

First Semester Schedule / 2024 2025 AD

(First) Boys Division

Group 5				Group 4						Grou	p 3			Grou	p 2		Group 1					
	18		17	16	Т	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1	the hour	t
-	м	ohamed	22 	Introductior	n to Manag	gement Pr	rof. Dr. Gama	TRANS.					Ph	ilosophy and H	istory of Physic	cal Education F	Prof. Dr. Abdullah				10-8	
Ali Class 2 Philosophy and History of Physical Education Prof. Dr. Abdullah Class 2								Class 2				Int	roduction in Le	ctuManiaYyelmeentu	rBrófLDctGænal	Mohamed Ali	ure 1			12-10		
Dr. / English Language Prof.																Descriptive Anatomy				2-12		
Lecture 2 Descriptive Anatomy Prof. Dr. / Lecture 2														Dr. / English Langu	age Prof. Dr. /			4-2				
																					6-4	
																					8-6	<u>_</u>
						Foot				Fend				foot							10-8	
						Track	(trac	k										12-10	
						Exerc	cises							tracl	(Tra			2-12	
	12							5.7		exe	rcises			fenci	ng exercises	6		pra	actice ma	itch	4-2	
						8												61	8		6-4	
								ő.								ç		8			8-6	
																					10-8	
Гrа	ack																				12-10	
nd	d							57.							2	1					2-12	
iel	ld training	g																			4-2	
			Ng.			8		2	3.												6-4	
										Foot	S 14			Fend	ing			foo	t		10-8	
						Tra	ck			Track				trac	k						12-10	
						and			Exercises								track				2-12	1
			NG.			field	d training							exe	rcises			fend	ing exercis	ses	4-2	
								2							3						6-4	
			1.0													0	- C	100			8-6	
oot	t																				10-8	
	ack					0		0							7			-			12-10	
Duel						12		8							8	1			1		2-12	
	cises																				4-2	
																					6-4	
	<u>L</u>	Basics	of Exerc	cises Prof	Dr Mohan	med Salek	h Classroom	1	1	-			-	Foot Basics	Prof Dr Fee		- Class 1 Exercise	<u>.</u>	-		9-8	
				Prof. Dr. Ess				•									Track Basics Azd/	1			10-9	
				rof. Dr. San									Eo								11-10	•
	Те						Classroom 1						Fouad Rizk Abdel Hakim Class 1 Match Basics Prof. Dr. Samar Mustafa Class 1							12-11		
																					6-4	•
		2			1	12		22					10		\$	14			1	8	8-6	

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- 2- The student must follow the theoretical and practical lectures, provided that the attendance rate is not less than 75% of the lessons of each course separately. B-

Commitment to the approval of medical certificates from the medical control in order to calculate the absence rate. - 3- The student must

The dean of the college approves



Important Note: -



Faculty of Physical Education

First Semester Schedule 2023/2024

AD (First) Year (Girls)

		1					1								
20 40 48 47	46 45	44 42	12 11	10	0	0	7	Group	5	ř.	2	2	Group 1	the hour	today
20 19 18 17	16 15	14 13	12 11	10	9	8	7	6	5	4	3	2	1	10-8	
			1		(4) (4)			2	8	2)	1.			12-10	Saturday
Lecture 2 Prof	Prof. Dr. Shai	ima Ali I	Muhamma	ad Lawli,		Prof. Dr. At	odullah Farghali	Philosophy and	History of Phys	ical Education	10-8 12-10				
Runway 2 Prof. Dr. Shaima Ali Muhammad I	Lecture 1	1, Lectu	ire 1		Prof. Dr. Gan				orts Administrat	ion Prof.	2-12				
			Runv	-				nglish Languag	e		4-2				
Dr. / Hail 2	Prof. Descri	riptive anatomy	T T				1 Runwa	ay 1	Mr.	Dr/				6-4	
														8-6	
Exercises		duel			T	 Frack						 	1 	10-8	
duel		rhythm			•	THEOR			8		fencing			12-10	
rhythm												2-12			
		track exercises		Rhythm exercises						Track	4-2				
track		exercises		i i			2	1			Паск	1		5-4	
									<u>.</u>	8 			-0	10-8	
		1		1	12			8	8	90.				12-10	
								-						2-12	
								3	<u>.</u>	8		2 · · · · ·		4-2	
														5-4	Tuesd
	I-Abbas Dr. Yasmine Sayed Dr.	Theoretical basic		Runway		aleh Dr. M						Iohamed Sale		6-5	
	rhythm Theoretical basics o			1 Runway Basics Dr. Hassan El Sayed Prof. Dr. Rania Morsi Abu El Abbas Theoretical Rhythm 1 Runway Y@amaidD8ayed Theoretical Track Basics Prof. Dr. Mahmoud Attia Dr. Laila										7-6	
Runway 2 Sayed Dr. Rasha Rabie Runway 2 Fahmy Dr. Lail	Salih Ahmad Faleh Theore a GamalSamar Mustafa Hussein T			2	-							Mustafa Huss		8-7	
rhythm		fencing						encing Exe		g Dasies i To	I. DI. Gamari	iustala liuss		10-8	
Exercises		exercises		2		rhythm	nyunn re		01363					12-10	
track		rhythm				track			8					2-12	
duel		track				exercises								4-2	
			Ĩ Î						2					8-6	
														10-8	
														12-10	Thursday
		L										1		12 10	Importan

