiut, Egypt.	PhD	2013	Maternity, Obgyn.Nursing
Assiut University, Asyut, Egypt	M.S.N.	2005	Maternity, Obgyn.Nursing
Assiut University, Asyut, Egypt	B.S.N.	1998	Nursing Sciences

# **Research, Teaching and Leadership Positions**

2017-present	Assistant professor of Maternity nursing, King Saud bin AbdulAziz University for Health
	Sciences, College of Nursing
2013-2017	Lecturer, of Maternity, Obstetrics & Gynecology of Nursing (Minor: Women's Health: Early Detection of Cervical Cancer) Faculty of Nursing, Assiut University, Egypt
2005-2013	Assistant Lecturer of Maternity, Obstetrics & Gynecology of Nursing Faculty of Nursing, Assiut University, Egypt
2009-2011	Visiting PhD student, Women's Health Dept. University of Pennsylvania, School of Nursing, Philadelphia, PA, USA. PhD
2002-2005	Clinical Instructor of, Obstetrics & Gynecology of Nursing, Faculty of Nursing, Assiut University, Egypt
	PROFESSIONAL EXPERIENCE
March, 2017	Post-Doctor Scholarship, Johns Hopkins University, School of Nursing, USA from March 22 <sup>nd</sup> 2017 to June, 30 <sup>th</sup> 2017.
2009-2011	Visitor scholarship, PhD student, University of Pennsylvania, School of Nursing, Philadelphia PA, USA
2009-2011	Research Assistant within research team focusing on adolescent HPV (Prof. Teitelman) Proficient in data entry into SPSS (software for data management) School of Nursing, UPENN. USA
2009-2011	Expert in data management of own cervical cancer screening data set. School of Nursing, University of Pennsylvania. USA
2005-2009	Assistant Lecturer of, Obstetrics & Gynecology of Nursing, Faculty of Nursing, Assiut University, Asyut. Egypt
2000-2002	Resident Nurse, Obstetrics & Gynecology Department, Assiut University, Hospital. Asyut. Egypt
1998-1999	Internship training nurse, Assiut University Hospital, Asyut, Egypt

### **CAREER OBJECTIVE**

My career objective is to promote the personal & professional growth by embarking on new and challenging assignments with an aim to utilize research and evidence to assist in the development and validation education and practice of maternity nursing.

# **PROFESSIONAL HONORS and MEMBERSHIPS**

2016- Present Active member In International Network for Doctoral Education in Nursing (INDEN)/ Faculty- Band 3. ID 94297225
2009- Present Active member In Sigma Theta Tau International, Honor Society of Nursing, and 013 XI Chapter. ID 0586425 University of Pennsylvania.
1999 - Present Nursing license of registered nurse #. 9924 Ministry of Health, Administration of Medical License.
1999- Present Active Member in Egyptian Nurses Syndicate affiliated International Council of Nurses (ICN) Active Member in Egyptian Nursing Association

# **AWARDS & RECOGNITIONS**

- Jan. 2020 Award plaque for active participation in the simulation workshop at Health specialties' conference at King Saud bin Abdul-Aziz University for health sciences- Jeddah.
- Jan. 2020 Recognition letter for mentoring two master theses at College of Nursing King Saud bin Abdul-Aziz University for health sciences- Jeddah.
- May.2019 Recognition letter for mentoring a master thesis at College of Nursing King Saud bin Abdul- Aziz University for health sciences- Jeddah.
- Jan. 2018 Recognition letter for mentoring two master theses at College of Nursing King Saud bin Abdul-Aziz University for health sciences- Jeddah.
- Sep. 2016 Postdoctoral Fellowship Award of the International in Nursing, selected as one of three recipients Sponsored jointly by INDEN and Sigma Theta Tau International, for the 2016-2017 year.

# PUBLIC ACADEMIC AND PROFESSIONAL ACTIVITIES

### Manuscript reviewer:

- Journal of Nursing Scholarship
- Clinical Nursing Research

# Editor

• Journal of Nursing Research and Practice.

