



كلية معتمدة من الهيئة القومية
لضمان جودة التعليم والاعتماد

Faculty of Nursing
Psychiatric and mental health Nursing Department

Mid- term exam of Psychiatric Nursing
Fourth Year 2021- A

Date: 20/11/ 2021

Time: One Hour

Part I:- Multiple choice questions (10 marks, one for each question)

Read the following statements and encircle the correct answer

1-The client joins a support group and frequently speaks against abuse, is demonstrating the use of:

A-Denial

B-Reaction formation

C-Rationalization

D-Projection

2. Which part of the brain control body coordination, balance and muscle tone?

A. Medulla oblongata.

B. Cerebellum.

C. Pones

D. Amygdale

7-Which therapeutic communication technique is being used in this nurse-client interaction? Client: “My father spanked me often.” Nurse: “Your father was a harsh disciplinarian.”

A.Restatement

B. Offering general leads

C. Focusing

D. Accepting

4-The principle of sustainable development, which is: -

A. Inter-personal relationship.

B. Inter-Generational Equity

C. Inter-social development

D. inter-services intelligence

5. While the patient believes that his lover or partner is unfaithful. This means that the patient has:

A. Delusion of persecution.

B. Delusion of infidelity.

C. Obsession.

D. Delusion of sin

6- Affective flattening in schizophrenia is characterized by which of the following:

A. Expressionless and unresponsive facial appearance

B. Lack of eye contact

C. Monotonous voice tone

D. All of the above

7- Which of the following important nursing intervention to reduce manic patient's hyperactivity?

A. Provide a reality-oriented focus.

B. Provide recognition and positive reinforcement

C. Provide tranquilizer medication

D. Maintain low level of stimuli in the environment

8- A female client who's at high risk for suicide needs close supervision. To best ensure the client's safety, Nurse Mary should:

A. Check the client frequently at irregular intervals throughout the night

B. Assure the client that the nurse will hold in confidence anything the client says

C. Repeatedly discuss previous suicide attempts with the client

D. Disregard decreased communication by the client because this is common in suicidal clients

9- A woman comes into the emergency department in a severe state of anxiety following a car accident. The most important nursing intervention is to:

- A. Put the client in a quiet room.
- B. Remain with the client.**
- C. Teach the client deep breathing.
- D. Encourage the client to talk about her feelings and concerns.

10- Which statement made by a client who washes his or her hands compulsively demonstrates the presence of ego-dystonic behaviour?

- A. "I know I'll get my hands clean eventually; it just takes time."
- B. "I need a milder soap that won't damage my hands so much."
- C. "I feel so much better when my hands are clean. I can get on to do other things."
- D. "I feel driven to wash my hands, although I don't like doing it."**

Part II: Read the following statements and put a circle around the letter (T) if the statement is right and around (F) if the statement is wrong: (10marks one for each one)

1. Loss during childhood is a predisposing factor for adult depression.	T	F
2. Unless placed manic patient in a protective environment, death can occur from exhaustion or injury.	T	F
3. Lack of speech (a logia) is considered apposite symptoms in schizophrenic patient.	T	F
4. Environmental protection is an integral part of sustainable development.	T	F
5. Nurses as citizen must observe their employer's rights and responsibilities to clients and other employees.	T	F
6- Lack of objectivity in nurses' observation, occur when nurse be critical to the patient. .	T	F
7- During muscular - anal stage, If the parents were flexible, accepting and encouraging; the child will trust his ability for self-esteem.	T	F
8- According to environmental mastery; the person can deal effectively with the world, work out personal problems of living, and obtain	T	F

satisfaction from life.		
9-Discharge is initiated by the hospital or court is on character of voluntary admission	T	F
10-Alexithymia is inability or difficulty in describing or being aware of one's emotions or moods.	T	F

(The end)

Good luck

Exam committee

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