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First semester schedule 2024/2025

AD, second year (girls)

Gr	roup 6		Gro	oup 5			Group 4				Grou	ıp 3			Group	2			Group	1		the hour	
23	22 21	20	19	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1		today
gymna	nastic movement		gy	mnastics																		10-8	
e	expression		express	sion movement								1								-		12-10	
																						2-12	
																				2) 		4-2	
							Gymr	astics			defensive	movement	22 2		defe	nse	403 - Jo		bas	iket	-12-6 D	10-8	
							defe	nse			ex	pression			bas	ket						12-10	
1							exp	ression			ba	isket			Gymn	astics			Gymnast	ics,		2-12	The
							ba	sket			Gyn	inastics			expression	movement			emo	ote, defense	1	4-2	
																						6-4	
							Hall 2		Prof. Dr. N	lahmoud Abdel	Halim,		Essentials of Spo	orts								10-8	
							1	Prof. Dr. Ima	d El-Din Shaaba	n, Hall 2	F	hysiology Curr	icula			1			1	1		12-10	
	defense		I	basket																		2-12	Mor
**	basket		c	defense	4 5															-	. 17	4-2	
																					1	6-4	
			Calcu	late to							Gym	nastics			defensive m	ovement			defe			10-8	
Calc	culate to										def	ense				ession			bas	sket		12-10	
							Gymnas	tics				pression			bas	ket			Gymn	astics		2-12	
						<u> </u>	ba	sket, emoticor	n, defense		ba	Isket	20		Gymna	(2	<u></u>	expression	1	4-2	Tues		
								8									8			8		6-4	
								~														8-6	
	defense			basket				20				<i></i>					e		Calculat	e to	1	10-8	
Bask	ketball	<u> </u>						27.	:						Calculate			85		12-10			
	gymnastics expression	<u>.</u>	Gymna	astics,	1			0	0		Calcula	te to					6			0	0 0	2-12	
g	gynnasuus expressio		6	emote, defens	e		Comput															4-2	
									puter Dr. Rasha													6-4 8-6	
					1			Principles	of Sports Traini	ng Prof. Dr. Ahn	ned Saleh Lecture	2			1		1	_	1				
								6														10-8	
		Grade 1	Dr. Ac	del,		tical Basket Basic				-				i, Class 2 Dr. Adel,			asics of movem					5-4 6-5	
	Dr. Rar	ia Morsi, Class				al Physical Expres							Class	2 21	Dr. Heba,		basics of baske					7-6	Thu
		Dr. Saleh, Gra		2		ical Defense Basic										Theoretical bas		ics				8-7	
		Runway 1	Dr. Heb	a	Theoreti	cal Gymnastics B	asics									Theoretical bas	ics of defense					0-7	

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The dean of the college depends on it.



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Second Division (Boys)

Group 5	G	Broup 4	Grou	ıp 3	Gro	oup 2	Gro	the hour		
20 19 18 17	16 15	14 13	12 11	10 9	8 7	6 5	4 3	2 1		
My computer work		Weight	Defe	ense	d	efense		basket	10-8	
		gymnastics	weig	ghts	b	pasket		Defense	12-10	
		defense	bas	sket	We	eight		weight	2-12	
		basket			g	ymnastics		gymnastics	4-2	The
		Gymna	stics Prof. Dr. Ahmed Saleh Class 1	Principles of Sports Training			No.		6-4	-
									8-6	-
basket								omputer work	10-8	
Weights					My com	puter work			12-10	-
defensive			My comput	ter work					2-12	-
gymnastics	My v	vork is computer							4-2	Monda
		Dr. Mahmoud Sabra, Lecturer 1,	Prof. Dr. Imad El-Din Shaab	ban Dr.	Physiology of	sports theory			6-4	-
		Lecturer 1	Rasha	comj	outer				8-6	
		basket	Gymnas	tics	D	efense			10-8	
		Weight			w	reights		defense basket	12-10	-
		gymnastics	Wei	ghtlifting Defense		pasket		Weight	2-12	-
		defense	bas	sket	Gy	mnastics		gymnastics	4-2	Tuesda
			•						6-4	
									8-6	
	<u>-</u>	Prof. Dr. Mah	moud Abdel Halim 1 Hall 1	Curriculum	Basics				10-8	
basket									12-10	
Weight									2-12	
gymnastics									4-2	
defense									6-4	
									8-6	
Dr. Adel Hosni El Sayed, Class 1		Theoretical basketball basics Theoretic	cal	r i	Dr. Mustafa Antar, Class 2 Dr. Adel Ho	sni El Th	eoretical Weightlifting Basics Theoret	tical	5-4	
Dr. Mustafa Antar, Class 1		weightlifting basics Theoretical self-defen	56		ed, Class 2 Dr. Heba Abdel Azim, Class		Basketball Basics Theoretical Gyn		6-5	
Dr. Saleh Abdul Qader, Hall 1		basics Theoretical gymnastics basics			Abdel G	Qader 2	Basics Theoretical S		-6 7	
Runway 1 Dr. Heba						Basics			-7 8	Thurse
		1 1			1					

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