### **PUBLICATIONS/PRESENTATIONS**

- Adwani N, Fouly H, Omer T. Assessing the Impact of Obesity on Pregnancy and Neonatal Outcomes among Saudi Women. Nursing Reports. 2021; 11(2):279-290. https://doi.org/10.3390/nursrep11020027
- Howieda A. Fouly<sup>1</sup>, Patricia M. Davidson<sup>2</sup>, Nicole Warren<sup>3</sup> (2019-2020). Evaluate of clinical learning environment of "Nursing the Childbearing Family" Course from the students' perspectives at Johns Hopkins School of nursing. (*In press*).
- Glenn, F.D., Arcalyd, R.C., Mehmet, K.O., Samira,O.,Cheryl,L.A., Muna,B. A., Howeida Fouly& Jonas, Cruz (January 2020) A Multi- country Perspectives on Social Networking Sites Utilization, Perceived Benefits & Potential for Improving Study Habits among Nursing Students. Available from: <u>https://www.researchgate.net/publication/338763256</u>. (*Preprint*).
- 4. Khalil AI, Fouly H, Elmowafy RI (2019). Locus of Control and Self-Efficacy Behaviors among Premarital Egyptian Women: Impact of Preconception Educational Interventions. J Nurs Health Stud Vol.4 No.1:5
- 5. **Howieda Fouly**<sup>1</sup>, Ahmed ER<sup>1\*</sup>, Hisham Abou Taleb<sup>2</sup> (2019). Efficacy of Training Program on Detection of Cervical Cancer using Visual Inspection with Acetic Acid by Nursesversus Clinicians. International Journal of Nursing Didactics, 9: (06) June (2019).
- 6. Youssria Elsayed Yousef, Salwa Ali Marzouk, Hameida Alam Eldien, Howieda Fouly, Neama Mohamed El Magrab, Safaa Rashad Mahmoud. Early Recognition of Endometriosis Depending on Severity of Dysmenorrhea among Adolescent Girls. *American Journal of Nursing Science*. Vol. 8, No. 4, 2019, pp. 197-205. doi: 10.11648/j.ajns.20190804.21
- \*Hameida Alam Eldien;\*Howieda Fouly; \*\*Salwa A. Marzouk \*\*\*Youssria El-sayed and \*\*\*\*Neama Mohamed El magrabi.The Effect of Preventive Guideline Program on Adolescent Female's Knowledge and Practice about Genital Tract Infection at Assiut City. ASNJ Vol.20 No. 1, 2018
- Howieda Fouly<sup>1</sup>, Ayat Masoud Omar<sup>2</sup>, and William F. McCool<sup>3</sup>.Strengths, weaknesses, opportunities and threats analysis of maternity nursing courses: Students' voices. J Nurs Res Pract Vol 2 (3) 1-8 September 2018.
- Jonas Preposi Cruz<sup>a</sup>,\*, Rhea Faye <sup>D</sup>. Felicilda-Reynaldo<sup>b</sup>, Simon Ching Lam<sup>c</sup>, Felipe Aliro Machuca Contrerasd,<sup>e</sup>, Helen Shaji John Cecily<sup>f</sup>, Ioanna V. Papathanasiou<sup>g</sup>, Howieda A. Fouly<sup>h</sup>, Simon Macharia Kamau<sup>i</sup>, Glenn Ford D. Valdez<sup>j</sup>, Kathryn A. Adamsk, Paolo C. Colet<sup>1</sup>. Quality of life of nursing students from nine countries: A cross-sectional study 2018. Nurse Education Today 66 (39) 135-142 <u>https://doi.org/10.1016/j.nedt.2018.04.016</u>
- **10. Howieda Fouly<sup>1</sup>**, Safaa Helmi<sup>1</sup>, Nora Zaki<sup>2</sup>. Habits followed among adolescents and their families toward treatment of Amenorrhea at puberty. J Nurs Res Pract Vol 2 No 2 June 2018.
- 11. Howieda Fouly<sup>1</sup>, Ragaa Herdan<sup>2</sup>, Dina Habib<sup>3</sup>, Chao Yeh<sup>4</sup>.Effectiveness of injecting lower dose subcutaneous sterile water versus saline to relief labor back pain: Randomized controlled trial. European Journal of Midwifery. Eur J Midwifery 2018;2 (March):3 <u>https://doi.org/10.18332/ejm/85793</u>
- Abeer A. Mohammed1, Howieda A. Fouly2, Ahmed M. Abbas3, Manal F. Mostafa4. Effect of Using the Paperless Partograph Versus the original Partograph on Labor Outcomes in Women's Health Hospital. Vol , (6) No , (13) April, 2018. Assiut Scientific Nursing Journal.

