



Faculty Accredited By the National
Authority for Quality Assurance of
Education and Accreditation



Assiut University



Alumni Bulletin

**Release: semi-annual
The Nineteen Issue 2024**

Alumni newsletter family

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Professor/ Mervat Ali Khamis

Vice Dean for Environmental Affairs and Community Development

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Assistant professor/ Nadia abd El-ghany abd El-hameed

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Number wisdom



التجاهل
عند الغضب.. حكمة وذكاء
وعند المصاعب.. إصرار
وعند الإساءة من الآخرين.. تعقل
وعند النصيحة.. غرور وتكبر
وعند البعض.. طبع

Congratulations

The Alumni Newsletter family extends its congratulations to:

- Prof. Dr. Samia Youssef Sayed Muhammad
- Prof. Dr. Amira Abdullah Hassan Al-Hofy
- Prof. Dr. Ismat Sayed Abdel Majeed
- Prof. Dr. Howaida Ahmed Abdel Mohemen

To promote them to professor in various specializations in the college

It also extends its congratulations to:

- Dr. Asmaa Attia Tolba to promote Her Excellency to Assistant Professor of Critical Care and Emergency Nursing
- Dr. Amira Hassan Abdel Fattah to promote her Excellency to Assistant Professor of Pediatric Nursing

It also extends its congratulations to:

- Dr. Asma Abdel Hamid Ibrahim
- Dr. Asma Hamdi Muhammad
- Dr. Hanan Sayed Younis
- Dr. Hanan Farid Maghawry
- Dr. Shaima Hassan Khalaf Allah
- Dr. Shaima Ghandour Ali
- Dr. Marwa Abdel Hamid Sayed

To promote them to teachers in various specializations in the college

Congratulations are also extended to:

- M.M./Aya Kamal Sayed
- M.M./ Omaima Sayed Ali
- M.M./ Iman Hassan Mahmoud

To promote them to assistant teachers in various specializations in the college

Number character

Personal data:-



Name: Fatima Rushdi Muhammad Ali

Date of birth: 2/9/1972 Nationality: Egyptian

Religion: Muslim

Marital status: Married

Address: Department of Nursing Administration - Faculty of Nursing - Assiut University.

Home phone number: 088-2293623 / 088-2362119

Mobile phone number: 01062697660

Fax: 088335520

Email: fatmarushdy@aun.edu.eg

Current jobs:

- Vice Dean of the Faculty of Nursing for Education and Student Affairs, Assiut University.
- Professor of Nursing Administration - Faculty of Nursing - Assiut University.
- Director of the Measurement and Evaluation Center, Faculty of Nursing, Assiut University, from 2014 until now.
- Member of the Scientific Committee for the Promotion of Professors and Assistant Professors at the Supreme Council of Universities.
- Member of the arbitration committee to promote professors and assistant professors at the Supreme Council of Universities.
- Member of the National Center for Developing the Capabilities of Faculty Members and University Leaders.
- Member of the Center for Capacity Development of Faculty Members and University Leaders - Assiut University.
- Member of the Board of Directors of the Measurement and Evaluation Center - Assiut University.
- Trainer at the Center for Capacity Development of Faculty Members and University Leaders - Assiut University from 2008 until now.
- Chairman of the Education and Student Affairs Committee - Faculty of Nursing - Assiut University.
- Member of the Education and Student Affairs Council - Assiut University.

- Member of the Board of Directors of the Quality Unit, Faculty of Nursing - Assiut University.
- Member of the executive team of the project of continuous development of qualification for accreditation at the Faculty of Nursing - Assiut University.
- Consultant for the strategic planning standard at the Faculty of Nursing - Assiut University.
- Head of the Government Excellence Team in 2022.
- Chairman of the Franchise Committee from 2022 to 2024.

Qualifications:

- Bachelor's degree in Nursing, May 1995, Faculty of Nursing - Assiut University - Egypt.
- Master of Nursing Administration, July 2002, Faculty of Nursing - Assiut University - Egypt.
- Doctorate in Nursing Administration, February 2007, Faculty of Nursing - Assiut University - Egypt.
- Assistant Professor of Nursing Administration, March 2012, Faculty of Nursing - Assiut University - Egypt.
- Professor of Nursing Administration, May 2017, Faculty of Nursing - Assiut University - Egypt.

