Curriculum Vitae
Prof/ Safaa Rabea Osman

Name	Safaa Rabea Osman
Date of birth	4/8/1983
Nationality	Egyptian
Marital status	Married
Address	Assiut
Home telephone number	0882068107
Mobile number	01100889644/ 01019775735
Email address	safaa@aun.edu.eg,
Position	Professor of community health nursing, faculty of nursing, Assiut University, Assiut, Egypt.

Job Academic Graduations:

Degree (year)	Institution	Country
Professor of community health nursing (2026)	Faculty of nursing, Assiut University, Assiut	Egypt
Assistant professor of community health nursing (2021)	Faculty of nursing, Assiut University, Assiut	Egypt
PhD in community health nursing (2015)	Faculty of nursing, Assiut University, Assiut	Egypt
MSc in community health nursing (2011)	Faculty of nursing, Assiut University, Assiut	Egypt
Baccalaureate degree (2004)	Faculty of nursing, Assiut University, Assiut	Egypt

Committee membership and position:

1. Manager of Quality Assurance in faculty of nursing
2. Technical editor in the Assiut scientific Nursing journal
3. Coordinator of the international academic ranking of the college at the university
4. Member in the blended learning committee in the faculty
5. Electronic correction unit
6. Measurement and evaluation unit
7. Scientific Entrepreneurship Unit
8. Electronic Examinations Committee

RESEARCH PROFILES AND ACADEMIC METRICS

Web of Science:
https://www.webofscience.com/wos/author/record/AAC-3366-2021
Web of Science ResearcherIDAAC-3366-2021
Orcid id: https://orcid.org/0000-0002-6418-3040
Academia Profile: https://aun.academia.edu/SafaaRabea
LinkedIn Profile: www.linkedin.com/in/safaa-rabea-osman-a79385113
ResearchGate Profile: https://www.researchgate.net/profile/Safaa-Osman?ev=hdr_xprf
Google scholar:
https://scholar.google.com/citations?hl=en&user=Th3P7LgAAAAJ&view_op=list_works&authuser=2&gmla=AKCpqFyXmv3Bcfoy5iIXp_615zJE1xRdSaOeyrnTLgr6odyf5ILoeSRsbjywoTl0EYo00D4OBPxbK6FN68tb9DMZ

Google scholar:

Citations	**161**
h-index	**7**
i10-index	**5**

ResearchGate:
151.2 Research Interest Score 124 Citations 6 h-index

Web of science:
30 Total documents
18 Publications indexed in Web of Science
7 Web of Science Core Collection publications
12 Non-indexed publications
7 Verified peer reviews

Education Quality Assurance and Accreditation

I. Administrative Positions and Responsibilities in the Quality Assurance Unit

Held key leadership and administrative roles in supporting the College of Nursing, Assiut University, in its preparation for national and international accreditation:

- Director, Quality Assurance Unit, College of Nursing, Assiut University — 2023–Present.
- Deputy Director, Quality Assurance Unit — 2022–2023.
- Accreditation Documentation Coordinator: Responsible for preparing and submitting the College's second accreditation files to the National Authority for Quality Assurance and Accreditation of Education (NAQAAE) — 2023–2024.
- Head of the Faculty Members Standard: Led the Faculty Members Standard for institutional accreditation — 2020–2023.
- Member, Board of the Quality Assurance Unit, serving as Deputy Director — until March 2025.
- General Coordinator and Member, Self-Study Coordinators Committee: Coordinated the College's self-study activities and contributed to the preparation of educational programs for international accreditation — 2020–2023.

II. Membership in Technical and Development Committees

- Curriculum Development: Member of the Committee for Curriculum Development and Teaching Strategies — 2021–2024.
- Internal Review: Member of the Internal Review Committee for Postgraduate Courses.
- Strategic Planning: Participated in developing the College's Strategic Plan (2023–2028) and reviewing the Research Plan.
- Regulations Development: Member of the Committee for Reviewing Academic Regulations and Developing Accountability Mechanisms — 2021–2024.
- Government Excellence: Participated in the Government Excellence Project organized by the Ministry of Planning — 2020.