- 13. Adel Abdel-Wadood Gomaa, PhD,\* Nermeen M. Abdel Aziz, PhD,† Romany H. Thabet, PhD, Howieda A. Fouly, PhD,‡ Sara H. Altellawy, PhD,§ and Ghada A. Gomaa, MSc. |A Pilot Study of a Topical Intervention for Treatment of Female Sexual Dysfunction.(2018).Journal of Clinical Psychopharmacology 38 (1) 60-67.
- Howieda Fouly, PhD<sup>a,\*,</sup> Fayza Ahmed Abdou, PhD<sup>b</sup>, Ahmed M. Abbas, MD<sup>c</sup>, Ayat Masoud Omar, PhD<sup>d</sup>(2017)Audit for quality of care and fate of maternal critical cases at Women's Health Hospital (2018). Applied Nursing Research 39 175–181.
- 15. A. M. Darwish, H. A. Fouly, W. H. Saied & E. Farah. Lactoferrin plus health education versus total dose infusion (TDI) of low-molecular weight (LMW) iron dextran for treating iron deficiency anemia (IDA) in pregnancy: a randomized controlled trial. THE JOURNAL OF MATERNAL-FETAL & NEONATAL MEDICINE, Jan 2018. Doi=10.1080/14767058.2018.1429396.
- Howieda Fouly<sup>\*1</sup>, Safaa H. Mohamed<sup>2</sup>. Extend the Clinical Postpartum Care Knowledge of Internship Nurses. International Journal of Science and Research Methodology. Human Journals, Vol. 8 (1): 1-14. Nov. 2017
- 17. Eman Rashad Ahmad <sup>1</sup>\*, Lamia Amien<sup>2</sup>, Howieda Fouly.<sup>1</sup> Effect of Intervention Educational Program about Breast Cancer Preventive Measures on Assiut University Employees' Knowledge, Practices & Health Habits. International Journal of Nursing Didactics, 7: 07 July (2017).
- 18. Ahmed M. Abbas,<sup>1</sup> Shymaa S. Ali,<sup>1</sup> Mohammed K. Ali,<sup>1</sup> Howieda Fouly,<sup>2</sup> Ahmed Altraigey<sup>3</sup> .The maternal and neonatal outcomes of teenage pregnancy in a tertiary university hospital in Egypt. POG in Press. 2017 June; Article 2 [10 p.]. Available from: http://ir.uiowa.edu/pog\_in\_press/. Free full text article.
- Mohammed N. Salem, MD,<sup>1</sup> Mohamed N. Thabet, MD,<sup>2</sup> Howieda Fouly, PhD,<sup>3</sup> Ahmed M. Abbas, MD<sup>4</sup>. Factors affecting the occurrence of postpartum depression among puerperal women in Sohag city, Egypt. Proc Obstet Gynecol. 2017; 7(1): Article 4 [10p]. Available from: http://ir.uiowa.edu/pog/
- Faransa A. Ali, Howieda A. Fouly. 3- The Relationship of Mother's Age, Family Structure and Knowledge of Newborn Care. 1st International Conference Nursing Practices & Era Challenges, No. 3, 28-34. January 2017.
- 21. Zeinab A. Ali<sup>1</sup>, Howieda Fouly<sup>2</sup>, Amany A. Ahmed<sup>3</sup> & Ahmed I. Hassanin<sup>4</sup>. Effect of Oral Contraceptive on Women's Wellbeing and its Relation to Discontinuation. 1st International Conference Nursing Practices & Era Challenges, No 13, 120-128. January 2017
- 22. Nadia A. El-Hameed<sup>1</sup>, Zamzam, A. Ahmed<sup>2</sup>, Howieda Fouly<sup>1</sup> Ahmed Abbas<sup>1</sup>. (2016). Sociodemographic criteria and quality of life among pregnant women with anxiety prior to childbirth. IJRDO-Journal of Health Sciences and Nursing, 1 (12): 41-57. ISSN: 2456-298X.
- 23. **Howieda Fouly.** (2016). Improve Women's Health through Integration of Cervical Cancer Screening in Routine Gynecologic Care. Med Crave. MOJ Women's Health 2016, 2(2): 00027
- 24. Sabah Lotfy<sup>1</sup> Mohamed, Howieda Fouly<sup>2</sup>, Mohamed Lotfy Mohamed.<sup>3</sup> (2016).Comparative Study between Assiut and Zagazig Regarding Women Preferences for Mode of Delivery. IOSR Journal of Nursing and Health Science (IOSR-JNHS) e-ISSN: 2320–1959.p- ISSN: 2320–1940 (5), 3, Ver. V (May. Jun. 2016), PP 35-45. <u>www.iosrjournals.org</u>
- 25. Howieda Fouly<sup>1</sup>, Sabah Lotfy Mohamed<sup>2</sup>, Ahmed M. Abbas<sup>3</sup>. Factors Affecting Women's Perception about Mode of Childbirth based on different locality. IOSR Journal of Nursing and Health Science (IOSR-JNHS)e-ISSN: 2320–1959.p- ISSN: 2320–1940 (5), 3, Ver. III (May. Jun. 2016), PP 86-93

- 26. Atef M.Darwish1\*\* MD, PhD, Howieda Fouly1\* MSN, PhD, Sahar Naguib1\*, PhD Marilyn Stringer2\*\*, Dalal Eshra3\*\*\*, PhD, 4 Mohamed Galal4 PhD Double Test: A Simplified Alternative for Cervical Cancer Screening in Low Resource Countries. American Research Journal of Nursing (1), 2, June-2015 ISSN 2379-2922
- 27. Howieda Fouly, PhD. Expand the immediate clinical postnatal knowledge of internship nurses at Women's Health Hospital" OMICS International Conference series. 2015/11, Journal of Health Care: Volume2, Issue 5: 43 OMICS International Conferences 4th Global Summit on Health Care held on November 09-10 2015 Dubai, UAE [Abstract]
- 28. Howieda Fouly<sup>1</sup> and Shaimaa Gomaa<sup>2</sup> Exploring of Cervical Cancer's Knowledge among Female Nursing Students Based on Junior and Senior grades. IOSR Journal of Nursing and Health Science (IOSR- JNHS) e-ISSN: 2320–1959.p- ISSN: 2320–1940 (4), 2, Ver. II (Mar.-Apr.) 2015 PP 08-13. DOI: 10.9790/1959- 04220813.
- 27. **Howieda Fouly,** Marilyn Stringer, Atef Darwish , Dalal Eshra , Sahar Nagieb & Mohamed Galal (2013). Nursing's Role with cervical cancer screening in Upper Egypt. Assiut Scientific Nursing Journal, (1) June 2013. ISSN 2314-88
- 28. **Howieda Fouly,** William F. McCool, and Jaclyn Koucoi. (2012). Ancient Egyptian Women's Health Care in Relation to Modern Women's Health Care Practices: An Overview. INTERNATIONAL JOURNAL OF CHILDBIRTH 2(4), 269-276
- 29. Chenjuan Ma, **Howieda Fouly**, Jing Li, Patricia D'Antonio,(2011). The education of nurses in China and Egypt. Science Direct. NURS OUTLOOK 60 (2012) 127-13
- 30. Howieda Fouly <sup>a</sup>, Marilyn Stringer <sup>b</sup>, Atef Darwish <sup>c</sup>, Dalal Eshra <sup>c</sup>, Sahar Nagieb<sup>c</sup> & Mohamed Galal <sup>d</sup> (2012). The role of visual inspection of the cervix after acetic acid application (VIA) in screening of cervical lesions. (Abstract) at ICOWHI 19th International Congress. Women's Health 2012 Partnering for a Brighter Global Future. Thailand- Bangkok
- 31. Howieda Ahmed AbdeElmohimen\*, Ragaa Ali Abd-Rabou\*\*, Hany Abdel-Aleem Ali\*\*\* and Madiha Mohammed Tosson\*\*\*\*.Evaluation of Antenatal Care Services and Women's Perception in Assiut University Hospital.Ass.Univ.Bull.Environ.Res. (9)1, 2006