Passing courses in the field of quality:

- Strategic planning for colleges and institutes of higher education from the National Authority for Educational Quality Assurance and Accreditation in the period from November 22 to 23, 2018.
- Self-evaluation of colleges and institutes of higher education from the National Authority for Educational Quality Assurance and Accreditation in the period from November 29 to December 1, 2018.
- External audit of colleges and institutes of higher education by the National Authority for Educational Quality Assurance and Accreditation in the period from January 17 to 19, 2019.
- Passing a training course entitled "Methods of measurement, evaluation, and preparing the test vocabulary – health sector) in the period from 2 to 3 September 2020 AD.

A speech by Mrs. Professor Dr. Fatima Rushdi Muhammad to her students

My dear colleagues and sisters, I would like to express to you in a few words that you are now embarking on a sublime journey that carries with it a great responsibility represented in the ability to touch lives, heal wounds, and make a difference in people's lives. You will be the shepherds and those concerned with people's health, and you will be the first door that patients knock on in times of weakness and frailty, and the first hand they cling to in order to alleviate their aches and pains. Always be helpful to every patient, and always be quick to hone their skills with everything that is up-to-date in your specialties so that you will always be a role model for our new graduates and teach them knowledge. And the skills necessary to perform their duties efficiently and be an honorable image of the nursing profession. Finally, I pray to God and you to benefit us all and direct our steps to what He loves and is pleased with. **Prof. Dr. Fatima Rushdi Muhammad**

Professor of Nursing, Nursing Administration

Personal information:



Name: Saadia Jars Girgis

Graduation year: 1995

Date of appointment: 1997

- I worked in the Obstetrics and Gynecology Department, in addition to working in the Embryology Unit and the Fetal Pulse Unit in 1998, and I also worked in emergency operations in the department.
- Between 1998 and 1999, she was responsible for clarifying family planning advice, especially the insertion of an IUD during a cesarean section.
- In 2005, two women's health hospitals were opened and the hospital was equipped with the director, especially the operations unit, and then it was entrusted with infection control in the hospital in addition to operations.
- In 2012, she became Deputy Director of the Nursing Department, then in 2021 she became Director of the Nursing Department.

Speech by Mrs. Saadia Jars Girgis

Nursing poses many challenges and requires a high professional level from its workers. In addition, the human component has a particularly central place in daily work. We believe in work based on ethical law, which respects the rights of the recipient of treatment, and takes into account their beliefs and social values. All nursing institutions see great importance in strengthening, developing, and growing human resources, in order for nurses to adapt themselves to the changes occurring in the health system, and to be able to provide quality treatment to the recipient of treatment and his or her family members.

A statement of some environmental and community service activities for the academic year 2022-2023

- ☐ What was accomplished during the period from January to June 2024:
- ☐ A symposium was held on dengue fever to learn about preventive measures for students, with the aim of spreading awareness and ways to prevent it, which targeted 50 female students from Hoda Shaarawi School.
- ☐ A symposium was held on climate change and its impact on the health of mothers and children at the Maternal University Children's Hospital to learn about preventive measures that targeted 15 mothers and fathers of children.
- ☐ A symposium was held on developing the creative skills of students at the college to develop students' creative thinking, targeting 17 graduate nursing specialists.
- ☐ A symposium on informatics in nursing was held to raise awareness among internship students and the college about the technology used in the field of work and how to utilize it correctly. It targeted 58 members of the college's nursing internship students.
- ☐ A training course was held on basic life support for a group of internship students to train on cardiopulmonary resuscitation, which targeted all internship students (about 800 male and female students) on a monthly basis.
- ☐ A workshop was held for graduates entitled Environmental Safety in Critical Care Units and Emergency Medicines for graduates of the Faculty of Nursing at the University Hospital and Al-Mabarrah Hospital Reception and Critical Care. Which targeted 11 nursing specialists.
- ☐ A symposium was held on how to deal with chest allergies in children at the Maternal University Children's Hospital to learn about preventive measures. It targeted 20 mothers and 25 honors students.
- ☐ A training course on Basic Life Support was held for another group of internship students to train on cardiopulmonary resuscitation, targeting all internship students (about 800 male and female students) on a monthly basis.
- ☐ A symposium was held on the sudden death of internship students and nursing supervisors to raise awareness of the reasons that targeted 25 internship students at the college.

A combined report on student activities - Faculty of Nursing - Assiut University for the academic year 2024 AD

College of Nursing students win three places at the university level in the Ideal Male and Female Student Competition



Third place in the handball competition at the university level.