PROFESSIONAL DEVELOPMENT, TRAINING & WORKSHOPS

Teaching, Education & Quality Assurance

- Training Course in the Use of Technology in Teaching.
- Objective Structured Clinical Examination (OSCE) Workshop — attended and participated.
- Workshops on Academic Reference Standards — attended and participated.
- TOT for Quality Assurance Workshop — attended and participated.
- Training Program: Quality Standards for Teaching — Part I.

- Training Course in Effective Presentation Skills.
- Student Evaluation.
- Electronic Examination (Moodle).
- Taking Your Classroom Online — DAAD Cairo Academia (Online).
- Crisis Management.
- Effective Management of Time and Work Stressors.
- ICTP.

Research Methodology, Scientific Writing & Publication

- Training Workshop on Data Management and Statistical Analysis Using SPSS.
- SPSS Program Training.
- Advanced Methods in Scientific Writing.
- Research and Scientific Writing.
- Ethical and Legal Aspects in Research.
- Ethical Considerations.
- Principles of Statistical Analysis in Scientific Research.
- Publication of Research in International Journals.
- Elsevier Training on ScienceDirect, Geofacets, Mendeley and SciVal.
- ClinicalKey.
- EV Introduction and Geofacets Introduction Session.
- AARU Journal Platform — User Experience Sharing Session, Researcher Academy On Campus, Elsevier (Online).
- Cell Press Excellence in Publishing: Discover, Network, and Practice — Researcher Academy On Campus, Elsevier (Online).
- Introduction to Modern Knowledge Cycle: Enhancing Research — Researcher Academy On Campus, Elsevier (Online).
- Using Elsevier Solutions Available on EKB — Researcher Academy On Campus, Elsevier (Online).
- Scopus Journals' Indexing Criteria — Researcher Academy On Campus, Elsevier (Online).
- How to Create and Report on Groups of Researchers Using SciVal — Researcher Academy On Campus, Elsevier (Online).
- Webinar: Forms of Misconduct — Focus on Plagiarism.
- Nature Research Academies: Clinical Research Methodology with the EKB (Online).

Healthcare, Nursing & Clinical Development

- Reproductive Endocrinology — Faculty of Medicine.
- Women's Health-Related Issues.

- First Aid and Athletic Injuries to University Students — workshop, actively participated.
- Role of Nurse in Nanotechnology — workshop, attended and actively participated.
- Promoting, Protecting and Supporting Breastfeeding Through the Community Component of the University BFI (UNICEF).
- First Scientific Day of the Geriatric Nursing Department: "Immune System and Elderly" — attended and participated.
- Trainer in First Aid for University Students.

Academic & Scientific Activities

- Annual Scientific Meeting of Community Health Nursing: "Research Methodology and How to Apply in Nursing" — attended and organized.
- Scientific activities and continuing professional development in diabetes, endocrinology, hypertension, research methodology, scientific publishing, health informatics, artificial intelligence in research, and related fields.

CONFERENCES & SCIENTIFIC MEETINGS

International & National Conferences

1. **1st International Upper Egypt Nursing Colleges Conference** — Faculty of Nursing, Assiut University, 23 February 2020.
2. **2nd Scientific Day of Critical Care Medicine** — Faculty of Medicine, Assiut University, 3 March 2020.
3. **31st Annual Scientific Conference** — Faculty of Medicine, 8–11 April 2017.
4. **Nursing Practices and Era Challenges** — Faculty of Nursing, Assiut University, 30 January 2017.
5. **1st International Conference of Nursing Administration: Quality in Nursing** — Faculty of Nursing, Assiut University, 21 February 2017.
6. **Cardio-Diabetes Secrets Conference** — 12–13 December 2018.
7. **The Thirteenth Conference on Future Prospects for Sustainable Environmental Development in the Arab Countries** — 21 December 2016.
8. **8th International Conference: Discovering New Nursing Avenues in Patient Safety, Occupational and Environmental Health** — 27–28 March 2016.
9. **6th Med Delta International Conference: Diabetes from Guidelines to Practice** — Port Said, June 2021.