# PUBLISHED BOOKS

 The Role of Nursing in Early Detection of Cervical Cancer. Howieda Fouly, Marylin Stringer & Atef Darwish. ISSN 978-3-659-88350-7. LAP LAMBAERT Academic Publishing. Copyright © 2016 OmniScriptum GmbH & Co. KG

# SCIENTIFIC MENTORING ACTIVITIES

### Students' Research/Master Thesis monitoring

- 1. SP19/114/J Assess the Impact of Obesity on Pregnancy and Neonatal Outcomes among Saudi Women at King Abdulaziz Medical City, Western Region
- SP19/268/J "Describing the lived experiences of nurses and midwives regarding care provided for mothers and families during the fetal loss at King Abdulaziz Medical City, Western region (KAMC-WR)"
- 3. SP18/091/J "Assessing the effect of back massage on first stage labor pain and maternal birth satisfaction among women at King Abdulaziz Medical city WR "
- 4. SP18/165/J "Effect of warm compresses on the rate of perineal tear and pain intensity during second stage of labour, in king khaled bin abdulaziz Hospital, Jeddah."
- 5. SP18/131/J "Evaluating the Quality of Maternity Care and Women Satisfaction with Postnatal Care at King Khalid Hospital Jeddah"
- 6. SP18/ 092J "Assess the Effectiveness of using Kangaroo Mother Care on Reducing postpartum bleeding among laboring Women at Knig Abdulaziz Medical City"
- 7. SP18/063/J "Assessment of the urinary Incontinence among pregnant women and its influence on their quality of life at King Khaled Hospital-Jeddah
- 8. SP19/147/J "Assess The Knowledge of Maternity nurses and application of Policy regarding Ten Steps of successful breastfeeding at King Khaled Hospital.
- 9. Nursing role in application of nutritional guidelines during hyperemesis gravidarum and its effect on patients' outcomes. Manal M. Hassan, Howieda Fouly, and Manal F Mostafa.
- Effect of Oral Contraceptive on woman's wellbeing and its relation to discontinuation. Zeinab A. Ali<sup>1</sup>, Howieda Fouly<sup>2</sup>, Amany A. Ahmed<sup>3</sup> Ahmed I. Hassanin<sup>4</sup> .March 2017
- 11. Women's Adaptational Methods toward Transitional Menopausal Symptoms among Medical and Non-Medical personnel. Azza Ahmed Ali, Nabila Taha Ahmed, Howieda A. Fouly .May 2017
- 12. Effect of using the paperless partograph versus the original partograph on labor outcomes in Women's Health Hospital in Assiut University. Abeer A. Hasan<sup>1</sup>, Howieda Fouly<sup>2</sup>, Ahmed Abbas<sup>3</sup>, Manal F. Mostafa<sup>4</sup>. July 2017
- 13. Hyperemesis December 2017
- 14. Lactoferrin Versus Total Dose Infusion (TDI) For Treating iron deficiency anemia in pregnancy: Role of nursing. Atef Darwish\*, Howieda Fouly\*\* and Warda Helmy\*.

# INTERNATIONAL STUDIES AND RESEARCH COLLABORATION

- March, 2011 The Role of Nursing in Visual Inspection with Acetic Acid and Cervical cancer Screening " Presented at Egyptian Experience" Research Colloquium Center. School of Nursing. UPENN USA. March 24, 2011
- March, 2011 Lecture presentation "Pregnancy culture in Egypt. For 4<sup>th</sup> year undergraduate nursing students Birth Culture Course" presented at School of Nursing University of Pennsylvania March 14, 2011
- April, 2010 Created and presented poster presentation at ICOWHI conference (International women's Health conference)
- March, 2010 Pregnancy culture in Egypt. For 4<sup>th</sup> year undergraduate nursing Students Birth Culture Course at School of Nursing University of Pennsylvania. USA. March 15, 2010
- Feb., 2010 Developed and submitted abstract from Feb-March 2010on urban women and cervical cancer Screening in Egypt (sub sample).
- April, 2009 Lecture presentation Pregnancy culture in Egypt. For 4<sup>th</sup> year undergraduate nursing student's Birth Culture Course presented at School of Nursing UPENN. April 6<sup>th</sup>. 2009
- 2009-2011 Developing proficiency writing, referencing and citing scholarly paper with Dr. Marilynn Stringer (professor of Women's Heath) at Nursing school UPENN.