الفائزين في المسابقة الروحية للقرآن الكريم و الاحاديث النووية

تحت رعاية
أ.د./أحمد المنشاوي
رئيس الجامعة

أ.د./ أحمد عبد المولى
نائب رئيس الجامعة
لشئون
التعليم والطلاب



تحت إشراف
أ.د./مديحة درويش
المشرف العام على
الأنشطة الطلابية
د. هيثم إبراهيم
مدير عام رعاية الشباب
أ. /هاشم سيد محمد
مدير ادارة النشاط الثقافي

القرآن الكريم كاملاً

الأول : يوسف حسونة عبده
كلية الاداب
الثاني : عبدالله جاد الرب
كلية التمريض
الثالث : فاطمة عبدالحميد
محمد
كلية الصيدلة

الاحاديث النووية

الأول : رؤية فتحي يوسف
كلية التمريض
الثاني : ايات جلال الدين معبدي
كلية التربية
الثالث : نوران علاء عز العرب
كلية العلوم

نصف القرآن الكريم

الأول : بشار كمال حسين
كلية خدمة اجتماعية
الثاني : منى فتحي عبدالرؤوف
كلية الاداب
الثالث : احمد عصمت ابو الحجاج
كلية طب اسنان

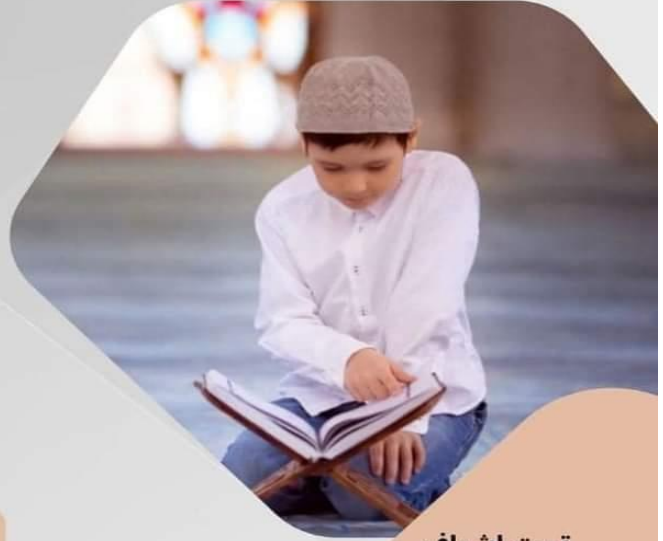


نتيجة الطلاب المشاركين في مسابقة سمعنا صوتك



تحت رعاية
أ.د./ أحمد المنشاوي
رئيس الجامعة

أ.د./ أحمد عبد المولى
نائب رئيس الجامعة
لشئون
التعليم والطلاب



مجال تلاوة القرآن

الرابع : علياء ايمن حمدي
كلية الاداب
الخامس : اسماء جابر عثمان
كلية التمريض
السادس : ندى خالد جابر
كلية فنون جميلة

الأول : يوسف حسونة عبده
كلية الاداب
الثاني : احمد سامح مرزق
كلية الاداب
الثالث : يوسف محمد عايش
كلية تكنولوجيا السكر

مجال الشعر

الرابع : فيبي هاني فرج
كلية الحقوق
السادس : سلمى علاء مصطفى
كلية خدمة اجتماعية
الخامس : هند محمد جلال
كلية تربية طفولة

الأول : ماتي عوني زكريا
كلية الحقوق
الثاني : شادي محمد عبدالحافظ
كلية الحقوق
الثالث : محمد انور محمد
كلية التمريض

مجال تقديم اذاعي

الرابع : منار ابراهيم محمود
كلية التمريض
الخامس : ندى خالد جابر
كلية الفنون الجميلة
السادس : رباب احمد محمد
كلية حقوق

الأول : زياد يحيي محمد
كلية حقوق
الثاني : امير شوكت رفعت
كلية اداب
الثالث : أسامة محمود يونس
كلية الخدمة اجتماعية

تحت إشراف
أ.د./ مديحة درويش
المشرف العام على
الأنشطة الطلابية
د. هيثم إبراهيم
مدير عام رعاية الشباب
أ. /هاشم سيد محمد
مدير ادارة النشاط الثقافي



الفائزين في المسابقة الثقافية التوعية بمخاطر التدخين والادمان

تنظيم ادارة النشاط الثقافي
المسابقة الأدبية في مجالات
(الشعر العامي- القصة القصيرة- المقال)

الفائزين في مجال القصة القصيرة

الأول : أمنية عماد سعد
كلية الخدمة الاجتماعية
الثاني: دميانة ايمن ألقي
كلية الآداب
الثالث: هدى احمد محمود
كلية الآداب

