



كلية معتمدة من الهيئة القومية  
لضمان جودة التعليم والاعتماد

Faculty of Nursing

Psychiatric and mental health Nursing Department

**Mid- term exam of Psychiatric Nursing**  
**Fourth Year 2021 - B**

**Date: 20/11/ 2021**

**Time: One Hour**

**Part I:- Multiple choice questions** ( 10 marks, one for each question)

*Read the following statements and encircle the correct answer*

**1- Nurse Gerry is aware that the defense mechanism commonly used by clients who are alcoholics is:**

A. Displacement

**B. Denial**

C. Projection

D. Compensation

**2. Which part of the brain involved with visual recognition, auditory, perception, memory and emotions?**

A. Frontal lobes

B. Parietal lobes

**C. Temporal lobes**

D. Occipital lobes

**3-Which therapeutic communication technique is being used in this nurse- client interaction? Client: “When I get angry, I get into a fistfight with my wife, or I take it out of the kids.”Nurse: “I notice that you are smiling as you talk about this physical violence.”**

A.Encouraging comparison

B.Exploring

C.Formulating a plan of action

**D.Making observations**

**4-Goal of Sustainable development, which is: -**

- A. No poverty.**
- B. No smoking
- C. No voting
- D. No delegation

**5. Mr. Ali believes that the nurse and doctor are talking about him; this could best be described as:**

- A. Obsession.
- B. An idea of influence.
- C. Delusion of persecution.
- D. Delusion of reference.**

**6- Jaime has a diagnosis of schizophrenia with negative symptoms. In planning care for the client, Nurse Brienne would anticipate a problem with:**

- A. Auditory hallucinations.
- B. Bizarre behaviors.
- C. Ideas of reference
- D. Motivation for activities**

**7- Manic patient is busy to eat, what is the most appropriate response by the nurse?**

- A. You know that if you do not eat you will die.
- B. If you continue to refuse to take food orally, you will be fed by nasogastric tube.
- C. If you are eat, you will going to follow recreational therapy**
- D. You don't have to eat if you don't want to .it is your choice.

**8- The nurse is caring for a severely depressed client who has just been admitted to the in-client psychiatric unit. Which of the following is a PRIORITY of care?**

- A. Nutrition
- B. Elimination
- C. Rest
- D. Safety**

9- A client is unwilling to go out of the house for fear of "doing something crazy in public." Because of this, the client remains homebound, except when accompanied outside by a trusted adult. The nurse determines that the client has:

- A. Agoraphobia.
- B. Hematophobia.
- C. Claustrophobia.
- D. Hypochondriasis.

10- Which of the following is a characteristic of OCD?

- A. Presence of delusion of infidelity
- B. Denial of obsessive thoughts
- C. Presence of auditory hallucinations
- D. An awareness of the senselessness of obsession

-----

**Part II: Read the following statements and put a circle around the letter (T) if the statement is right and around (F) if the statement is wrong:**

**(10marks one for each one)**

|  |          |          |
|--|----------|----------|
| 1- Elevated levels of serum cortisol and decreased levels of thyroid stimulating hormone have been associated with depressed mood. | <b>T</b> | <b>F</b> |
| 2- Labile mood change quickly to hostility in manic patient in response to limit setting.  | <b>T</b> | <b>F</b> |
| 3-Looseness of association is considered one of the negative symptoms of schizophrenia.  | <b>T</b> | <b>F</b> |
| 4. The principle of sustainable development emphasizes on two basic needs  | <b>T</b> | <b>F</b> |
| 5. Ethical dilemmas are one of the ethical considerations for Psychiatric Nurses.  | <b>T</b> | <b>F</b> |
| 6- Professional relationship focuses on personal needs of the nurse.   | <b>T</b> | <b>F</b> |
| 7- Freud believed that human development proceeds through a series stages from infancy to adulthood.                               | <b>T</b> | <b>F</b> |

|  |          |   |
|--|----------|---|
| 8- All human behavior lies somewhere along a continuum of mental health and mental illness.                        | <b>T</b> | F |
| 9- Admission did not initiate with patient conceded as involuntary admission                                       | <b>T</b> | F |
| 10- Ambivalence is coexistence of two opposing impulses toward the same thing in the same person at the same time. | <b>T</b> | F |

**(The end)**

*Good luck*

***Exam committee***

***Pro.f. dr/ Ikram Ibraheem Mohamed***

***Prof.dr/ Naglaa abed el Megied Mohamed***

***Assistant prof.dr/ Nadia Ibraheem Saied***