# ACTIVE PARTICIPATION AT NATIONAL & INTERNATIONAL CONGRESSES

- 2020 Active participation in a simulation workshop at the health specialties' conference at King Saud bib Abdul-Aziz University for Health Sciences- Jeddah in Jan, 29. 2020.
- 2019 Presentation titled "Effect of Family History of Breast Cancer on women Knowledge & application of early detection Practices." 3rd International Conference on Breast Cancer and Health Women" 31-30 May France, Nice 2019.
- 2018 Attendant NETNEP 2018 May 6-9 7th International Nurse Education Conference. Banff- Canada
- 2016 Presentation titled "Integrating of VIA in Routine Gynecologic Examination. Women's Health Hospital, Monthly Seminar of Obstetrics & Gynecology Department. Egypt.
- 2015 Presentation titled 'Expand the immediate clinical postnatal knowledge of internship nurses at Women's Health Hospital" OMICS International Conferenceseries.4<sup>th</sup> Global Summit on Health Care held on November 09-10 2015 Dubai, UAE
- 2015 Presentation titled" The Implications of Evolving Technology in Nursing Care "In 1<sup>st</sup> International Scientific Conference Faculty of Nursing Port Said University "Challenges and New Trends in Nursing"
- 2015 Presentation titled "Recent Technology in Obstetrics Field" On the 2<sup>nd</sup> scientific day of Obstetrics & Gynecology of Nursing Department. Faculty of Nursing, Assiut University, Egypt
- 2014 Poster presentation titled "New Trends in Nursing Education and Practice" April 6<sup>th</sup>-8<sup>th</sup> 2014 by Howieda Fouly, PhD & Shimaa Hassen PhD, Obstetrics & Gynecology of Nursing, Assiut University

Presented at International Conference at Faculty of Nursing, Helwan University. Egypt

- 2013 The Role of Nursing in Infertility "Global View" presented on March 25<sup>th</sup> by **Howieda Fouly** at Assiut University, Faculty of Nursing. Egypt
- 2013 Spread the culture of Quality among students. Presented on October 21st 2013 at Faculty of Nursing, Assiut University. Egypt
- 2012 The Role of VIA and Cervical Cancer Screening "Egyptian Experience" Presented at ICOWHI 19th International Congress November 13-16, 2012 Thailand -Bangkok. **Howieda Fouly**
- 2010 Nursing role with visual inspection with acetic acid as cervical cancer screening in upper Egypt urban women". Poster presented at international conference ICOWHI cities and Women's perspectives April 7-10, 2010, Howieda Fouly.
- 2015 Participated in the Scientific Activities of the conference as one attendee of "Medical Emergencies March, 19-20th March 2015 Assiut University, Egypt.
- 2014 Participated in the Scientific Activities of the conference "Fundamentals of Endocrine Disorders and Diabetes. April, Faculty of Medicine, Assiut University, Egypt.
- 2014 Attended & Participated in the 2nd scientific day of Community health nursing Dept. Nanotechnology and Nursing". April, Faculty of Nursing, Assiut University Egypt.
- 2012 Women's Health 2012 Partnering for a Brighter Global Future. ICOWHI 19th International Congress Nov., 14-16th Bangkok, Thailand.
- 2011 Egyptian Midwives, Nurses & Doctors: The Politics of Care & Treatment in Colonial Egypt Presented by Hibba Abugideiri, PhD Assistant Professor, April, UPENN, Philadelphia. US.
- 2011 The Elements and Practice of Entrepreneurism. Feb., Presented by Yvonne Patrison, PhD Assoc. Dean for Research, School of Nursing and Heather Steinman, PhD CTT. UPENN, USA.
- 2011 Bio behavioral Cardiovascular Research & Biobanki Jan. 26, Lorraine Frazier, PhD; Nancy B and Wilkerson Distinguished Professor University of Texas Health Science Center school of Nursing at Houston. School of Nursing, UPENN.
- 2011 Attended Center for Clinical and Translational Science (CTSA) Nurse Biobanking Think Tank" Conference. Jan. 25, PhD,UPENN, School of Medicine SON, UPENN. USA.
- 2011 The Difference between QI and Research. Presented by Yvonne K. Higgins, CIP Executive Director Human Research Protections, Jan. 19, SON, UPENN.
- 2010 Attended the Bates Nursing History Seminar: Title:"From Sacred to Secular, Local to Global: A Research Program for Examining Nursing and its History from a New PerspectiveDec. 8 Nursing school, University of Pennsylvania. USA.
- 2010 Botswana case study "nutrition transition in developing countries" by Charlene Compher PhD, RD, FADA, CNSP, ID. Sep. 29, Nursing school, UPENN. USA.
- 2009 PubMed central and NIH. Presented by Sherry Morgan, RN MLS., SON, UPENN Nov. 17th The Basics on Common Sleep Disorders "Tuesday, Dec. 02, UPENN, USA.