الفائزين في مجال المقال

الأول : ياسمين أشرف قطب
كلية الآداب
الثاني: عاصم ابراهيم حسن
كلية الهندسة
الثالث: مصطفى عبد الفضيل
كلية الآداب

الفائزين في مجال الشعر

الأول : محمد انور محمد
كلية التمريض
الثاني: دياب سعودي دياب
كلية الحاسبات والمعلومات
الثالث: نادر جميل خليل
كلية التمريض

تحت إشراف

أ.د./مديحة درويش
المشرف العام على
الأنشطة الطلابية

د. هيثم إبراهيم
مدير عام رعاية الشباب

أ.هاشم سيد محمد
مدير ادارة النشاط الثقافي

تحت رعاية

أ.د./أحمد المنشاوي
رئيس الجامعة

أ.د./ أحمد عبد المولى
نائب رئيس الجامعة لشئون
التعليم والطلاب

Students of the Faculty of Nursing, Assiut University, won third place in the presentation of the scientific conference at the Faculty of Nursing, Helwan University, and second place in poetry at the level of Egyptian universities.



The charity exhibition for ready-made clothes opens, and the virtual training laboratory and cardiopulmonary resuscitation center is opened at the College of Nursing.



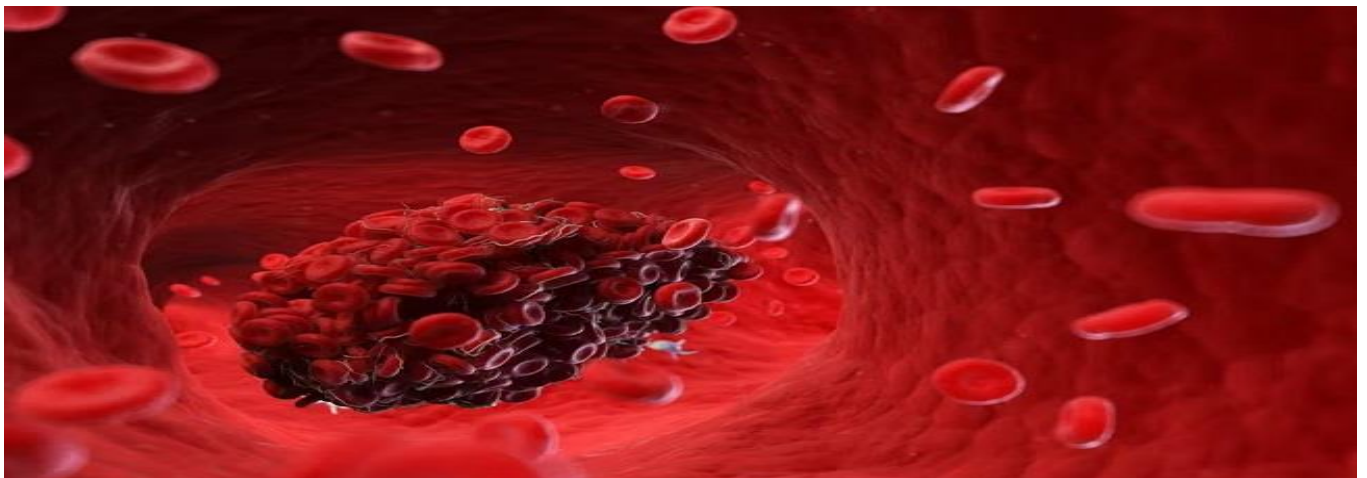


Medical Advice

This is what happens to your body when you eat cheese with watermelon...



Prevents strokes and high cholesterol; Foods that protect the heart and brain



Number topic

Climate changes and their impact on women's health

- Temperatures on our planet are changing now more than ever. Seasons have changed, heat waves and floods have become more common, glaciers have melted and food crises have become more severe.
- The Intergovernmental Panel on Climate Change (IPCC) noted that temperatures were 1 to 3 degrees Celsius higher than in 1990. Like many other changes in the world, this harmed some regions and benefited others – but the costs of global warming and climate change It will increase over time, warns the Intergovernmental Panel on Climate Change.
- Small changes in temperature tend to cause huge changes in the environment, with women and girls facing disproportionate impacts of climate change. They are driving climate solutions at all levels as farmers, workers, consumers, homemakers, activists, leaders and entrepreneurs.
- The climate crisis does not affect everyone equally. Women and girls face disproportionate impacts of climate change – largely because they make up the majority of the world's poor, who rely heavily on local natural resources for their livelihoods.
- In rural areas in particular, women and girls are often responsible for securing food, water and firewood for their families. In times of drought and erratic rainfall, rural women work harder, walk further, and spend more time securing income and resources for their families. This would also expose them to gender-based violence, as climate change exacerbates existing conflicts, inequalities and vulnerabilities.
- When extreme weather disasters occur, women and children are 14 times more likely to die than men, mostly due to limited access to information, limited mobility, decision-making and resources. It is estimated that 4 out of 5 people displaced by the impacts of climate change are women and girls. Severe disasters can also disrupt essential services, including sexual and reproductive health care, exacerbating negative impacts on women and girls.

