

Curriculum Vita

Personal Identification :

- **Name** Nabila Taha Ahmad .
- **Place of Birth** Assiut, EGYPT.
- **Nationality** Egyptian.
- **Gender** Female.
- **Religion** Islam.
- **Children** Three Children.
- **Home Address** Al-hokokyeeen tower (1) Al-helaly street, Assiut, Egypt
- **Work Address** Faculty of Nursing. Assiut University, Egypt.
- **Occupation** Assistance Professor of Obstetric & Gynecological Nursing. Faculty of Nursing, Assiut University, Egypt.
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Experience :

27 years experience as a university teacher, researcher, instructor, all position required solid scientific and academic background.

Academic Background :

- 1- **Ph.D.** In Obstetric & Gynecological Nursing **June, 2000**, from Faculty of Nursing, Assiut University. Title of thesis "Assessment of patterns of hospital care among pregnant & post-partum women admitted to Assiut University Hospital & implementing a health program to a certain risk group".
- 2- **M.Sc.** In Nursing Sciences (Nursing of Obstetrics and gynecology) **June,1991**, Assiut University, Egypt. Title of thesis " Maternal weight

gain during normal pregnancy & its relationship to birth weight”.

3- B.Sc. In nursing Sciences May,1986, Assiut University, Egypt.

- **Present Position** Assistance Professor of Obstetrics & Gynecological Nursing. (Maternal & newborn health Nursing)
Faculty of Nursing, Assiut University, Egypt.

Published Papers:

- 1- Pediatric Gynecological Symptoms Among Early Adolescent Girls in Assiut, Egypt & Riyadh, Kingdom of Saudi Arabia (KSA) And Their Reactions.*The 7th International Scientific Nursing Conference 2015.*
Faculty of Nursing, Helwan University, Egypt. In Collaboration with Kennesaw University (KSU), USA. Evolution of Nursing: A Pathway to Excellence
- 2- The Gap Between The Current And Ideal Immediate Postpartum Nursing Care After Normal Vaginal Delivery At Woman's Health University Hospital, Assiut. 2014
- 3- The effects of nutritional education & iron supplementation on perinatal outcomes. JOURNAL OF CURRENT RESEARCH IN SCIENCE (ISSN 2322-5009) CODEN (USA): JCRSDJ. 2014, Vol. 2, No. 1, pp:41-47
Available at www.jcrs010.com
- 4-Nurses' Perceived job related stress and job satisfaction in two main hospitals in Riyadh City. Life Science Journal
2014;11(8)<http://www.lifesciencesite.com/>
- 5-Body image & self-esteem among nursing students in three different Arab Countries. Medical Journal of Cairo University,vol.79,no.1,
September: 509-517, 2011
- 6-Intimate Partner Violence and Life Satisfaction Among Women in Two Different Arab Countries :Egypt (Cairo) and Kingdom of Saudi Arabia (Riyadh). New Egyptian Journal of Medicine, vol.38, No. 4, supplement
April, 2008.

7- Physical and health profile of post-menopausal women in Assiut. New Egyptian Journal of Medicine, vol. 34, No. 4, April 2006.

8-Impact of Female Circumcision on First Childbirth at Assiut University Hospital. Royall College of Obstetricians & Gynecologists. 6th scientific International conference, 27-30 sep., 2005

9- Intentions of the Female Health Care Providers Towards Circumcising their Daughters. Alex. Scientific Nursing Journal, vol. 4, No. 1, July 2005.

10- Support during childbirth on maternal & fetal outcomes. New Egyptian Journal of Medicine, vol.33, no. 1, July 2005.

11- Prevalence of menstrual irregularities among nursing students Assiut University & their knowledge. New Egyptian Journal of Medicine, vol. 31, No. 3/ 1st Sept. 2004.

12- Efficacy of Nutritional Education Program Versus Pharmacological Supplementation for Prevention of Postmenopausal Osteoporosis. Scientific International Annual Conference, Faculty of Nursing, Cairo University. 19 Feb.,2003.

13-Breast feeding outcomes among normal & high risk neonates. Scientific International Annual Conference, Faculty of Nursing, Cairo University. 19 Feb.,2003.

Professional Experience

June 2013- till now

- Working as an assistant professor of Obstetrics & Gynecological Nursing. (Maternal & newborn health Nursing)

Faculty of Nursing, Assiut University, Egypt.

September 2004 – June,2013

Working as an Assistant Professor in maternity nursing departments in nursing college, King Saud University, KSA.

Teaching programs of :-

- 1- women's health,
- 2- maternity nursing,
- 3-evidence-based reproductive health,
- 4- evidence-based nursing,
- 5- pediatrics health nursing,
- 6- mental health nursing,
- 7- family planning & infertility,
- 8- gynecological nursing .