- 2009 Facilities and administration (indirect) costs on research projects. Nov. 11th Nursing School, UPENN
- 2009 Reducing agitation in an Italian- American elder with Dementia through individualized Music. Nov. 10, Online 1.6 contact hours, Sigma Theta Tau honor society of nursing USA.
- 2009 Integrated, Multi-disciplinary Translational Research across Disease Spectrum Using NCI Translational Research Working Group Nov. 10 SON, UPENN.USA.
- 2009 Promotion of healthy pregnancies and reduction of preterm births. Presented by Marilyn Stringer, PhD, WHNP- BC, RDMS, Nov. 04, Nursing School, UPENN, USA.
- 2009 Hiring student workers in payroll "presented by Jim Dorn, Payroll Manager. Oct. 21, UPENN School of Nursing USA.
- 2006 Visual Inspection with Acetic Acid (VIA) versus Colposcopy presented on November 29<sup>th</sup> 2006 the Basic Course Of Hysteroscopy & Colposcopy Level I EGYPT Howieda Fouly

#### **COMMUNITY WORKSHOP FACILITATION**

- Nov. 2019 Prepared and presented "Harmful effect of Obesity among children. 26 Nov. 2019. Bahrah Primary school
- Sep.2019 Prepared and participated in "Health Care Simulation Awareness Week 16-20 Sept. 2019 KSAU-HS
- Sep. 2019 Prepared and presented "Presentation Skills workshop Sept. 2019 CON-J. KSAU-HS
- Feb. 2019 Prepared and presented "Interns Orientation workshop" Feb. 2019 /CON-J. KSAU-HS
- Mar. 2019 Prepared and participated in activities of "Gulf Nursing Day" March 13 2019 CON-J. KSAU-HS
- Jan. 2018 Prepared and presented "Research Process Workshop Jan. 17th 2018. CON-J. KSAU-HS

Oct.2018 Prepared and participated in "Breast Cancer Day workshop Oct. 10 2018. PHC Bahrah Jeddah. Nov. 2018 Prepared and participated in "1000 Days of life". Nov. 2018 PHC Bahrah, Jeddah.

### PROFESSIONAL TRAINING WORKSHOPS

- Oct. 30 2019 Enhancement workshop "Audience Response Systems" Oct. 30 2019 CON-J KSAU-HS
- Oct.21.2019 Enhancement workshop "One Drive" 21 Oct. 2019 College of Nursing. KSAU-HS
- Mar. 12 2019 Enhancement workshop "Item Writing Workshop" March, 12 2019 CON-J- KSAU-HS
- Feb. 26 2019 Enhancement workshop "Instrument Development and Testing "Feb. 26, 2019. CON-J
- Jan. 17 2019 Enhancement workshop "Program Evaluation Workshop" Jan. 17 2019, COM\_J KSAU-HS
- Jan. 22 2019 Enhancement workshop "Randomized Controls Trial" Jan 22 2019. COM-J. KSAU-HS
- Nov. 8 2018 Enhancement workshop "Writing MCQ" Nov. 8 2018 COM-J. KSAU-HS

Sep. 24 2018	Enhancement workshop" Sample Size Calculation" Sep. 24 2018. COM-J. KSAU-HS
May 6-9 2018	Attended Workshop1: Introduction to writing for publication: the journal article. At
	NETNEP 2018 7th International Nurse Education Conference. Banff- Canada
March 9, 2015	Training workshop "Communication and Rhetorical Techniques" Trainer Sonja Drewes. DAAD Kairo Egypt from 9:00 am to 6:00 pm March 9th
March10, 2015	Training Workshop "Dealing with Change" Trainer Prof. Sonja Drewes. March 10th DAAD Kairo Egypt
March11, 2015	Training workshop "Leading in Times of Change" Trainer Sonja Drewes. March 11th DAAD Kairo Egypt
May 2014	Proposal and Project management from $18^{th} - 20^{th}$ for 18 hours Presented by Prof. DAAD Akademi. National Center for Research. Cairo, Egypt
May-Nov. 2014	From Research to Practice: Training Course in Sexual and Reproductive Health Research The Geneva Foundation for Medical Education and Research. WHO Collaborating Center in Education and Research in Human Reproduction
Feb. 2014	Training program of "Research Team Management" from 15-17 <sup>th</sup> 15 hours. Assiut University. Egypt
Jan 18, 2014	The training program "Time and Conference Management" from 18 <sup>th</sup> - 20 <sup>th</sup> 15 hours Assiut University. Egypt.
April, 2011	Comprehensive Colposcopy for the Women's Health Practitioners: A State of the Art Course in Cervical & Lower Genital Tract Pathology. College of Nursing& Health Professions. From 14-17April. Drexel University. Philadelphia PA. USA.
Feb 24, 2010	From Assignments to References: Staying on Top of Your Reading" WIC, Van Pelt- Dietrich Library Center. UPENN, USA.
July 6-10, 2009	Leadership, Education and Policy project participants (LEAP). Washington. DC, USA
Nov. 2006	Training on Visual Inspection with Acetic Acid (VIA) and Colposcopy 29-30 November The Basic Course of Hysteroscopy & Colposcopy Level I, Woman Health Hospital, Assiut University EGYPT.