Do you know??

1. Did you know that most of the dust in the house is dead skin?
2. Did you know that men can read smaller print, while women can hear better?
3. Did you know that every human being has a different tongue fingerprint, just as eye and finger prints do? Did you know that women blink almost twice as much as men?
4. Did you know that the eyes remain their normal size from birth, while the nose and ears never stop growing?
5. Did you know that wearing headphones for just one hour increases the bacteria in your ears by 700 times?
6. Did you know that the heart beats at a rate of 100,000 times a day?
7. Did you know that the microscopic organisms present on one human body outnumber human organisms on the surface of the Earth?
8. Did you know that the calories a person consumes when chewing celery are more than the calories contained in it?
9. Did you know that if you could fly to Pluto, the journey would take more than 800 years?
10. Five people are blessed with five things: health with a comfortable life, travel with good company, beauty with good character, sleep with peace of mind, and a good night with the remembrance of God.

Information that interests you

1. Watching television for more than a quarter of an hour a day makes the eyes more susceptible to cancer.
2. Charging the mobile phone more than once a day creates an electronic aura that contributes to deafness in the future.
3. Human eyelashes are constantly renewed, and the average lifespan of one eyelash is about 150 days.
4. Sitting in the dark prolongs a person's life by nearly a quarter.
5. Sitting under fans or air conditioning for more than three hours leads to the erosion of lung cells and prevents the growth of new cells.
6. Drinking cold water leads to damage to the throat nerves and reduces their performance by 50%.
7. Ice cubes on the skin help reduce the appearance of large pores, clog large pores, tighten and soften the skin, and reduce the appearance of dark circles.
8. Whoever wants to succeed must overcome the six foundations of poverty: sleep, laziness, complacency, fear, procrastination, and anger.
9. The best time to drink water at all times: coffee in the afternoon, water and lemon after waking up in the morning, chamomile before bed, milk at dinner, green tea after breakfast.
10. The best time to walk is in the morning, as it helps burn more calories and improves mental abilities, while walking in the afternoon helps relieve work stress and helps to feel comfortable and sleep.
11. Drinking water while sitting removes all harmful deposits from the body, including the deposits that cause kidney stones.
12. As for drinking three times, every time you drink and stop to breathe, the body takes in oxygen and gives insulin to the body, and insulin protects against diabetes.
13. Cucumber helps strengthen joints, helps reduce weight, gets rid of heartburn, and is beneficial for fresh skin and moisturizing the body.

Graduates of the College of Nursing who have been assigned to college departments

1. Marina Nashaat Lewis Internal Surgical Nursing
2. Ahmed Abdel Hamid Mahmoud, critical care and emergency nursing
3. Ahmed Sayed Sultan, critical care and emergency nursing
4. Yara Abdel Azim Fouad, Critical Care and Emergency Nursing
5. Amr Ashraf Foley, Elderly Nursing
6. Bassem Tharwat Mansour, Critical Care and Emergency Nursing
7. Rashid Ramadan, Elderly Nursing
8. Youmna Muhammad Pediatric Nursing
9. Fatima Saber Farghali Pediatric Nursing
10. Jihan Mahmoud Muhammad, Obstetrics and Gynecology Nursing and Reproductive Health
11. Zainab Mahmoud, Obstetrics and Gynecology Nursing and Reproductive Health
12. Rania Mohamed Sayed, Psychiatric Nursing and Mental Health
13. Rehab Adel Abdeen, Nursing Administration
14. Eman Abdel Sabour, Nursing Administration
15. Heba Ali Mustafa, Internal Surgical Nursing
16. Abeer Hassan Al-Sayed, Internal Surgical Nursing
17. Farha Arif Ismail, Internal Surgical Nursing
18. Al-Shaima Ezz Muhammad, Nursing Administration
19. Muhammad Naguib Rajab, Critical Care and Emergency Nursing
20. Marina Mamdouh Adly, Elderly Nursing
21. Sawsan Rabie Hafez, Family and Community Health Nursing
22. Asmaa Salah Kamel, Family and Community Health Nursing
23. Asma Hosni Hussein, Psychiatric Nursing and Mental Health
24. Wafaa Ali, Mr. Elderly Nursing