10. **14th Annual Conference of South Egypt Diabetes & Endocrinology Association (SEDEA)** — Luxor, September 2021.
11. **4th International Nursing Conference & 2nd International Upper Egypt Nursing Colleges Conference** — Faculty of Nursing, Assiut University, 13–14 February 2022.
12. **1st International Virtual Conference of Climate Changes** — BRSF, 8 November 2022.
13. **3rd Scientific Day of Medical Surgical Nursing Department** — Faculty of Nursing, Assiut University, 15 November 2022.
14. **3rd International Upper Egypt Nursing Colleges Conference** — Faculty of Nursing, Assiut University, 19–20 February 2023.
15. **43rd National Conference of AASD: Injectable Engagement Forum** — AASD, 20–21 July 2023.
16. **20th Fasting & Diabetes Conference** — AASD & European Society of Endocrinology, 22 February 2024.
17. **17th Annual Conference of South Egypt Drug Association (SEDEA)** — Assiut University Administrative Building, 28–29 February 2024.
18. **AASD Diabetes & Women Day** — Arabic Association for the Study of Diabetes & Metabolism, 8 March 2024.
19. **20th Annual AASD Conference** — AASD, 9–11 October 2024.
20. **Conference on Hybrid Imaging Live (CHILI)** — Vienna, 15 November 2024.
21. **Fasting & Diabetes Conference 2025** — LRC Hall, Kasr Alainy, 6 February 2025.
22. **21st Annual AASD Conference** — AASD, 30 April–2 May 2025.

CONFERENCE ORGANIZATION & LEADERSHIP

- **Member of the Organizing Committee** for the International Conference **"Nursing Practices and Era Challenges"**, Faculty of Nursing, Assiut University.
- **Organizer of the Annual Scientific Meeting of Community Health Nursing**, focusing on "Research Methodology and How to Apply in Nursing."
- Active participation in scientific and academic conference organization and professional development activities.

WEBINARS & ONLINE SCIENTIFIC ACTIVITIES

- Forms of Academic Misconduct: Focus on Plagiarism.
- Applied Statistics in Humanities Using SPSS.
- The Art of Writing a Scientific Paper.

- How to Write the Introduction and Materials & Methods.
- International Journals: Appropriate Selection and Journal Metrics.
- Hypothesis Testing: Classical Approach vs P-Value.
- How to Review Your Manuscript Before Submission.
- Scientific Writing: Conclusions, Abstracts, Titles & References.
- How to Write Professional Responses to Reviewers.
- Towards a Deeper Research Impact.
- Good Mentor and Supervisor Qualities.
- R for Beginners: Data Analysis & Visualization.
- Data Analysis and Interpretation.
- Research Publication and Ethics.
- Common Methodological Errors in Scientific Research.
- Research Grants: Spotting, Positioning and Drafting.
- Quality and Impact in Research.
- Health Informatics.
- Bibliometric Analysis and Visualization Using VOSviewer.
- Epidemiological Study Designs.
- Bioethical Frameworks for Researchers.
- Designing Interviews and Surveys for Data Collection.
- Climate Change and Its Effect on Health.
- Open Access for Egypt.
- Artificial Intelligence Tools for Scientific Research and Research Ideas.
- Professional Scientific Oral Presentations.
- How to Be a Peer Reviewer.
- Radiation Protection of Staff in Interventional Radiology.
- Introduction to Gemini AI.
- AI-Powered Learning Analytics.
- Endocrine & Hypertension Emergency.
- Retractions and Research Integrity.
- Screen to Prevent CRM Complications.
- Hypertension and Diabetes: Interconnection and Emerging Concepts.