# POST- DOCTOR SCHOLARSHIP ACTIVITIES. JOHNS HOPKINS UNIVERSITY SCHOOL OF NURSING

August 26, 2017	Complete Elsevier publishing Campus activity "Make Career in Research"
March 24, 2017:	Attending Research Retreat, Dean, Davidson, Johns Hopkins School of Nursing
March 29, 2017:	Statistical Methods to Handle Confounding, Nancy A. Perrin, PhD the Office for Science and Innovation (OSI). School of Nursing, Johns Hopkins University. USA
April 6 2017:	Healthy People, Healthy Ecosystems. The Consortium of Universities for Global Health's (CUGH) eighth annual Global Health Conference. Washington, DC " Pre-conference activity". USA.
April 5, 2017:	Impacting Employed Family Caregiver Outcomes: Bridging Behavior & Policy Research. Dr. Jiayun Xu, PhD, RN.
April 5, 2017:	Building a Culture of Health: The Philadelphia Story. Donald F. Schwartz, MD, MPH, MBA,Vice President of the Robert Wood Johnson Foundation (RWJF). At Bloomberg School of Public Health, Johns Hopkins University. USA
April 12, 2017:	Hypertension Genomics in Black Families: A tale of 3 studies and counting. Jacquelyn Y. Taylor. PhD, PNP-BC, RN, FAHA, FAAN Yale University, Johns Hopkins University.USA.
April 20 2017:	Predictive Modeling, Biostatistics and Methods Core in the OSI. SON/JHU. USA
April 21, 2017:	The Impact of Climate Change on Global Health: A Chilean Perspective. Marcelo Mena- Carrasco, the Minister of Environment for the Republic of Chile. Johns Hopkins School of Nursing. USA
April 27, 2017:	Nurse Leadership Development Seminar with University of Malta Students and Faculty. SON/JHU. USA
April 26, 2017:	Research Honors Program Poster Session School of Nursing, JHU, USA
April 26, 2017:	Simulation for Advanced Practice Nursing Education. Kristen Brown, CRNP, CRNP-AC. SON/JHU. USA
April, 25, 2017:	Nu Beta Chapter 25th Anniversary Celebration Lunch. School of Nursing/JHU. USA
May 1 2017:	Attending conference: The Role of the Birthing Community in improving U.S. Maternity Care. A tatia Oden French Memorial Foundation Event. Kaiser Family Foundation. Washington DC. USA
May 5 2017:	Attending Seminar Rad-AID "Radiology Serving the world. " To increase and improve Radiology in poor developing countries" SON/JHU.USA
May 6-12 2017:	National Nurses Week. School of Nursing, Johns Hopkins University .USA
May 8 2017:	Monthly Palliative Care Discussion Series. Rebecca Wright PhD, RN. School of Nursing,

May 15 2017:	JHU. USA. Attending conference: International Nurses Day. Nursing education in Latin America and the Caribbean. Pan American Health Organization (PAHO) Regional office for the Americas WHO. USA.
May 18 2017:	Secondary Data Analysis. The Office for Science and Innovation (OSI). SON/JHU.USA.
May 22, 2017:	Social relationships and health: Does perceived neighborhood quality play a role? Paula Nersesian, MPH, RN SON/JHU.USA
June 1 2017:	Attending Clinical training on Quantitative sensory testing" QST" Bayview. Medical center Johns Hopkins University, USA
June 8th 2017:	Research! America – Effective Techniques for Communicating Your Science to the Non-Scientist.SON. JHU, USA.
June 8, 2017:	End of year Faculty & Staff Recognition Ceremony and Reception, SON, JHU, USA.
June 14 2017:	Online Seminar: Taming the Opioid Epidemic: The Role of Naloxone Prescribing Presenters: Suzanne Amato Nesbit, PharmD, Clinical Pharmacy Specialist – Pain Management; Juliana Zschoche, PharmD, Clinical Pharmacy Specialist – Emergency Medicine, USA.
June 21, 2017:	Best Practices for Research Data Management and Sharing. The Office for Science and Innovation (OSI) SON/JHU, USA.
June 22, 2017:	Weekly International Visiting Scholar Meeting with Dr. Sara Szanton Discussion of Gerontology research, SON/JHU, USA.

### **INTERNATIONAL COURSES TAKEN**

#### 1. Formal Coursework within School of Nursing

- May, 2009 Research Methodology course, Dr. Polomono
- June, 2009 Master's level Well Women Theory course and associate clinical Learning labs
- Sep., 2009 Master's level Antepartum Theory course and associated clinical learning labs
- Nov., 2009 Master's level Intrapartum Course and associated clinical learning labs
- Dec., 2009 Observational Preceptorial in colposcopy by NP 'Cara" Hospital of University of Pennsylvania.

