



## National Academic Reference Standards (NARS)

### Competency- Based\_2<sup>nd</sup> Edition April 2017

#### **Introduction:**

As nurses play a pivotal role in the promotion, maintenance and restoration of health, it is imperative/ very important to develop competent nurses who are able to take up expanded roles in the delivery of care.

Thus, apart from the roles of a caregiver, the nurse needs to develop competencies to take up the roles of a health promoter, educator, counselor, care coordinator, case manager, researcher as well as that of a client advocate.

Hence, education programs for preparing nurses must ensure that the graduates acquired the essential competencies that enable them to fulfill these roles competently and ethically.

**National Academic Reference Standards (NARS)** Reference points defined by NAQAAE to outline/describe the expected minimum competencies to fulfill the requirements of a program of study.

**Competency** An observable ability of a professional, integrating multiple components such as knowledge, skills, values, and attitudes. Since competencies are observable, they can be measured and assessed to ensure their acquisition.

**Competency Domain;** Broad distinguishable areas of competence that, in the aggregate, constitute a general descriptive framework for a profession.



كلية معتمدة من الهيئة القومية  
بضمان جودة التعليم والاعتماد



### **Nurse graduates must be able to:**

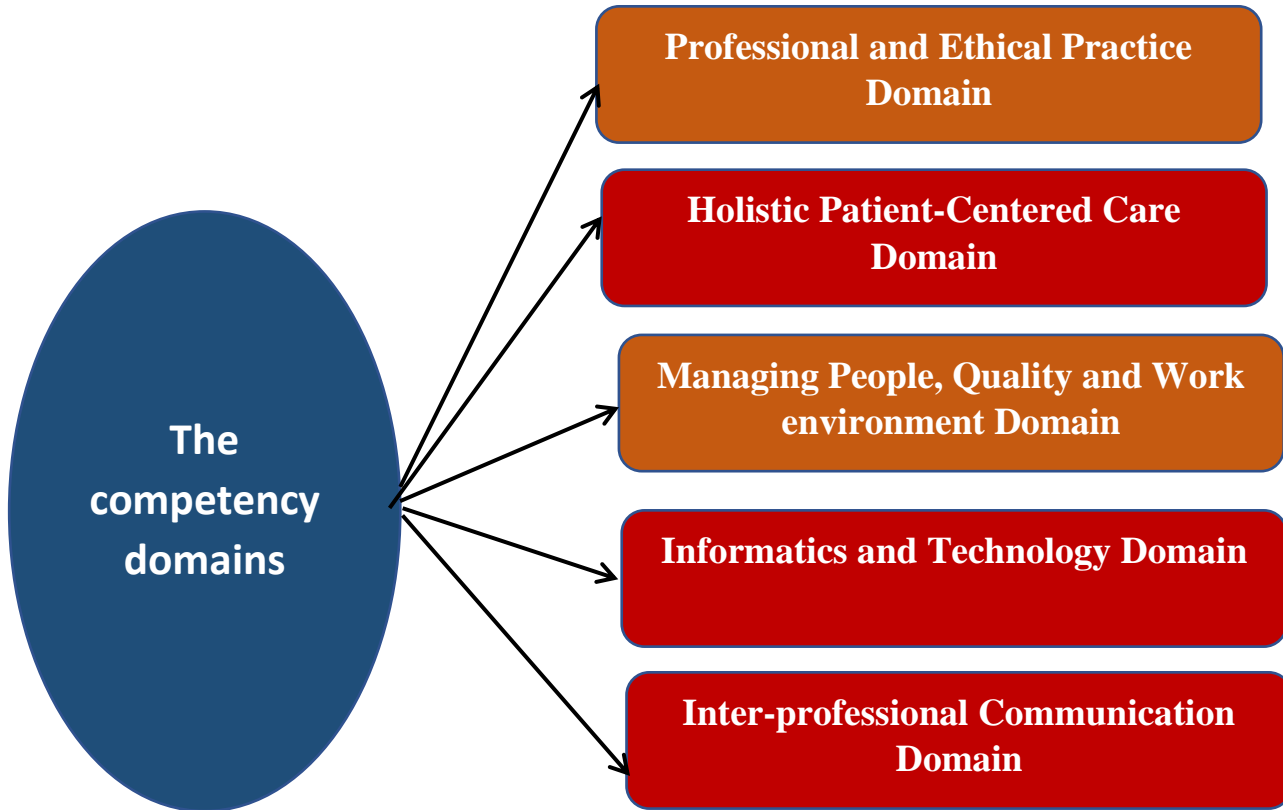
1. Embody/ represent ethical and professional disposition committed to excellence, equity and sustainability.
2. Engage in person-centered care sensitive to the needs of individuals, families and communities.
3. Demonstrate integration of knowledge, skills and professional attitudes utilizing clinical evidences to provide safe and holistic patient care.
4. Display cognitive flexibility and reflective functioning when working with individuals, families and communities.
5. Advocate for and engage with individuals, families and communities to ensure health equity and promote social justice.
6. Exhibit creative and adaptive thinking within a changeable scientific social and technological environment.
7. Demonstrate effective communication, collaboration and leadership, valuing the diversity of people and communities.
8. Identify threats to safety and develop strategies to minimize risk of harm to individuals, families and communities.

### **Competencies of the Nurse Graduates**

Five Competence-Domains are included in these competence-based National Academic Reference Standards for Nursing Education. These domains are representing the role of nurses in the healthcare field.

Each domain should be achieved through a number of competencies, these competencies are overall broad statements that cover various areas of the graduate performance.

A number of Key Elements ranging from three to six are included in each competency, these key elements demonstrate how nurse graduate will reflect each competency in practice & provide an indication of whether the competency has been met.



### **DOMAIN 1- PROFESSIONAL AND ETHICAL PRACTICE:**

1.1. COMPETENCY Demonstrate knowledge, understanding, responsibility and accountability of the legal obligations for ethical nursing practice.

### **DOMAIN 2- HOLISTIC PATIENT-CENTERED CARE:**

2.1. COMPETENCY Provide holistic and evidence-based nursing care in different practice settings.

2.2. COMPETENCY Provide health education based on the needs/problems of the patient/client within a nursing framework.



## **DOMAIN 3- MANAGE PEOPLE, WORK ENVIRONMENT AND QUALITY**

3.1. COMPETENCY Demonstrate effective managerial and leadership skills in the provision of quality nursing care.

3.2. COMPETENCY Provide a safe working environment that prevents harm for patients and workers.

3.3. COMPETENCY Review health care outcomes in the light of quality indicators and benchmarks to achieve the ultimate goals of improving the quality of nursing care.

## **DOMAIN 4- INFORMATICS AND TECHNOLOGY**

4.1. COMPETENCY Utilize information and technology to underpin health care delivery, communicate, manage knowledge and support decision making for patient care.

4.2. COMPETENCY Utilize information and communication technologies in the delivery of patient/client care.

## **DOMAIN 5- INTER-PROFESSIONAL COMMUNICATION COMPETENCY**

5.1. Collaborate with colleagues and members of the health care team to facilitate and coordinate care provided for individuals, families and communities