



Vice Dean for Community Service and Environmental Development



Assiut university

Seminar on Breast Self-Examination

The date of the meeting: the period from 7/11/2019

The venue of the meeting: - Maternity and Child Care Center in Al-Arbaeen district

Organized by: Faculty of Nursing

Scientific sponsorship: Prof. Dr. Samah Mohamed Abdullah, Dean of the College

Scientific supervision: Prof. Mervat Ali Khamis, Vice Dean for Community Service and Environmental Development

Lecturers: Dr. Naglaa Saad Abdel-Aty

Target group: The women who frequent the Maternity and Childhood Care Center in the Al-Arbaeen district

Objectives:-

Prevention and discovery early for breast cancer and Learn the way of breast self-examination

Number of participants: - 15 reluctant ladies

Outlines:

- 1- Introducing the importance of breast examination**
- 2- When should a breast self-exam be done?**
- 3- Steps for a breast self-examination**
- 4- Breast self-examination training**

Recommendations: Repeat the work of such seminars, especially in the various health centers, to spread the benefit of them





Vice Dean for Community Service and Environmental Development



Assiut university

Seminar on breastfeeding and family planning methods

The date of the meeting: 25/8/2020

Venue: Faculty of Nursing

Organized by: Faculty of Nursing

Scientific sponsorship: Prof. Dr. Samah Mohamed Abdullah, Dean of the College

Scientific supervision: Prof. Mervat Ali Khamis, Vice Dean for Community Service and Environmental Development

Lecturers: Dr. Heba Mustafa

Target group:- College staff and workers

Objectives:-

Describe the benefits of breastfeeding for the mother and baby, know the correct breastfeeding positions, and how to evaluate breastfeeding.

outlines:-

- 1- Describe Advantages Breast feeding for the mother and the child.**
- 2- Educate mothers about the correct position for breastfeeding.**
- 3- Educate the mothers about family planning.**

Recommendations:-

Intensifying this type of training courses due to the admiration for the course and its content



Vice Dean for Community Service and Environmental Development



Assiut university

Seminar on Breast Self-Examination

The date of the meeting: 16/9/2020

Venue: Faculty of Nursing

Organized by: Faculty of Nursing

Scientific sponsorship: Prof. Dr. Samah Mohamed Abdullah, Dean of the College

Scientific supervision: Prof. Mervat Ali Khamis, Vice Dean for Community Service and Environmental Development

Lecturers: Dr. Heba Mustafa

Target group: College staff and workers

Objectives:-

For the prevention and early detection of breast cancer by learning to self-examine the breast.

outlines:-

1- Early detection of breast cancer.

2- Learn to self-examine the breast.

Recommendations:-

Intensifying this type of training courses due to the admiration for the course and its content



Vice Dean for Community Service and Environmental Development



Assiut university

Breast Self-Examination Initiative

The date of the meeting:- 25/11/2020

Venue: Faculty of Nursing

Organized by: Faculty of Nursing

Scientific sponsorship: Prof. Dr. Samah Mohamed Abdullah, Dean of the College

Scientific supervision: Prof. Mervat Ali Khamis, Vice Dean for Community Service and Environmental Development

Lecturers:- A full team of faculty members in the college in conjunction with a team from the Ministry of Health

Target group :- College staff and workers

Objectives :-

Early detection of breast tumors, given the desire of the Ministry of Health

Axes:-

Early detection of breast tumors, given the desire of the Ministry of Health

Breast self-examination method

Recommendations:-

Intensifying this type of training courses due to the admiration for the course and its content



Vice Dean for Community Service and Environmental Development



Assiut university

Seminar on sexual harassment

The date of the meeting: - 11/2019

The venue: Al-Nahda School, Huda Shaarawy School

Organized by: Community Health Nursing Department

Scientific sponsorship: Prof. Dr. Samah Mohamed Abdullah, Dean of the College

Scientific supervision: Prof. Mervat Ali Khamis, Vice Dean for Community Service and Environmental Development

Lecturers: Prof. Dr. Neama Mohamed El Maghraby

Target group :- middle school students

Participants: - Number (40-50) students

Objectives :-

Learn about harassment, its types and forms

Axes:-

- harassment
- its types
- its shapes
- Educate parents and learn how to treat

Recommendations:-

Giving this type of seminars at the school and university levels.