# 2. Online Courses

- Jan., 2015Applying Cervical Cancer Screening Guidelines to Clinical Practice. Offered by The<br/>Association of Reproductive Health Professionals 4 hours
- July 2013The Evidence-Based Management of PostpartumHaemorrhage. Oxford Maternal and<br/>Perinatal Health Institute, the Geneva Foundation for Medical Education and Research<br/>(WHO Collaborating Center in Education and Research in Human Reproduction

May – Nov.2012	From Research to Practice: Training Course in Sexual and Reproductive Health Research The Geneva Foundation for Medical Education and Research, WHO Collaborating Center in Education and Research in Human Reproduction
May- Nov. 2012	From Research to Practice: Training Course in Sexual and Reproductive Health Research (undertook the optional block on Adolescent Sexual and Reproductive Health, completed the assignments for all six modules in the block adequately
Aug., 2010	Certificate for Participation in THE GLOBAL VOICES FOR MATERNAL HEALTH SURVEY Online participation. August 24th 2010. University of Oxford

### Sigma Theta Tau Online Education (CNE Credit hours)

April 2017	Online course: "Scholarship of Research" Continuing education CNE awarded 1.9 hours .
Nov. 10, 2009	HIV aging –HIV/AIDS issues in the aging population. Online 1.6 contact hrs
	Sigma theta tau honor society of nursing.
April 22 <sup>nd</sup> , 2009	Coaching in nursing workbook", on line 1.6 contact hrs. Sigma Theta Tau International
-	Honor society of nursing.

#### COURSES TAUGHT

#### King Saud bin Abdulaziz University for Health Sciences. KSA

Undergraduate: Woman and Newborn Health Nurs.419 (Theory) 2018-2019 Woman and Newborn Health Nurs.419 Practicum, 2018-2019 Woman and Newborn Health Nurs.419 (Theory, 2017-2019 Woman and Newborn Health Nurs.419 Practicum, 2017-2019

Post graduate: Midwifery level IV .Well Woman Health Care (lectures) Nurs 618. 2018-19 Midwifery Practicum I Nurs 512 2017-2019 Midwifery Practicum III: Labor Nurs 612 2017-2019 Advanced Health Assessment Nurs 514 (Theory) & Simulation Lab 2017-2019

#### Assiut University, Egypt

 Undergraduate: Clinical Practicum III, III, Obstetrics & Gynecology, 2011-2017
 Nursing I Seminar, III, Obstetrics & Gynecology, 2009-2017
 Graduate: Clinical training for internship student September, 2009-2017
 Post graduate: 2<sup>nd</sup> part Master Curriculum (Obstetric & Gynecology of Nursing) 1<sup>st</sup> Part MSN (Teaching methods & Research methods) Curriculum

#### **PROFFESIONAL ACTIVITY AT FACULTY OF NURSING**

2018-2019	Course coordinator of Nurs 512 master midwifery nursing level 1 course King Saud bin
	Abdulaziz University for health scienc
2018-2019	Course coordinator of Nurs 514 master midwifery nursing level 1 course King Saud bin
	Abdulaziz University for health science
2017-2018	Course coordinator of Nurs 419 course King Saud bin Abdulaziz University for health science
2017-2018	Course coordinator of Nurs 419 course King Saud bin Abdulaziz University for health science
2017-2018	Course coordinator of Nurs 617 Midwifery Care IV: Postpartum

- Aug. 2016 Coordinator of Master/Obstetric & Gynecologic Nursing course
- Aug. 2014-16 Reviewer of course specification/report for Master course (Obgyn)
- Aug. 2015-16 Reviewer of course specification/report for Master course (Obgyn)
- March 2014-16 Member of the Committee for the Welfare of excellent students academically and practically
- Feb 2014-17 Member in the Measurement & Evaluation Center of Students. Faculty of Nursing, Assiut University
- Jan 2014-16 Member in QAAP project for faculty accreditation at Faculty of Nursing, Assiut University
- Jan 2014-16 Member in Strategic educational planning. Faculty of Nursing, Assiut University
- Jan 2014-16 A Scientific Leader for group of 30 students at 2<sup>nd</sup> year at Faculty of Nursing, Assiut Univers

#### SOCIAL & VOLUNTEERING ACTIVITIES

- April 1, 2010 Dean Afaf Meleis evening conversation. In an attempt to accommodate most class schedules. Philadelphia PA USA
- Jan. 07, 2010 University community to celebrate Ben Franklin"s 304th Birthday at a Founder"s Day Symposium: Forbidden Knowledge: Art, Science, & Censorship.
- May 17, 2009 Attend Dean Afaf I. Meleis invitation at her home for a reception in honor of esteemed Graduation Speaker, Beverly L. Malone, PhD, RN, FAAN Chief Executive Officer, National League for Nursing. UPENN, USA
- Dec. 13, 2009 Attend Dean Afaf Meleis invitation to her annual Holiday Open House, Philadelphia,
- Dec. 10, 2009 Winter Carnival. Fagin Hall Third Floor. School of Nursing, UPENN.
- Oct.22nd 2009 Evening"s at the Dean"s home, Dr. Patricia Benner, s discussion Thriving During Your Dissertation Research. The Beginning of the Rest of Your Life
- May 21st,2009 Twelfth Annual Spirituality Research Symposium. Keynote speaker is Dr. Harold Koenig MD MHSc, *Founding Co-Director of Duke's Center for Spirituality, Theology and Health.* Claire Fagin Auditorium. SON, UPENN. USA