AWARDS & CERTIFICATES OF APPRECIATION

- Certificate of Appreciation for Scientific and Ethical Excellence — Assiut University, Last Term 2025.
- Certificate of Appreciation: Healthy Village Initiative — Faculty of Nursing, Assiut University, 16 April 2024.

PROJECTS

1. **Co-Researcher — World Health Organization (WHO) Funded Research Project**
   Worked as a **Co-Researcher** on a project funded by the **World Health Organization (WHO)** under the **Research in Priority Areas of Public Health (RPPH) Grant Scheme**, entitled: *"Integration of Adolescent Health Needs into Primary Health Care Services: Designing Care Model."*
2. **Continuous Improvement and Qualification for Accreditation Project (CIQAP)**
   Participated in the **Continuous Improvement and Qualification for Accreditation Project (CIQAP)**, contributing to institutional quality improvement and accreditation-related activities.
3. **Deputy Technical Director — International Accreditation Project (2020)**
   Served as **Deputy Technical Director** in the project entitled: *"Support and Qualifying of Educational Programs for International Accreditation in Higher Education Institutions"* (2020), contributing to activities related to the development, qualification, quality assurance, and preparation of educational programs for international accreditation.

Participation in Curriculum Development and Laboratory Establishment

- Participated in the discussion and revision of the Undergraduate Nursing Program Regulations as a member of the Community Health Nursing Department Council.
- Participated in the development and revision of the Postgraduate Credit-Hour Regulations and the Intensive Undergraduate Nursing Program Regulations as a member of the Community Health Nursing Department Council.
- Participated in the review and inspection of equipment and supplies available in the Community Health Nursing Laboratory.

Participation in College and University Units, Research Services, and Committees

- Member of the Proofreading and Electronic Monitoring Team for scientific publications at the Editorial Board of the College Scientific Journal.

- Member of the Personal Interview Committee responsible for student admission to the College of Nursing.
- College Coordinator, International Ranking Office, University.
- Member of the Research Consultancy and Scientific Proofreading Unit, College of Nursing.
- Coordinator of the Electronic Examination Unit for academic courses.

Contributions to Institutional Development and Capacity Building

- Delivered a seminar on How to Upload Scientific Research to the College Scientific Journal Website through the Egyptian Knowledge Bank (EKB).
- Prepared an instructional video for researchers and peer reviewers on How to Use the College Scientific Journal Website through the Egyptian Knowledge Bank.
- Delivered a seminar on Reference Management Using Mendeley.
- Delivered a seminar on ResearchGate and Google Scholar.
- Delivered a seminar on Publons.
- Delivered a seminar on the Egyptian Knowledge Bank (EKB).
- Participated in activities related to the Faculty and University Ranking, serving as a Coordinator at the University International Ranking Office.

Participation in Developmental and Health Education Outreach Activities

Activity / Role	Venue	Academic Year
Lecturer in infection prevention and control training courses for nursing interns	College of Nursing	2021–2023
Lecturer in first aid training courses for nursing interns	College of Nursing	2021–2023
Participation in training courses at the Training and Continuing Education Center	College of Nursing	2021–2025
Health education session on **Healthy Nutrition**	Al-Sayyida Aisha Preparatory School for Girls	2022/2023
Health education session on **Parasitic Diseases**	Al-Nahda Preparatory School	2022/2023

Health education session on **Parasitic Diseases**	Al-Amal School for Deaf and Hard-of-Hearing Girls, Al-Arbeen	2022/2023
Health education session on **Family Planning**	West Al-Balad Maternal and Child Health Center	2023/2024
Health education session on **Danger Signs During Pregnancy**	West Al-Balad Maternal and Child Health Center	2023/2024
Health education session on **Maternal Health Care During Pregnancy**	Al-Walidiya Maternal and Child Health Center	2023/2024
Health education session on **Menstrual Health**	Huda Shaarawi School	2022/2023
Health education session on **Gastroenteritis and Its Prevention**	Al-Arbeen Maternal and Child Health Center	2024/2025
Health education session on **Climate Change and Its Impact on Health**	Al-Nahda School	2024/2025
Health education session on **Danger Signs During Pregnancy**	Al-Walidiya Maternal and Child Health Center	2024/2025
Health education session on **Prevention of Household Accidents**	Al-Walidiya Maternal and Child Health Center	2024/2025
Health education session on **Prevention of Household Accidents**	Al-Walidiya Maternal and Child Health Center	2025/2026