June 2000 – September 2004 :

Working as a Lecturer in the faculty of nursing, Assiut University- Egypt. Teaching programs of:-

- 1- maternity nursing for 3rd year students of the Faculty of Nursing, Assiut University & 2nd year students of Technical Institute of Nursing in Assiut & Mania Universities.
- 2- Supervising on post graduates master & doctorate thesis.

June 1991- June 2000 :

Working as an Assistance lecturer of Obstetric & Gynecological Nursing. Faculty of Nursing, Assiut University, training and evaluating as well as examining undergraduates.

October 1987- June 1991- :

Working as a Clinical instructor of Obstetrical & Gynecological Nursing. Faculty of Nursing, Assiut University, training and evaluating as well as examining undergraduates.

Training courses, Professional workshops & Conferences:

- 1- Participate the international conference of future challenges

- in nursing practice: opportunities to improve patients care on Feb.,2011. KFMC, Riyadh
- 2- Present a lecture on osteoporosis as a participation with red crescent on Nov,2010. Boushra center Riyadh
 - 3- Participate the workshop of future view to interdisciplinary postgraduate studies in the health colleges, KSU on Sep.2010. KSU, Riyadh
 - 4- Participate in preparation of book about life free from smoking, protect yourself, in 2010. KSU, Riyadh
 - 5- Participate as a member in curriculum development for bridging & bachelor degree in nursing for health science college graduates (on June, 2010). Female Health Science College, Riyadh
 - 6- Participate by demonstration in the international day of cancer prevention, on Feb,2010. Female Health Science College, Riyadh.
 - 7- Participation by present a lecture in Makah El-khayriah Association,(live with chronic illness),on Feb.,2010. Riyadh.
 - 8- Participate in the symposium & workshop on nursing perspective in pediatric nutrition, on May, 2008. Riyadh.
 - 9- Attended 7th international symposium on recent advances in obstetrics & gynecology, held on Oct., 2007. Riyadh.

- 10- Attended the 1st leadership & management symposium. April 2006. Riyadh.
- 11-Attending the 1st Saudi Stroke nursing symposium, conducted at KFMC. On Sep. 2005. Riyadh.
- 12-Attending the international nurse's day held on May, 2005. Riyadh.
- 13- Participation in the symposium of nursing clinical instructors in related to clinical & academic works & workshop. On June, 2005. Riyadh.
- 14- comprehensive computer training program (windows, wards, power point, excel, internet.) Assiut university, 2000 & KSU,Riyadh, 2008.
- 15- Participation in effective teaching workshop, Minia University, Egypt, 2004.
- 16- Organizing a scientific meeting about nutrition & pollution Assiut, Egypt, 2003.
- 17- Organizing a conference on time management. Assiut, Egypt, 2003.
- 18- Organizing a conference on menstrual disturbances, Assiut. Egypt, 2002.
- 19- Participate by teaching & training for nurses & health educator in upgrading project (2) Assiut, Egypt, 2002.
- 20- Participate in training program about curriculum development

& evidence-based medicine. California Irvine University, USA, 2002.

21- Participate with the UNICEF in preparation of a manual for training mothers to deal with the high risk pregnancy. Cairo, Egypt, 2001.

22- Organize a conference about smoking. Assiut, Egypt, 2001.

23- Participate in the conference about ethical issue in reproductive health research, WHO Cairo, Egypt, 2001.

24- Participate the workshop of maternal problems 7 evidence-based woman's health. Assiut, Egypt, 2001.

25- Participate in the workshop of woman & development in Upper Egypt. Assiut, Egypt, 2001.

26- Participate in training program about TOT. In competency-based teaching, Assiut, Egypt, 2001.

27- Teaching & training nurses in the empowerment of human resources project, Sohag, Egypt, 1998.

Membership in professional organization:

1- Environmental committee, Assiut University, Egypt.

2- Curriculum development committee, Female Health Science College, Riyadh.

3- Red crescent, Riyadh.

4- Academic guidance, Nursing College, KSU, Riyadh

5- . Cultural relations committee, Assiut University, Egypt.

Research Supervision M.Sc.& PhD Theses;

- 1- Continuous versus interrupted electronic fetal monitoring on maternal & fetal outcomes. (Ph. D.)

- 2- Support during childbirth on maternal & fetal outcomes. (Ph. D.)

- 3- Impact of Female Circumcision on First Childbirth at Assiut University Hospital. (Master)

- 4- Audit on Immediate postpartum Nursing care of Normal labour in Women's Health Hspital, Assiut university. (ph.D.)

- 5-Pediatic gynecological symptoms among a group of girls in preparatory school, in New Vally city.