Nursing Alumni Association

رابطة خريجي كليات التمريض

مشهرة برقم ١٠٢٠

٢٨ مارس ١٩٩٠

تأسست رابطة خريجي المعاهد العليا للتمريض عام ١٩٩٠
وتم تغيير اسمها إلى رابطة خريجي كليات التمريض عام ٢٠٠١

النعضاء المؤسسين

أستاذ دكتور / فريال عبد العزيز على

أستاذ دكتور / تلي إبراهيم كامل

دكتورة / سحر محمد سليمان

دكتورة / أمل إبراهيم أحمد

دكتورة / أمية العالم

أستاذة / مها نجا

نطاق العمل الجغرافى

جمهورية مصر العربية ، مقرها الرئيسى الإسكندرية ، و لها فروع بكل المحافظات.

مجلس الإدارة :

يتكون مجلس الإدارة من ١٣ عضواً من مختلف الجامعات المصرية والمؤسسات الصحية
ويتكون كالتالى:

- رئيس مجلس الإدارة

- نائب رئيس مجلس الإدارة

- أمين الصندوق

- الأمين (السكرتير العام)

- رؤساء و مقررى وأعضاء اللجان

شروط عضوية الجمعية

أن يكون حسن السيرة والسلوك

أن يكون حاصل على بكالوريوس تمريض

أن يقدم طلباً للانضمام مصحوباً برسم القيد ورفعه (خمسة عشر جنيهاً - ١٥ فقط لا غير)
وأن يوضح فى هذا الطلب اسمه ولقبه وجنسيته ومحل إقامته ومهنته وطريقته بسداد رسم

العضوية المستوى

الرسالة

المساندة و الارتقاء بخريجي كليات التمريض ليصبحوا ذات كفاءة عالية من خلال عقد ندوات علمية وبرامج تدريبية فى مجال الرعاية الصحية للارتقاء بصحة المجتمع ورعايته.

الرؤية

تضم رابطة خريجي كليات التمريض الكفاءات و العلاقات التى تجعل منها كياناً متميزاً فى مختلف الاتجاهات المهنية و العلمية و الاجتماعية . كما تقوم بمساندة و توجيه خريجي كليات التمريض لمواجهة مشاكلهم المهنية المختلفة، كذلك التعاون مع الجهات المعنية للمشاركة فى التنمية العلمية . المهنية و الاجتماعية مما ينعكس إيجابياً على الارتقاء بصحة المجتمع فى جميع أنحاء جمهورية مصر العربية . بل و منطقة الشرق الأوسط .

الأنشطة

وتشمل الأنشطة الثقافية : الاجتماعية ، العلمية و التوعية و الإعلام ، و تهدف هذه الأنشطة إلى الإهتمام بالأعضاء من النواحي الثقافية : الاجتماعية ، الصحية و العلمية .

الأنشطة الثقافية

الهدف : الإهتمام بالأعضاء (خريجي كليات التمريض) فى جميع النواحي الثقافية.

و يتحقق ذلك عن طريق :

• عقد ندوات ثقافية و أدبية.

• عمل دورات لدراسة اللغة الإنجليزية و الكمبيوتر

• إصدار مجلة ثقافية اجتماعية

• تنظيم مسابقات ثقافية و أدبية

• نشر الوعي للحد من المشاكل الصحية و البيئة.

• المساهمة فى التنمية الاجتماعية و البيئة من خلال المشاركة مع الجهات و الهيئات المعنية.

الأنشطة الاجتماعية

الهدف : الإهتمام بالأعضاء و أسرهم من جميع النواحي الاجتماعية و الصحية.

و يتحقق ذلك عن طريق :

• توفير رعاية صحية مناسبة للأعضاء و أسرهم

• تكريم المتفوقين فى الأنشطة (العلمية - الأدبية - الثقافية الرياضية الخ)

• تنظيم رحلات الحج و العمرة

• تنظيم رحلات ترفيهية

• الاتفاقيات مع الشركات المختصة بتوفير السلع العمرة و المنتجات الأخرى بأسعار مناسبة أو بالتسبيط.