

C.V



Rasha Abdel Harse Amin Ahmed

Personal Data:

Name: **Rasha Abdel Harse Amin Ahmed**

Date and place of birth: 22-12- 1991. Assiut,Egypt.

Nationality: Egyptian.

Address: Psychiatric Nursing Department, Faculty of Nursing,
Assiut University, Assiut- Manfalout.

Religion: Muslim

Present address: Assiut University, Assiut.

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Languages:

- **Mother language:** Arabic
- **Foreign languages:** English

Present Position:

Assistant lecturer of Psychiatric and mental health nursing department, Faculty of Nursing, Assiut University 2024.

Previous Positions;

- **Internship**, (September 2013 – August 2014), Assiut University Hospital this included:
 - One month in intensive trauma unit.
 - One month in trauma unit.
 - One month in operating room.

- One month in burn unit.
- One month in pediatric intensive unit.
- One month in premature unit
- Two months in obstetric
- One month in oncology unit
- One month in intensive medical unit
- One month in CPR
- One month in Administration

-Resident: in female psychiatric unit in Neuropsychiatry, Assiut University Hospital,
From 2016 to 1 September 2018.

-Demonstrator in psychiatric and mental health nursing, Assiut University, From July 2016 to the end of 2019.

Educational Qualifications:

- **Bachelor's degree of nursing** – faculty of Nursing- Assuit university (Excellent with honour, 2013).
- **Master of in psychiatric nursing:** Faculty of nursing, Assiut University.
(Very Good, 2019).

Theses:

Master's thesis (MSc) in psychiatric nursing, Thesis title “Assessment of psychosocial and demographic characteristics related to relapse in Schizophrenic patients at psychiatric hospital.”. Assiut University, 2020 (Excellent).

Doctoral thesis (PHD) in psychiatric nursing. Thesis title “Effect of psychiatric nursing interventions on climate change worry and quality of life for psoriasis patients in Assiut University Hospital”.

The published research:

Assessment of psychosocial and demographic characteristics related to relapse in Schizophrenic patients at psychiatric hospital of Assiut university. Assiut Scientific Nursing Journal, 8(21), 15-23. volume 7. Issue 16. June (2020). Assiut Scientific Nursing Journal.

“Effect of Psychiatric Nursing Interventions on Quality of Life for Patients with Psoriasis” Pakistan Journal of Life and Social Sciences. (2024), 22(2): 539-549

“Effect of Psychiatric Nursing Interventions on Climate Change Worry for Psoriasis Patients”. Assiut Scientific Nursing Journal, 12(46), 151-158. Issue 22. September (2024). Assiut Scientific Nursing Journal.

Teaching Courses:

Courses for Undergraduate: Psychiatric and mental health course (clinical) for fourth year students in faculty of nursing till now

Courses for intensive program: Psychiatric and mental health course (clinical) for six level.

Membership of Scientific and quality Committees and other responsibilities:

- Member of financial resources committee at quality unit, Faculty of nursing - Assiut University.
 - Assistant Coordinator of Master Program in Psychiatric and Mental health department.
- Responsible for donations file in Psychiatric and Mental health department.

Important Conference Attendance:

- 2nd scientific day of psychiatric nursing department, Assiut University “Addiction, Its dangers and its ways for treatments” 7- March 2017.
- 2nd scientific day of Pediatric Nursing Department “Common Mistakes in Nursing research” 15 November 2017.
- 3rd scientific day of psychiatric nursing department, Assiut University “Cosmic energy science and its relationship to mental health” 4 March 2019.
- 1st international upper Egypt nursing colleges conference, 2nd international conference of nursing colleges, Assiut University (toward achieving sustainable development goals: quality education and health, 23-25 Feb 2020.
- 1st scientific course and workshop of diabetic foot , prevention of diabetic foot Amputation: multidisciplinary approach 16 Jan 2020.
- 2nd international upper Egypt nursing colleges conference, 4th international conference of nursing colleges, Assiut University, (Together for health promotion) 13-14 Feb 2022.
- 4th scientific day of community health nursing & psychiatric nursing department, faculty of nursing, Assiut University, (social media and its impact on community and mental health 4 Dec 2022.
- 3rd International upper Egypt nursing colleges conference, Assiut University (Environmental health and safety) 19-20 Feb 2023.
- Attending workshop of mendaly, July 2023.

Courses:

- Infection Control, 2013.
- Preparation of the university teacher, 2016 .
- ICDL (International Computer Driving License).
- Services of Academic E-mail office 365, 2018
- Training program of " Communication skills" 2018.
- Training program of " Ethics of scientific research" 2018.
- English Language Professional Test (ELPT), 2020
- Self-Evaluation for Faculty of Standards Accreditation Faculties., 2021.
- Self-Evaluation for University of Standards Accreditation Universities., 2021
- Training program of " Recent Trends in the development of higher Educational Institutions” 2022.
- Training program of “Publications of research in international journal” 2023.

- Training program of " How to Design The E-Course", 2023
- Training program of “Management of crises” July 2023.
- Training program of “Organizing Scientific conferences”, 2023.

Professional Skills:

- Excellent in English and Arabic: oral and written.
- Preparing time academic schedules.
- Operating Systems: Microsoft Windows 95, 98, 2000, XP, and 2003, 2007, 2010.
- Word processing software: WordPerfect 10, Microsoft Word, XP and 2003, 2007, 2010.
- Presentation software: Microsoft Power Point XP and 2003, 2007, 2010.
- Data entry and analysis: Statistical Package for the Social Sciences (SPSS version 11.5, SPSS Inc., Chicago, Illinois),
- Internet: Internet Explorer, Google.

Community service work:

- Participation in vaccination campaigns against the Corona virus at the Faculty of Nursing, Assiut University, 2022