Participation in Student Activities and Training

- Participated in the **training of nursing interns** at the College of Nursing in **first aid and infection prevention and control**.
- Participated in the training of nursing students at the **Technical Institute of Nursing** in **infection prevention and control, effective communication, and professional ethics**.

Membership in Local and International Scientific Societies and Networks

- Member, Mendeley Advisor Community – Elsevier.
- Member, Upper Egypt Society for Therapeutic Nutrition and Metabolism (UESNM).

Authored Books

1. Breastfeeding Guide: Breast Expression and Cup Feeding
2. Fibromyalgia Pain and Nutrition: A Guide to Symptom Management Through Diet
3. Menstrual-Related Migraine: Dietary Intervention and Stress Reduction
4. Health Education on Varicose Veins for Teachers: A Preventive and Educational Guide for the School Environment

Postgraduate Theses Supervised and Examined

I. Master's Theses Successfully Completed and Defended

Researcher	Research Topic
Ali Lotfy Ali Amr	Prevalence of Varicose Veins and Quality of Life among Secondary School Teachers in Assiut Governorate
Mariam Farag Mekky Ahmed	Reported Knowledge and Practices Regarding Occupational Hazards among Workers at a Sugarcane Factory in Luxor Governorate
Shaimaa Ali Eid Mohamed	Reported Knowledge, Attitudes, and Practices among Mothers of Children with Phenylketonuria at the Genetic Counseling Center in Assiut Governorate
Nesreen Malak Labib Girgis	Healthy Lifestyle among Patients with Type 2 Diabetes Mellitus and Non-Alcoholic Fatty Liver Disease at Assiut University Hospital

II. Master's Theses Currently Under Supervision – Not Yet Defended

Researcher	Research Topic
Amal Mohamed Bayoumi Mohamed	Pregnant Women's Knowledge and Attitudes Regarding the Prevention of Mother-to-Child Transmission of HIV, Syphilis, and Hepatitis B in Assiut Governorate
Souad Mansour Abdullah Hassan	Knowledge, Practices, and Prevalence of Leg Cramps among Pregnant Women Attending Maternal and Child Health Centers in Assiut City
Marwa Mokhtar Mohamed Radwan	Effect of a Health Education Program on Mothers' Knowledge and Attitudes and Their Adherence to a Gluten-Free Diet for Children with Celiac Disease

III. Doctoral Dissertations

Researcher	Research Topic
Hiam Hammad Mohamed	A Health Promotion Program Regarding Lifestyle Behaviors among Patients Undergoing Sleeve

	Gastrectomy at Assiut University Hospital
Mohamed El-Sayed Saad Abou Dina	Effect of VARK and Kolb Learning Theories on Knowledge and Practices Regarding Basic Cardiopulmonary Resuscitation Procedures among Home Care Nurses in Qatar
Marwa Mokhtar Mohamed Radwan	Effect of a Health Education Program on Mothers' Knowledge and Attitudes and Their Adherence to a Gluten-Free Diet among Children with Celiac Disease

IV. Participation in Master's Thesis Examination Committees

Researcher	Research Topic
Asmaa Ahmed Al-Mahzam	Visually Impaired Female Students' Awareness of Self-Care Regarding Personal Hygiene at Al-Noor School in Sohag Governorate
Fatma Mahmoud Hameed	Effect of Environmental Conditions on the Health of Children in Shelters in Sohag Governorate